



Navigate Your Way

## Quarterly Schedule

Fall 2009-1

All classes and workshops are free and open to all RIT students, faculty, and staff.

Eastman 01-2309 (585) 475-6682 [www.rit.edu/asc](http://www.rit.edu/asc)

For an electronic version of the ASC Quarterly Schedule, check out [www.rit.edu/asc](http://www.rit.edu/asc). Look for this button:

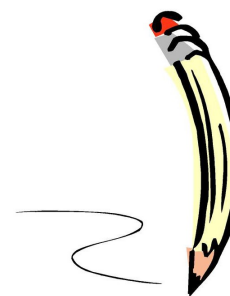


## Study Skills

### Academic Success Workshops

These drop-in workshops present strategies for academic success. You can attend just one or attend them all. Contact [paula.french@rit.edu](mailto:paula.french@rit.edu) with any questions. See grid below for specific dates, times and locations.

Participants needing interpreting should submit requests through NTID Access Services at [www.ntid.rit.edu/AccessServices](http://www.ntid.rit.edu/AccessServices). Please be sure to allow enough advance notice for Access Services to accommodate your request.



Tuesdays 12:00-12:50 Eastman 01-2358 and Tuesdays 8:00pm-8:50 Sol Heumann 47-1016		
Week 2	9/15	Setting Goals to Stay Motivated
Week 3	9/22	Making the Most of 168 Hours
Week 4	9/29	Studying Demystified
Week 5	10/6	Note-taking and Textbook Reading
Week 6	10/13	Personalize Your Learning
Week 7	10/20	Effective Study Techniques
Week 8	10/27	Prepare and Conquer
Week 9	11/3	Starting Over
Week 10	11/10	Prepare and Conquer

#### Setting Goals to Stay Motivated

Develop strategies for keeping yourself motivated to achieve your academic goals.

#### Effective Study Techniques

Develop study approaches and activities that increase learning and understanding.

#### Personalize Your Learning: Learning Styles

Maximize your learning through techniques that fit your personal learning style.

#### Studying Demystified: The Study Process

Studying — what is it and how do you do it? Let us demystify the process for you!

#### Prepare and Conquer: Test Taking and Anxiety Control Strategies

Control your test anxiety by becoming a better test taker.

#### Starting Over: Getting Ready for Success Next Quarter

Prepare for success next quarter—learn new study strategies and time management techniques.

#### Note-taking and Textbook Reading: How to Enhance Your Skills

Develop an effective approach to note-taking and enhance your reading strategies for better comprehension.

#### Making the Most of 168 Hours: Time Management, Organization & Procrastination

There are only 168 hours in a week. Learn how to better organize and manage your time and keep procrastination at bay.

### Individualized Study Instruction & Coaching

Make an appointment with a study coach to

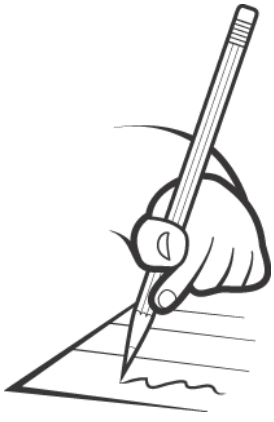
- Discover your learning strengths and how to use them to your advantage
- Learn how to apply study strategies that have been PROVEN to enhance learning
- Take the LASSI (Learning and Study Strategies Inventory) to identify academic habits and attitudes that need improvement

For appointments or more information stop in (ASC-Eastman 01-2309) or call (585) 475-6682 . Contact [dan.hickey@rit.edu](mailto:dan.hickey@rit.edu) or [paula.french@rit.edu](mailto:paula.french@rit.edu).



Do you need help setting goals, managing your time, decreasing procrastination? Visit Learning Power Online. [www.rit.edu/lponline](http://www.rit.edu/lponline)

# Writing Support



**ASC Writing Center**  
Professionals are available to help you with your writing assignments.

Contact [andrew.perry@rit.edu](mailto:andrew.perry@rit.edu) with any questions.

