

## Career Tracks – Rhodes College

### Amy Oakes



#### Program Description

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Career Tracks is a career planning program specifically designed for first-year students. This 5 hour seminar, which is conducted before the start of the spring semester, provides students the opportunity to explore themselves, majors, and careers. Self-exploration is accomplished through the completion of the Myers-Briggs Type Indicator (MBTI) and Strong Interest Inventory. Students explore majors by attending faculty panel discussions on all of the majors at Rhodes. They also have the opportunity to learn about careers of interest by asking employers, from a variety of career fields, questions during an Employer Luncheon.

#### Program Structure

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- 9:00 am**      **Registration/Breakfast**
- 9:15 am**      **Welcome Activity**
- 9:30 am**      **Myers-Briggs Type Indicator Interpretations** – Students broken into different groups based on last names.
- 10:30 am**      **Break**
- 10:40 am**      **Strong Interest Inventory Interpretations** – Students broken into different groups based on last names.
- Career and Major Integration Chart
- 12:00 pm**      **Employer Networking Luncheon**
- Students sit with the employer(s) of their choice
- 1:00 pm**      **Major Panels (Choose 1)**
- 1:30 pm**      **Major Panels (Choose 1)**
- 2:00 pm**      **Close/Evaluations/Door Prize Drawings**

Assessment and food costs are paid for by a \$35 registration fee from each student.

#### Benefits

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##### Student Gains

- An increased awareness of major and career options that are a “fit”
- The opportunity to network with employers and explore careers
- Increased knowledge of majors and interaction with faculty

##### Career Services Gains

- The opportunity to reach students early on in their college career, better preparing them for the career decision making process
- An increased student awareness of Career Services’ resources and services
- Increased first-year student traffic in Career Services office

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