

# Academic Success Center

# Study Process

Prep

Daily

Weekly

Check

**Focus:** Engage with the material

**Ask yourself:** “What can I do to practice course material and summarize in my own words?”

## Suggestions and Examples

- Utilize **Prep** and **Daily** strategies
- Rework old homework assignments
- Meet with study group
- Use campus resources
  - Tutoring/study centers
  - Office hours
  - Library
  - Writing Center
  - Academic Success Center
- Consolidate material and create study aids:**
  - Create a cheat sheet for the week’s material
  - Create concept sheets for each concept from the week
  - Summarize notes into a master outline
  - Create a study guide by topic/chapter
  - Create flash cards
  - Draw a picture or write a song
  - Create a mind map
  - Create a practice test
  - Create a problem set
  - Use the above study aids to test your knowledge with **Check** Strategies