Eastman 01-2358	
Mondays	9:30am - 12:00pm 1:00pm - 7:00pm
Tuesdays	9:30am - 12:00pm 1:00pm - 7:00pm
Wednesdays	9:30am - 12:00pm 1:00pm - 7:00pm
Thursdays	9:30am - 12:00pm 1:00pm - 7:00pm
Fridays	9:30am - 12:00pm 1:00pm - 3:00pm

# Penmanship

## New Offering:

Do your professors complain about your handwriting because your in class papers and tests are illegible? Do you want to improve your cursive writing style? Four sessions will be offered in the fall on Wednesdays **9/30, 10/7, 10/14** and **10/21** from 12:00-12:50, in Eastman **01-2358**.

# Reading Support

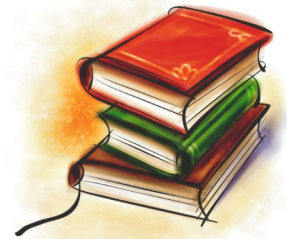
## Reading Instruction

Learn effective ways to manage many different types of reading demands.

The following services are offered at no charge:

*Reading Testing / Evaluation— Informal Reading Assessment— Strategies to Improve Vocabulary— Information about Speed-Reading—Textbook Reading Strategies for College Materials*

Contact the ASC Reading Specialist [enid.stevenson@rit.edu](mailto:enid.stevenson@rit.edu) or call (585) 475-6682 to set up an appointment.



# Math and Physics Support



Work with a <b>Math or Physics Tutor</b> in <b>Bates Study Center (08-1200)</b>	
Mondays	9:00am – 8:00pm
Tuesdays	9:00am – 8:00pm
Wednesdays	9:00am – 8:00pm
Thursdays	9:00am – 8:00pm
Fridays	9:00am – 6:00pm

Work with a <b>Math or Physics Tutor</b> in <b>Sol Study Center (47-1016)</b>	
Mondays	7:00pm – 10:00pm
Tuesdays	7:00pm – 10:00pm
Wednesdays	7:00pm – 10:00pm
Thursdays	7:00pm – 10:00pm

## Math Assessment

A Math Skills Assessment is designed for students who are struggling in an RIT math course despite using the math resources available at RIT, or for those who have been away from mathematics for a while.

Contact [birgit.coffey@rit.edu](mailto:birgit.coffey@rit.edu) or [bruce.pennington@rit.edu](mailto:bruce.pennington@rit.edu) to schedule a math assessment.

# Academic Assessment

**The Academic Assessment Program (AAP)** is designed to analyze the causes of academic difficulty for students who are unclear about what is impacting their performance. Multiple techniques, including interviewing, checklists, and formal assessment tools, are used to uncover the sources of difficulty. Assessment Specialists work with students to determine what strategies, instruction, and/or referrals are appropriate to address performance issues. If a disability (such as ADHD or a specific learning disability) is suspected, the student is referred off-campus for further evaluation.

Contact [jane.munt@rit.edu](mailto:jane.munt@rit.edu) with any questions.

# Structured Monitoring

ASC **Structured Monitoring** provides students with regularly scheduled check-ins with a learning specialist. This academic coaching addresses organizational skills, study strategies, and advocacy skills. Structured Monitoring is intended for students who anticipate difficulty navigating the college environment due to learning differences or other factors.

*This is a fee based service.*

Contact [lisa.fraser@rit.edu](mailto:lisa.fraser@rit.edu) with any questions.



# Tutoring

• Find tutoring centers on campus • Become an RIT student tutor • If you are already a tutor, sign up for tutor training workshops.

[www.rit.edu/tutoring](http://www.rit.edu/tutoring)

Contact [julie.cammeron@rit.edu](mailto:julie.cammeron@rit.edu) with any questions.