



**Learning Support Services**, a department of the Academic Support Center (ASC), RIT's academic support unit, offers structured monitoring. The ASC is located on the second floor of the Eastman Building.



### Structured Monitoring Fee Schedule

- LEVEL 1**  
Individual meetings once a week:  
\$440 per quarter
- LEVEL 2**  
Individual meetings twice a week:  
\$880 per quarter
- LEVEL 3**  
Individual meetings three to five times a week:  
\$950 per quarter

# R·I·T

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## Learning Support Services: Structured Monitoring



Academic Support Center  
**asc**  
Navigate Your Way

## WHAT is structured monitoring?

Structured monitoring is a fee-based coaching relationship between the student and a learning support specialist that focuses on organizational skills, study strategies, and advocacy skills in a college-level academic environment. Students may decide whether to use the service daily, twice a week, or once a week in an individual setting.



## WHO would benefit from structured monitoring?

Structured monitoring is designed for students who anticipate difficulty navigating the complexities of the college environment. This includes students who may feel overwhelmed by moving from the high school environment to a college setting where they are expected to act on their own behalf. Although students with learning disabilities or attention deficit have benefitted from structured monitoring, a student need not have a disability in order to participate in the program. The only requirement is that the student has been accepted into an RIT college or program.

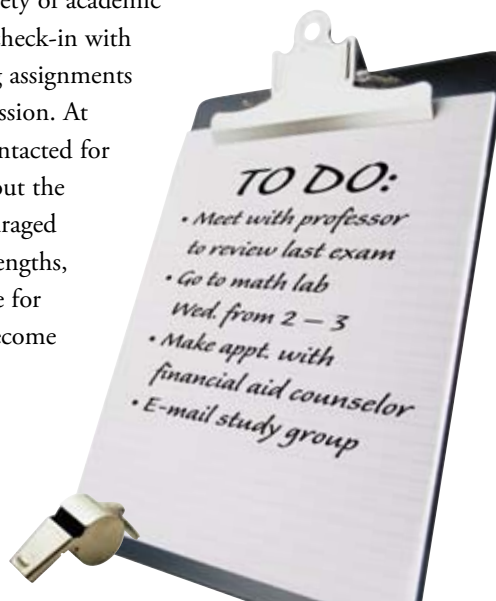


## WHY is this form of support offered?

RIT recognizes that each student comes to the university with a different background, a personal learning style, and a unique readiness for the challenges of college life. We also recognize that students' early experiences at RIT lay the foundation for future academic success. A period of close mentoring can have a positive impact.

## HOW does structured monitoring work?

Students in the program are assigned to a learning support specialist who is familiar with the university. During regularly scheduled meetings, or check-ins, the student and the learning support specialist review assignments and campus resources, create a 10-week calendar, set up a color-coded organizational system, and review study skills strategies. Students are encouraged to advocate to professors and to use a variety of academic services. They leave every check-in with a "to-do" sheet, identifying assignments to complete for the next session. At mid-quarter, faculty are contacted for progress reports. Throughout the quarter, students are encouraged to appreciate their own strengths, to find ways to compensate for their weaknesses, and to become increasingly independent.



## WHY does structured monitoring have such a dramatic impact on students' performance?

- ✓ Research tells us that a close connection with faculty, staff, and peers is a major factor in student success.
- ✓ The learning support specialists are attuned to both the demands of RIT and the needs of their students. They can help a student direct time and energy in the most productive manner, avoiding common pitfalls and barriers.
- ✓ Many students who have had academic support in high school are not aware of or ready for the shift in responsibility that comes with college attendance.

## HOW can students enroll in structured monitoring?

Students can sign up for a "check-in" at the beginning of every quarter. Contact the coordinator of Learning Support Services at RIT: 1-585-475-5296 or online at [www.rit.edu/asc](http://www.rit.edu/asc).

