

NUTRITION MANAGEMENT

<http://www.rit.edu/cast/hsm/programs/Nutrition/index.html>

PROGRAM OVERVIEW FOR EMPLOYERS

The nutrition management program offers a challenging curriculum that prepares students for diverse career opportunities. From their base knowledge of nutrition, registered dietitians practice in many settings. Possible career paths may be developed in private practice; community nutrition and public health; wellness and fitness programs for sports; education and corporations; clinical dietetics or food management in hospitals and long-term care facilities; research for clinical, education, or food manufacturing operations; nutrition education; restaurant consulting, and writing.

Degree(s) Awarded

Bachelor of Science

Enrollment

Approximately 50 students enrolled.

Cooperative Education Component

Three quarters of co-op is required.

Salary Information (Avg/Range)

Co-op: \$9.22 \$7.25 - \$13.60

BS: Insufficient Data

Equipment & Facilities

Fully equipped state-of-the-art kitchens and labs.
Field experiences including hospitals, long term care facilities, food manufacturers, camps, colleges and universities.

Accreditation

The Nutrition Management Program is currently granted Initial Accreditation by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606, phone: 313-899-0040 ext. 5400.

Student Skills & Capabilities

The didactic program leads to a BS degree that meets the education requirements of the American Dietetic Association (ADA). Four-year students must complete three quarters of approved cooperative work (one must be in Health Care Food and Nutrition experience). In addition, to become credentialed as a registered dietitian (RD), students also need to complete an ADA-accredited, supervised practice and pass the National Registration Examination for Dietitians.

Nutrition Management Program Goals

- Prepare students for successful application to approved/accredited supervised practice experiences and/or graduate school.
- Foster in students a desire for life- long learning.
- Enhance the student's sense of importance of leadership skills in the nutrition /dietetics profession by encouraging practical experience in management and encouraging involvement in professional organization on and off campus.
- Prepare graduates to be competent entry-level dietitians.

Nutrition Management

Course Sequence BS degree

First Year:

Survey of Service Management
Contemporary Nutrition
Sanitation & Safety
Principles of Food Production
Basic Computer Applications
Survey of General Chemistry & Lab
Survey of Organic Chemistry & Lab
Biochemistry I
Algebra for Management Science
Liberal Arts (Core)
Principles of Economics
Physical Education (2 quarters)

Third Year:

Dietetic Environment
Assessment of Service Quality
Technology in Service Systems
Restaurant Operations
Human Resources Management
Nutrition Alternative Medicine
Techniques of Dietetic Education
Liberal Arts (Concentration)
Cooperative Education (2 quarters)

Second Year:

Food & Beverage Management
Microbiology
Anatomy & Physiology I
Anatomy & Physiology II
Data Analysis
Liberal Arts (Core)
Liberal Arts (Concentration)
Principles of Marketing
Financial Accounting
Cooperative Education

Fourth Year:

Leadership Management in Service Culture
Senior Project
Medical Nutrition Therapy I
Medical Nutrition Therapy II
Community Nutrition
Free Electives
Liberal Arts (Upper-division elective)
Liberal Arts (Senior Seminar)

Employers of Nutrition Management Co-op and Graduating Students:

American Diabetes Association, Continuing Developmental Services, Inc., Highland Hospital, Monroe Community Hospital, RIT – Food Service, Rivers Run, Rochester General Health System (Hospital), Sodexo Senior Services Inc., Strong Memorial Hospital, Unity Health System, Wegmans Food Markets

Contact Us:

We appreciate your interest in hiring RIT co-op, graduating students or alumni. We will make every effort to make your recruiting endeavor a success. Call our office and ask to speak with Kimberly DeLardge, the program coordinator who works with the Nutrition Management program. For your convenience, you can access information and services through our web site at <http://www.rit.edu/recruit>.

Kimberly DeLardge

Assistant Director

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