

Resources

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¹Tiger Center

tigercenter.rit.edu/tigerCenterApp/landing

²SIS

rit.edu/infocenter

Week 1

¹Note-taking

rit.edu/academicsuccesscenter/sites/rit.edu/academicsuccesscenter/files/documents/study-tool-kit/Weekly%20Review_2019.pdf

²Office Hours

docs.google.com/spreadsheets/d/1zeHH4Kv6zLoV5V3nBOaj4RRf5EDeLLhRHGsk9dTjptk/copy

Weeks 2-4

¹Study Guides

rit.edu/academicsuccesscenter/sites/rit.edu/academicsuccesscenter/files/documents/study-tool-kit/Weekly%20Review%20B_W_2019.pdf

²Wellness Peer Educator

rit.edu/studentlife/health-promotion#wellness-peer-educators-

³Test Anxiety Management

Under Study Skills Resources in the Study Tool Kit

⁴Counseling and Psychological Services (CaPS)

rit.edu/counseling/get-support

Weeks 4 and Beyond

¹Essential Study Techniques

rit.edu/academicsuccesscenter/sites/rit.edu/academicsuccesscenter/files/2021-08/ASC_SuccessCoursesFlyer_2211_080321.pdf

²Academic Coaching

rit.edu/academicsuccesscenter/all-services#academic-coaching

³Tutoring

rit.edu/tutoring-at-rit

Tips Throughout the Semester

¹Chronobiology

chronobiology.com/syncing-class-times-to-circadian-rhythms-could-improve-school-performance