CO-OP QUICK START GUIDE
Environmental Sustainability, Health and Safety

About Co-op
Cooperative Education, or co-op, gives you the opportunity to gain meaningful work experience before you graduate! It will also help you further define your career path and fully realize the value of what you are learning in the classroom.

Cooperative education at RIT is full-time, paid employment directly related to your field of study. Environmental Sustainability, Health and Safety students typically co-op for a total of 4 semesters, beginning late in their third year, rotating co-op employment with classes. Please meet with your academic advisor to discuss your individual schedule. You are eligible for co-op after you have completed three years of coursework in your academic program and have successfully completed the Engineering Technology Career Seminar Course.

Getting Ready For The Job Search
To prepare for the co-op job search process, you will be required to take the Engineering Technology Career Seminar Course to learn how to develop the tools (e.g. resume and cover letter) and the job search strategies (application and interview techniques) to undertake your search. You will also learn how to use RIT Job Zone, the online job posting database available through the student page of our site. The Engineering Technology Career Seminar Course is offered to third year and transfer students.

How Your Career Services Coordinator Helps
Students in Environmental Sustainability, Health & Safety have a Career Services Coordinator who is to assist students with the job search process. You can meet with your individual career services coordinator for personalized service as well as through regularly offered seminars and workshops. Career Services Coordinators work closely with your academic department and foster relationships with employers and develop employment opportunities. We are here to assist you in securing a co-op job and support you while you are working. Use the staff list on our site to identify your Career Services Coordinator.

When To Begin The Job Search
It’s never too early to begin your co-op job search! Starting 2 semesters before you are scheduled to co-op will prepare you to submit your resume to employers who require early resume submission. The semester right before you co-op is typically the busiest with resume submissions, interviews and related job search activities.

Create a Profile On RIT Job Zone And Upload Your Resume
RIT Job Zone is the web-based system used by the Office of Career Services and Cooperative Education and selected employers to post both co-op and full-time job opportunities. Login to Job Zone at (www.rit.edu/emcs/oce/students) using your RIT computer account and password. Complete your profile and store your resume in the system. Developing a new resume is easy; start by reading through the Intro to Resume Writing page of our site (www.rit.edu/emcs/oce/student/resume-writing). That page also provides you with samples for inspiration. Have your Career Services Coordinator review your draft so that it is error-free and effective.
Learning About & Applying To Job Opportunities
Using Job Zone, you can view job descriptions and apply to all positions for which you are qualified. Pay attention to the requirements listed by the employer. Some employers will direct you to submit your resume through the company web site – be sure to follow these directions carefully. Keep your options open and avoid limiting yourself to a specific employer or geographic location. Employer on-campus information sessions, interviewing schedules and special events are also posted on Job Zone. You can also view the details of upcoming career fairs and related activities, including workshops on job search topics.

Broadening Your Job Search
The best job search is a comprehensive one. RIT Job Zone is your first source but only one source of co-op job openings. Look for co-op jobs utilizing other sources: your network of friends, professors, past employers, coaches, clubs and professional associations, and various web sites. We recommend checking our Web Resources page (www.rit.edu/emcs/oce/student/resources/environmental) for a list of sites for your major. Apply for positions found on your own and keep a record of your job applications.
You should always continue your search until you have been offered and accepted a position!

Prepare For Interviews
Brush up on interviewing skills and attend mock interview programs to prepare for the real thing. For sample interview questions, typical interview formats and interviewing tips, please see our interviewing page: (www.rit.edu/emcs/oce/student/interviewing). Make sure you have appropriate interview attire and arrive for the interview 15 minutes before scheduled time. Research employers and practice, practice, practice. Remember to send employers a brief thank you note after the interview and follow-up with employers to check on the status of your application.

Accepting A Job Offer
Once you accept a co-op job offer, verbally or in writing, you are expected to honor this commitment. You must not back out, or renge on the job, to work for another employer! Make sure you confirm your start and end dates, work hours and other work site expectations with your employer prior to starting your job.

Co-op employers expect RIT and its students to operate according to accepted business ethics and standards. Further, RIT expects your behavior at all times, whether on or off campus to be in accordance with the standards articulated in the RIT Students Rights and Responsibilities Handbook: www.rit.edu/studentaffairs/studentconduct/rr.php and the Student Agreement Policy (found on your Job Zone Profile under the Privacy Tab).

Reporting Your Co-op Job And Registering For Co-op
After you have accepted a co-op job, two steps are required to ensure that you will receive the appropriate co-op credit for each term you will be on co-op:
1. Report your co-op placement information to the Office of Career Services and Cooperative Education through the student page. (www.rit.edu/ReportCo-op)
2. Register on SIS: Contact your academic advisor who will register you on SIS for the appropriate course
International Students

1) Register for co-op or internship with their academic department in the SIS system.

