Metacognition and Reflection

Metacognition: Thinking about how we think. Especially: thinking about learning processes.

Reflection: Making time for thinking.

How do your students learn?

Just like you do? Differently?

How do you know?

…Do you make time to ask them?

Student motivation

“Why are you here?”

“What do you want to get out of this?”
Think back to the worst class session you've ever had...

Why was it the worst?
What did the teacher do?
What did the students do?

• List your recollections on one of your white index cards
• Compare and discuss with your table mates
• Choose a representative to share back with the room

Think back to the best class session you've ever had...

Why was it the best?
What did the teacher do?
What did the students do?

• List your recollections on one of the white index cards
• Compare and discuss with your table mates
• Your representative will share back with the room

5 Things To Do on the First Day of Class

1. Showcase the course content.
2. Get students talking.
3. Be personable.
4. Give students a reason to read the syllabus.
5. Be authentic.

Active Learning is Great

But lecture is still valuable!

The paradox of universal design

Not a silver bullet; a mindset.

Things to remember…

- You are not your students
- Reflection matters, for you and for them.
- Have conversations
- Know where to go for assistance
What else does TLS offer?

- Website (rit.edu/tls)
- Training Events
- Teachers on Teaching
- Teaching Circles
- Magna Mentor Commons
- GOLD