

# Academic Success Center

# Study Process

Prep

Daily

Weekly

Check

**Focus:** Check for understanding

**Ask yourself:** “Do I understand the concepts and am I prepared to demonstrate my understanding?”

## Suggestions and Examples

- Check myCourses
- Go to class
- Do homework
- Use office hours
- Visit study centers
- Plan your approach

## As the test/assessment or due date approaches

- Know the date, time, location and format
- Test yourself
- Create a series of questions that you think might be on the test and ask your professor if you are on the right track
- Finalize presentation or project
- Create a cheat sheet
- Create a concept sheet
- Create a formula sheet
- Create flash cards
- Complete practice tests. Prove to yourself that you can answer the questions/apply concepts
- Teach/explain course material to someone else - Are you able to do it?
- Meet with a study group
- Complete the Exam Study Plan
- Complete the CAD Project Management tool
- Complete the Project Management tool
- Derive examples from your own experiences
- Begin understanding the big ideas so you are able to explain, compare, and contrast
- Create a Study Guide/Rubric
- Know the criteria