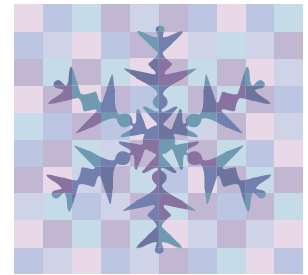


# FREEZE-FEST FIVE 5K RUN/WALK



SUNDAY, FEBRUARY 7<sup>th</sup>, - 8:30 a.m. (Registration Begins)  
RIT- Rochester, New York, - 10:00 a.m. (Race Start)  
(Race starts, ends at Gracie's Dining Hall on the RIT Campus)

5 KILOMETERS OF:  
SNOW (Maybe?) COLD (Probably!)

**Entry Fee:** (includes long-sleeved shirt - sizes may be limited on race day)

\$20.00 if you register before Feb. 1st / \$25.00 after Feb. 1st or on race day

AWARDS: Top 2 Overall Male/Female Runners  
2 Raffle Prizes for all other runners!

PRE-REGISTER AT:  
RACE DAY REGISTRATION: 8:30 - 9:45 A.M. at  
Gracie's Lobby

For more information call: (585)-475-6022 (v/tty)

*Sponsored by:*  
Center for Residence Life / Flower City Habitat for Humanity

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**Make checks payable to: Center for Res Life**

Mail form and payment to:  
Center For Res Life Kate Gleason Hall,  
Rochester Institute of Technology  
Rochester, NY 14623

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**T-Shirt Size:** M L XL **Sex:** M F **Age:** on race day \_\_\_\_\_

I know that running in a race is a potentially dangerous activity. I will not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this event. I assume all risks associated with running in this event including, but not limited to contact with other participants, the effects of the weather, and the conditions of the trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone on my behalf, waive and release the sponsors of this race, supporters and officials, their representatives and successors from all claims of liability of any kind arising out of this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent's Signature if participant is under 18)

