Agenda for Today

- Current national landscape regarding student needs
- At-risk populations
- Resources
  - SBCT
  - Counseling Center
  - Student Learning & Development
  - Referrals
Current National Student Trends:

- Increased prevalence of complicated and severe mental health problems
- Increased involvement of faculty and staff
- Recent national cases
- Stress on staff and faculty
- Need to increase coordination and effectiveness of interventions
- The Millennial Generation
Mental Health Issues for College Students:

- Increased severity and complexity of problems
- Increased use of medication prior to counseling
- 10+% of students seek campus counseling services
- Growing concern on campuses about the number of students with severe problems

(Gallagher, 2010)
At Risk Populations at RIT:

- First Generation and Low Income Students
- Deaf/Hard of Hearing Students
- Students on the Autism Spectrum
- Students with social skills/developmental issues and naiveté
Student Behavior Consultation Team (BIT):

The purpose of SBCT is to:

- **coordinate** the resources of RIT community
- **address** inappropriate, disruptive, or harmful student behavior in a non-punitive way
- undertake **interventions** aimed at helping students achieve success.
- **assist** faculty and staff in addressing instances of student behavior which may be inappropriate, harmful or disruptive
Student Behavior Consultation

Team:

- Dr. Dawn Meza Soufleris, Chair, Associate Vice President for Student Affairs
- Dave Bagley, Sr. Director, Center for Residence Life
- Brittany Bowhall, Victims Advocate/Counselor, Center for Women and Gender
- Chris Denninger, Director of Public Safety
- Dr. Brooke Durland, Executive Director, Student Health
- Maureen Glegg, Team Administrator, SBCT
- Sharon Kompalla-Porter, Associate Director, Center for Residence Life
- Dr. Philip Lavine, Psychiatrist, Student Health
- Dr. Mark Miles, Clinical Director, Counseling Center
- Mark Rosica, Associate Dean, NTID
- Donna Rubin, Assistant Vice President for Student Wellness
- John Weas, Director, Counseling Center
- Darci Lane-Williams, Director, Center for Women and Gender
Possible SBCT Interventions:

- Coordination of services for student
- Voluntary (Unplanned) or Involuntary LOA
- Contact with parents/family
- Coordinate discharge planning with hospital
- Coordinate post-incident interventions for community
- Consultation with faculty/staff
Referrals to SBCT:

- Concerns about a student and behavior
- “Missing Students”
- For consultation and advice
A Snapshot of What We See...

- Referrals made to SBCT 2014-15: 384
  - Referrals made by: Staff, Parents, Faculty, Students
  - 40% had past history of mental health issues
  - LOA’s: 41
  - Cases included:
    - Emotional distress (57%)
    - Coping/Adjustment Issue (22%)
    - Suicidal thoughts or actions (13%)
When to be concerned...

- Display visible signs of self mutilation (cutting, burning, hair pulling)
- Show visible signs of anxiety and/or depression
- Show substance abuse or addiction problems
- Increasing withdrawal or isolation of a student
- Appear to be a victim of assault
- Increased disorganization and confusion; unable to focus on topics
- Outbursts of negative behaviors and/or crying in the classrooms or hallways
Where to refer:

- Immediate emergency: Public Safety
- On-going concerns: SBCT
- Counseling-focused concerns: Counseling Center
Supporting student learning in and beyond the classroom

- Student Learning and Support
  - Academic Support Center
  - International Student Services
  - Spectrum Support
  - College Restoration Program
- Disability Services faculty protocol
- YearOne
- Early Alert collaboration with faculty
Key points of contact

- **Student Behavior/Well-Being Concerns**
  - SBCT
  - Dr. Dawn Meza Soufleris
  - 475-2574 or dmsrhs@rit.edu

- **Academic Support Concerns**
  - Student Learning and Support
  - Dr. Heath Boice-Pardee
  - 475-2268 or h.boice@rit.edu
  - Online Resources available at www.rit.edu/studentaffairs/slsp