Rochester Institute of Technology

Sized Recipe

Bananas Tropical CP

Production Date: Friday, 3/13/2015

(BTCPverified)
Production Shift: [all Meals]

CTimes —	Temperatures	Production Amount
	Cooking Temp:	Yield: 3 9.5 oz batch
Cooking Time:	Internal Temp:	Portions: 6 4.75 oz batch

Ingredients and Instructions

Zest

(Key Name)

		(May Maille)
Bananas Slice	1 Pound + 5 Ounce	(banana)
Limes Use fuice only	3 Tablespoon	(FLIMES-X)
Bk Nuts Peanuts Roasted Unsalted Azar	1/4 Cup	(39587)
Honey	3 Tablespoon	(14416)
Unsweetened Shredded Coconut	3 Tablespoon	(0540155s)
Limes	1 Tablespoon + 1 1/2 Teaspoon	(FLIMES-X)

- 1. In a bowl, combine the bananas and lime juice.
- 2. Add the peanuts and honey. Mix well.
 - 3. Place in serving bowls.
 - 4. Garnish with the coconut and lime zest.
 - 5. Serve with a smile.