

**Instructor-led Academic Coaching** is a fee-based program intended for first and second year students who would benefit from individual instruction in transitioning to college learning. Facilitated by ASC instructional staff, students meet each week with their assigned Academic Instructor working within a curriculum to apply academic strategies and achieve academic goals. In addition to the topics below, students are introduced to and encouraged to utilize campus resources to support their academic career. Students beyond second year status are encouraged to use *Peer Academic Coaching* or to enroll in one of the *ASC Success Courses* to support their continued development as successful students and learners.

## Curriculum Topics

### Academic Organization

Students will explore how to organize their classes, course work, and deadlines.

### Consolidation

Students will explore weekly consolidation techniques and strategies of course material such as class notes, text markings, and other sources of course materials.

### Effective Test Prep, Taking, and Analysis

Academic organization, time management, and the process of studying are critical to effective test preparation and review.

### Study Process

The process of studying includes giving time and attention to course work. The process of studying should start at the beginning of each semester.

### Text Marking

Active reading and text marking includes previewing before and reviewing after class.

### Note-taking

Note-taking is a foundational part of the study process. Students will explore techniques and strategies that will allow for useful notes from class to class and week to week.

### Time Management

The ASC offers tools to assist in managing priorities, homework, studying, and extra-curricular activities.

### Goal Setting

Goal setting is the starting point of a successful semester.

## Fee

\$790 per semester (14 meetings)

## Contact and Information

coachingasc@rit.edu  
asc.rit.edu

# FAQs

## How can a student enroll in Instructor-led Academic Coaching?

Students will need to complete a two-step process.

**Step 1:** Submit an enrollment interest survey in CampusGroups. After submission, the student will receive an email prompt to their RIT email account, to complete the enrollment survey.

**Step 2:** Complete the enrollment survey. After completing step 2, students will receive an automated confirmation email. If no confirmation email is received, the enrollment was not successful. Students should contact [coachingasc@rit.edu](mailto:coachingasc@rit.edu). Shortly before semester begin, enrolled students will receive a "Welcome" e-mail which will include an enrollment summary, the name of the instructor and "next steps".

Please note that **both** surveys will need to be submitted for enrollment to be complete. Space is limited, therefore, interested students are encouraged to enroll as early as possible.

## Is it possible for a student to enroll in more than one weekly meeting?

No. Instructor-led Academic Coaching is only available for one weekly appointment. Students will receive recommendations for and are encouraged to use additional campus resources to complement their participation in the program.

## How are Instructor-led Academic Coaching fees billed?

During the second week of the semester, program fees will be sent to Student Financial Services and added to the student's financial account. The fee will appear on the following invoice. Please note that fees are non-refundable when a student is a NO SHOW for appointments. In case of a voluntary or involuntary withdrawal from RIT, a refund may be made in accordance with the Institute Refund Policies.

## What if a student changes their mind and decides not to participate in Instructor-led Academic Coaching after enrollment?

Students can notify Academic Coaching at [coachingasc@rit.edu](mailto:coachingasc@rit.edu) before the drop/add period is over, stating that a withdrawal is requested. After the drop/add period is over, billing information will be sent to Student Financial Services.

## What are the reasons for why upper-class students (third, fourth, or fifth year) cannot participate in Instructor-led Academic Coaching?

Instructor-led Academic Coaching is intended to serve first and second year students who are transitioning from high school to college-level academic expectations. The ASC offers a number of alternate resources that may be of benefit to upper-class students such as *ASC Success Courses*, *Peer Academic Coaching*, and *Tutoring*. Visit [asc.rit.edu](http://asc.rit.edu) for more information.

## Can a student who is on the Autism Spectrum/has ADHD/has a diagnosis for learning disabilities and/or is registered with the Disability Services Office participate in Instructor-led Academic Coaching?

The Academic Success Center programs are open to all students, however, the ASC does not provide specialized services for any particular student population. Instructor-led Academic Coaching is instructional in nature. Instructors do not monitor/manage students' grades or assignments. Please visit the *Spectrum Support Program*, *Disability Services Office\**, or *Case Management* to learn of the support and resources they provide.

\* Please note that Instructor-led Academic Coaching is independent from the Disability Services Office and related accommodations.

# FAQs

## **Can NTID supported students enroll and participate in Instructor-led Academic Coaching?**

NTID pre-baccalaureate (AS); A+B and AAS degree-seeking students are asked to first discuss their needs with their NTID Counselor/Academic Advisor to make sure they are aware of all services that are provided by NTID. RIT baccalaureate and NTID supported degree-seeking students, who are first and second year, can follow the normal enrollment procedure. If applicable, it is the student's responsibility to make arrangements for *NTID Access Services*.

## **What can students participating in Instructor-led Academic Coaching expect in terms of succeeding academically?**

Achieving a positive academic outcome varies from student to student and is contingent on several factors. Attending classes regularly, completing and submitting assignments on time, regularly studying the course content, and using campus resources on a regular basis, are the cornerstone of achieving a positive academic outcome. Instructor-led Academic Coaching focuses on introducing students to and providing recommendations regarding academic organization, time management, and academic strategies. It is the student who is ultimately responsible for doing the work and following the recommendations provided. Instructors do not monitor students' academic work or grades. *Participation in the program does not guarantee that a student will compete the semester academically successful.*

## **What can be expected in terms of information-sharing about a student's participation in the program to third parties?**

Instructors or ASC staff associated with Instructor-led Academic Coaching, may initiate and/or respond to/from RIT faculty or staff who have an educational interest in the student's academic success. Students are encouraged to communicate directly with their parents/guardians about their participation in Instructor-led Academic Coaching as, due to FERPA regulations, instructors or ASC associated with the program, are not in the position

to communicate with parents about a student's participation or lack thereof.

## **What happens at the end of the semester?**

At the end of the semester, students will receive a Semester Summary that captures topics and academic strategies that were discussed and recommended, including re-enrollment information for students who have not yet reached third-year status.

## **Instructor-led Academic Coaching and Peer Academic Coaching appear very similar in nature. Why is instructor-led Academic Coaching fee-based?**

While there are similarities, Instructor-led Academic Coaching provides ongoing weekly instructional meetings throughout the semester (14 appointments) that are facilitated by ASC instructional staff. Appointments may be scheduled Monday-Friday, between 8:30 am-4:00pm. The program is curriculum-based and focuses on weekly topics such as academic organization, time management, the study process as well as goal setting and self-advocacy. In comparison, Peer Academic Coaching is facilitated by upper-class students (Peer Mentors). Appointments are available Tuesday-Friday, 10:00am-3:00pm and on average, can range from 1-3 meetings.