

Health and Well-being Management

Master of Science

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Program Focus



Health and Well-being Career Plans

- Program design or administration
 - Government
 - Organizations
 - Business
- Research
 - Graduate school
 - Professional school, e.g., medical school



PREPARE for a career in health and well-being program administration, design, and research.

APPLY to medical school, or a doctoral graduate program more prepared with a masters degree.

CUSTOMIZE the program to your career goals through the completion of 12-15 elective credits, in addition to the core courses.

VISIT www.rit.edu/HealthWellbeing-MS to learn more!

PROGRAM FEATURES

- Focus on research methods for health and well-being
- Two emphasis options

Training for:

- Nutrition education
- Health risk identification
- Health program dissemination
- Implementation science

EMPHASIS 1: CONTENT DEVELOPMENT, IMPLEMENTATION, AND EVALUATION

attends to the infrastructure of a health and well-being program, focuses on content development and domain expertise (e.g., exercise, behavior, nutrition).



rit.edu/HealthWellbeing-MS



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EMPHASIS 2: HEALTH AND WELL-BEING PROGRAM MANAGEMENT

relates to the structure or framework of a program, managing a health and well-being unit within corporate or self-employment venues.



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College of Health Sciences and Technology

Wegmans School of Health and Nutrition

In addition to the core curriculum, shown to the right, and to customize the program to your career goals, you will take 12-15 credit hours of electives. Visit www.rit.edu/HealthWellbeing-MS to see the possibilities!

Course Number	Course Name	Credit Hours
WSHN 700	Research Methods in Health & Well-being	3
WSHN 701	Health & Nutrition Education & Evaluation	3
WSHN 702	Dissemination & Implementation Science for Health & Well-being	3
PSYC 640 OR MATH 655 OR STAT 614	Graduate Statistics Biostatistics Applied Statistics	3
WHSN 710 OR HLTH 710	Health Risk Identification & Management (Emphasis Plan 1) Health Law, Economics & Policy (Emphasis Plan 2)	3
WSHN 797 OR WSHN 790	Health & Well-being Project Health & Well-being Thesis	3 6

Full-time 12 month program

Fall	Spring	Summer
WSHN 700 Research Methods in Health & Well-being	WSHN 702 Dissemination & Implementation Science for Health & Well-being	WSHN 797 Health & Well-being Project 2 Electives
WSHN 701 Health and Nutrition Education & Evaluation	Emphasis 1 WSHN 710 Health Risk Identification & Management OR Emphasis 2 HLTH 710 Health Care Economics & Policy	OR
Statistics (choose from 3)		WSHN 790 Health & Well-being Thesis 1 Elective
Elective	2 Electives	
Program Total 33 credits		

Part-time option- 9 credits per semester

Fall 1	Spring 1	Summer 1	Fall 2
WSHN 700 Research Methods in Health & Well-being	WSHN 702 Dissemination & Implementation Science for Health & Well-being	3 Electives	WSHN 797 Health & Well-being Project 2 Electives
WSHN 701 Health and Nutrition Education & Evaluation	Emphasis 1 WSHN 710 Health Risk Identification & Management OR Emphasis 2 HLTH 710 Health Care Economics & Policy		OR
Statistics (choose from 3)			WSHN 790 Health & Well-being Thesis 1 Elective
	Elective		
Program Total 33 credits			

Program Electives - Emphasis 1

College of Health Sciences & Technology

EXSC-650 Exercise Physiology
EXSC-690 Exercise Science Research
NUTR-610 Integrative Approaches to Health
NUTR-650 Community Nutrition
NUTR-654 Life Cycle Nutrition
PHYA-729 Clinical Epidemiology
WSHN-600 Principles & Practices of Health Education
WSHN-799 Independent Study

College of Applied Sciences & Technology

SERQ-710 Evolving Contexts in Service
SERQ-712 Breakthrough Thinking, Creativity, & Innovation

College of Liberal Arts

PSYC-713 Graduate Developmental Psychology
PSYC-716 Graduate Social Psychology

College of Science

STAT-672 Survey Design and Analysis

Program Electives - Emphasis 2

College of Health Sciences & Technology

HLTH-706 Leading Health Systems I

HLTH-725 Healthcare Strategic Marketing & Communication

HLTH-730 Health Care Financial Management I: Basic
Principles & Practices

HLTH-737 Lean-Sigma in Health Care

HLTH-746 Leading Health Systems II

WSHN-799 Independent Study

Saunders College of Business

MGMT-800 Leadership Development Skills I

MGMT-801 Leadership Development Skills II

MKTG-761 Marketing Concepts & Commercialization

MKTG-772 Marketing on the Internet

College of Applied Sciences & Technology

HRDE-710 Foundations in Human Resource
Development

HRDE-733 Instructional Design & Technology in
Human Resource Development

SERQ-710 Evolving Contexts in Service

SERQ-712 Breakthrough Thinking, Creativity, &
Innovation

SERQ-730 Project Managements in NFP

SERQ-735 Data Mining in NFP

School of Individualized Study

BUSI-710 Project Management

College of Science

STAT-672 Survey Design & Analysis

Contact

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