

INTRINSIC MOTIVATION

27 ideas to encourage intrinsic motivation in your students



What Motivates You?

intrinsic motivation



in'trinzik, -sik/ mōtə'vāSHən/

:an inner drive to engage in an activity for its own sake because it is interesting and satisfying in itself

extrinsic motivation



ik'strinzik, -sik/ mōtə'vāSHən/

:a drive to engage in an activity because of a reward to engage in the activity or a punishment for not engaging

1 SHARE

Share your story with your students.

2 INCORPORATE

Incorporate the student in the learning experience.

3 SPARK

Spark curiosity in the subject matter.

4 ELIMINATE

Experiment with eliminating extrinsic rewards.

5 FREE

Create a lesson that is free of grades.

6 TAP

Ask students what motivates them to play games or sports. Tap into those motivators.

7 CHALLENGE

Challenge the students to find a new solution to an old problem.

8 ENCOURAGE

Encourage creative ways to accomplish the same task.

9 GROUP

Use teams or groups.

10 PRAISE

Praise students for meaningful accomplishments.

11 TEACH

Practice what you teach.

12 PLAY

Play a game that teaches the same principles.

13 DISCOVER

Discover your passion.

14 DISCOVER

Discover your students' passions.

15 ALLOW

Allow time for the process.

16 PURPOSE

Demonstrate, show, describe, and engage with a purpose.

17 ENERGIZE

Add energy to what you are doing.

18 CREATE

Create a new atmosphere for creativity and intrinsic behavior.

19 MILESTONES

Collectively set milestones to reach. Display them.

20 SKILL

Create multiple skill assessments that students choose to take.

21 MEASURE

Allow students to measure progress throughout.

22 TRUST

Create a trusting atmosphere.

23 VISION

Create a class vision.

24 SERVICE

Engage in community service.

25 CHOICE

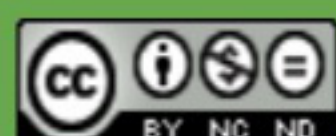
Let students have choices- in what they do, how they do it, and who assesses.

26 SHARE

Share with others what is happening in the classroom.

27 LIVE

Incorporate the student's life and story into the classroom.



By: Mia MacMeekin
OF AN ETHICAL ISLAND