2) Report their employment information to the Office of Career Services and Cooperative Education through the student page (www.rit.edu/ReportCo-op).

3) Additional permission to participate in curricular practical training must be granted by an ISS advisor prior to the employment start date. Students must either:
   a) Submit the Online CPT Request Form along with a copy of their job offer letter and a screen shot of their registration in SIS. The registration must be for the term(s) in which you are requesting Curricular Practical Training.
   b) Bring the documents listed above to International Student Services.

When this information is received an ISS advisor will create a new SEVIS I-20 with CPT Authorization on it. You will receive an email when the new I-20 is available to be picked up in International Student Services.

Your Co-op Salary & Income Tax Information
Your employer determines your compensation level. Salary rates are based on a number of variables, including your academic major, year level, prior work experiences and established company policies. There may be some room for negotiation based on circumstances. Check our web site for the latest co-op salary data listed by academic program: (www.rit.edu/emcs/oci/student/salary). According to the U.S. Internal Revenue Service (IRS), salaries/wages paid to co-op students are fully subject to applicable federal and state income taxes.

Your Co-op Evaluation – Receiving Credit
To receive a “Satisfactory” (“S”) grade for co-op on your transcript, the following evaluation documents must be completed and returned to the Office of Career Services and Cooperative Education, and approved by your academic department:

1. Employer Evaluation of your performance. A link to a customized evaluation form is emailed to your employer by the co-op office toward the end of each term you are on co-op.

2. Student Co-op Work Report. This report is available to you via our Student web page. Complete this report toward the end of each term you are on co-op. You can also access a record of your co-op history, submitted evaluations and work reports through the student page of our site: (www.rit.edu/emcs/oce/students)

How Financial Aid Works While You Are On Co-op
RIT does not charge tuition for enrollment in cooperative education. With the exception of the federal Pell Grant, most forms of financial aid are not awarded for semesters of co-op employment. Financial aid includes federal and private alternative loans as well as grants and scholarships. If you have concerns pertaining to your living expenses during your co-op term, please contact your Financial Aid Counselor to discuss some various strategies as to how to cover these costs.

If you are a Pell grant recipient, the grant will credit to your student account after the drop/add period for the term. You must register your co-op on the Registrar’s system and report your co-op on our website.

Your co-op earnings will not negatively impact your eligibility for federal student aid in the subsequent year. You are asked on the Free Application for Federal Student Aid (FAFSA) to report earnings from a co-op. The reported co-op earnings will automatically be excluded from your adjusted gross income when calculating your expected family contribution (EFC).

If you have any questions regarding your co-op earnings and financial aid, please contact your Financial Aid Counselor at ritaaid@rit.edu.

Housing While On Co-op And When You Return To Campus
Students who co-op in Rochester may stay in RIT housing. Students who co-op out of town are typically responsible for finding their own housing near the employer’s location. Some companies provide housing assistance in the form of subsidies or housing
allowances, or space in locations they own or rent for this purpose. Most employers will at least provide a list of apartments or housing options to assist students.

Students who return from co-op are guaranteed on-campus housing, if they were in RIT housing prior to leaving for co-op, however, preferences are not guaranteed. RIT Housing Operations communicates with students via email and provides information on how to apply for housing when you return to campus. finweb.rit.edu/housing/.

**Concerns On Co-op**
Dealing with stressful and uncomfortable situations can be part of the workplace learning experience. As with every other aspect of experiential learning, the Institute and your Career Services Coordinator are here to support and guide you as necessary. If you encounter a concern, we encourage you to contact your Career Services Coordinator so we may offer advice or assistance in resolving the matter. It is important to address issues as they arise, rather than postpone such a discussion or ignore the problem. Examples of workplace issues that we can assist with range from coaching you on how to talk with supervisors regarding your work related concerns, how to address conflicts on your team as well as discrimination and harassment complaints. Be sure to call or email us if you have any questions or concerns, or just to tell us how things are going!

**Appointments And Office Hours**

**Personalized Advisement:**
Call 585-475-2301 to make an appointment with your career services coordinator who will assist you on a one-on-one basis with any aspect of your job search and related activities.

**Office Hours:**
Monday-Friday: 8:00 am – 4:30 pm

**Walk-In Hours:**
Mondays, Tuesdays, and Thursdays 9:30am - 11:30am & 1:30pm - 3:30pm; Wednesdays and Fridays 9:30am – 11:30am. These are times set aside where one of our career services coordinators is on duty to answer any quick questions you may have. Check in at the Office of Career Services and Cooperative Education reception desk.

**Notes:**

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