



Hasselback Potatoes with Parsley

Ingredients

SERVES 4

4 russet potatoes

4 tbsp avocado oil

1/2 cup parsley chopped

salt and pepper (as desired)

Nutrition (1svg)

KCAL: 190

SAT FAT: 2 g

FIBER: 1 g

SODIUM: 5 mg

ADDED SUGARS: 0 g

Directions

1. Preheat oven to 425 degrees.
2. Place clean potato (with skin) between 2 chopsticks and slice the potato down to the chopsticks in thin slices, leaving about 1/4 inch of potato intact at bottom.
3. Put potatoes on baking sheet and drizzle about 1 tbsp oil on each potato and sprinkle with salt and pepper.
4. Roast for 50-60 minutes and then top with parsley and serve.