Health Coach Course Sequence

MEDS 370 Community Health Care
A course offered by RIT and Rochester Regional Health (RRH) and GRIPA leading to serving as a Health Coach

This course is a prerequisite for MEDS 475 Health Coach Practicum offered in the spring semester

Requirements
- Must be a full-time student at RIT when applying for and during the course and health coach practicum
- The course sequence is not available to students in their last year of study prior to graduation.
- Must have one year of college credit toward a health-related or medical sciences degree
- Must have a grade point average of ≥ 3.0
- Must complete questionnaire and interview before acceptance into the course; an interview does not guarantee acceptance
- Must meet the technical standards for the hands-on health coach experience
- Must provide your own transportation to carry out the health coach volunteering for course MEDS 475

Desired
- Clinical, patient care, or healthcare experience, desired but not required

Expectations
Upon successful completion of this course with a grade of B or above, the student is expected to complete MEDS 475 Health Coach Practicum during the semester immediately following the successful completion of MEDS 370 Community Health Care. MEDS 370 is an on campus course, but MEDS 475 includes the following each week: 1.5 hours of class time; 3-5 hours outside class that include meeting with a health care team and patient visitations. MEDS 475 has WI designation.

Students agree to the following:
- to be contacted by RIT Judicial Affairs for comment
- to criminal background check and drug test by RRH

Application and Interview Sign-up
- Applications and interview sign-up sheets are available in the CHST Student Services Office located on the first floor of the CBT building.

Application Submission
- Submit via email a completed application with a current copy of your unofficial transcript from SIS as a PDF to:
  Kristen Waterstram-Rich
  Professor
  Interim Associate Dean, College of Health Sciences and Technology
  Phone: (585) 475-5117
  Email: kmw4088@rit.edu
  Office: CBET (#75) 2181

The subject line for the email should read: Health Coach Application
MEDS 370 Community Health Care
Leading to Health Coach Practicum

Application for Consideration – Due no later than 15 March

Submit as PDF via email to Kristen Waterstram-Rich, Director, Interim Associate Dean, College of Health Sciences and Technology
ksw-rh@rit.edu

- Put MEDS 370 application in the subject line of the email
- Include your name in the title of all pdfs

Name: __________________________________________

Program: ___________________________ Year Level: _______________

Email Address: __________________________________________

(Note: Communication will be through RIT email)

Telephone Number: __________________________________________

You may attach an additional sheet to this application, if needed, to respond to the questions below. Also, remember to attach a recent copy of your unofficial transcript from SIS.

What is your reason for taking this course?

What outcomes do you expect from this course?

Describe any clinical, patient care, or healthcare experience in which you have participated.

Are you prepared to complete the internship, off campus, next semester? Will you have reliable transportation?