MEN'S CROSS COUNTRY

The 2008 men's cross country team enjoyed two second place finishes, at both the SUNY Oswego Invitational and the Empire 8 Championships.

Senior Mike Brindak enjoyed a tremendous season, coming in as RIT's top finisher in three of the nine races. Brindak placed fifth out of 89 runners at the NYSCTC Championships and posted the second best time on the team for the 8,000-meter run. Brindak garnered All-Empire 8 First Team honors.

Freshman Mike Kurvach proved to be a stand-out from the start. He held the top time for the 6,000-meter run on the team and was named RIT's Athlete of the Week for the week ending September 14.

Sophomore Zach Miller was a strong contributor, with top finishes in both the University of Buffalo and SUNY Albany Invitational races. He garnered second team All-Empire 8 honors.

Sophomore Jon Grossman, along with freshmen William Craig, Yigor Vinogradov, Kevin Corrigan and Tom Benner provided strong competition and will be valuable assets in the future.

WOMEN'S CROSS COUNTRY

The 2008 women's cross country team was dominated by various runners. The team posted an impressive second place finish at the Empire 8 Championships, as well as a strong fifth place showing at the NYSCTC Championships.

Sophomore Jon Grossman, along with freshmen William Craig, Yigor Vinogradov, Kevin Corrigan and Tom Benner provided strong competition and will be valuable assets in the future.

WOMEN'S CROSS COUNTRY

The 2008 women's cross country team was dominated by various runners. The team posted an impressive second place finish at the Empire 8 Championships, as well as a strong fifth place showing at the NYSCTC Championships.

Freshman Erin LaFave was a stand-out runner. LaFave recorded the top times for both the 5,000- and 6,000-meter runs on the team, and earned seven top finishes for RIT. She had a notable finish at the SUNY Geneseo Invitational, where she came in sixth out of 199 runners. LaFave garnered first team All-Empire 8 honors.

Sophomore Arielle Januszkiwicz was close behind LaFave, holding the top time for the 4,500-meter race on the team and the second best time for the 5,000- and 6,000-meter races. She was a second team All-Empire 8 selection.

Other strong competitors included junior Samantha Hawn and sophomores Abby Aker and Jillian Putney. Hawn was a second team All-Empire 8 selection.

MEN'S SOCCER

The RIT men's soccer team was forced to deal with several early season injuries. Many new faces received ample playing time as the year progressed, as the Tigers finished 6-4-1 over their last 11 games.

Sophomore midfielder/back Bret Dietz started in every game for the second straight season and was second on the team in scoring, tallying 12 points with five goals and two assists. Dietz proved to be valuable during the last stretch of the season, when he scored three goals (two game-winners) in the last two games, and five goals over the final five games. Dietz, a team captain, was named to the 2008 CoSIDA/ESPN the Magazine Academic All-American All-District Team.

Up front, sophomore Dan Holowaty continued to carry the load offensively, leading the team in scoring for the second straight season. He tallied 13 points on six goals and an assist. Freshman standout Bobby Bullard also added offense, with 10 points on four goals and two assists.

In the midfield, Jeff Diaz, an All-Empire 8 second team selection for the second straight year, recorded one goal and four assists for six points. Diaz, Dietz, seniors Endri Kita and Casey Rathbone, sophomores Allen Nicholson and David Vogt and newcomer Ryan Guist led the way.

On the defensive end, juniors John Braswell and Jake Yates, as well as sophomore Kyle Grimaldi, led a group that allowed just 20 goals in 17 games.

In goal, Alan Smith played all but one game, recording 84 saves, a 1.12 goals against average, and .832 save percentage in his senior season. He tallied five shutouts, and was named Empire 8 Goalkeeper of the Week on Sept. 21. Smith finished his RIT career with 19 wins, tied for sixth most all-time at the Institute.

Freshman goalkeeper Eric Koop shows great promise for the future. Koop recorded two wins on the season for RIT.

Ten different Tigers scored at least one goal this season, while 14 players had at least one point.

WOMEN'S SOCCER

The RIT women's soccer team closed the 2008 season with a third place finish in the Empire 8. The Tigers advanced to the semifinals of the Empire 8 tournament, and played in the ECAC Upstate Championship game.

Senior Emily Traversi had an impressive season, tallying 11 goals, fifth most in one season at RIT. She tallied 25 points and closed her career with a total of 59, putting her third all-time at RIT. On Oct. 22, Traversi tallied RIT's first hat-trick in five years against Alfred. She was a second team Empire 8 All-Conference selection and was a RIT Athlete of the Week. Traversi was also named to the 2008 CoSIDA/ESPN The Magazine Academic All-District Team.

Senior Erica Main tied for second on the team with four goals and tallied a total of nine points to finish her career with 33 points, ranking twelfth all-time at RIT.

Junior midfielder Ashley Pezze had...
a break-out season. She had career-bests in points (10), goals (4) and assists (2). Two of her four goals were game-winners. Pezze garnered All-Empire 8 honorable mention accolades and was a RIT Athlete of the Week.

**VOLLEYBALL**

The RIT volleyball team finished fourth in the Empire 8, and had a handful of student-athletes reach milestones throughout the season.

Seniors Nichole Boxler and Kate Gleason, as well as junior Vic Petko, led the team, each playing in all 161 games.

Boxler, a setter, tallied an impressive 1,281 assists along with 297 digs, 112 blocks and 138 kills. She closed her career fourth all-time at RIT with 4,258 assists and earned honorable mention accolades from the Empire 8 for the second consecutive year.

Gleason, a defensive specialist, tallied 436 digs and led the team with 65 service aces. Gleason was a RIT Athlete of the Week, and garnered Empire 8 Volleyball Sportsperson of the Year honors.

Petko, a middle-hitter, tallied 545 kills on the season and became the 12th player in the history of RIT volleyball to record 1,000 career kills. Petko also totaled 144 blocks to add to a career total of 485 and was a RIT Athlete of the Week selection.

Senior Sara Paduano went 9-7 on the season and was 6-2 in Empire 8 contests. Francisco and Joanna Cash each won five of their conference matches, while junior Alexis Stanley was 6-2 in conference play. The second doubles duo of Stanley and senior Kseniya Klyachko posted a 4-0 record in conference play.

Five Tigers, including Francisco, Cash, Paduano, Stanley and Berg, earned All-Conference honors.

**WOMEN’S TENNIS**

The RIT women’s tennis team enjoyed a very successful 2008 season. The Tigers posted an impressive 7-1 record in Empire 8 conference play, and went 9-4 overall.

The Tigers entered the post-season by defeating Nazareth in the Empire 8 semifinals, and placed second in the Empire 8 conference for the first time since 2000.

The Tigers welcomed the addition of five newcomers, including sophomore transfer Amanda Berg, who was named the Empire 8 Player of the Year, a season after earning New Jersey Athletic Conference Rookie of the Year honors. She recorded a 15-3 record in singles play, going 8-0 in the conference, and teamed up with senior Brianne Francisco to hold a 13-4 record in doubles. Berg, as well as freshman Lindsey Gibson, who competed in four matches and went 3-1, will be strong assets next year.

Senior Sara Paduano went 9-7 on the season and was 6-2 in Empire 8 contests. Francisco and Joanna Cash each won five of their conference matches, while junior Alexis Stanley was 6-2 in conference play. The second doubles duo of Stanley and senior Kseniya Klyachko posted a 4-0 record in conference play.

Five Tigers, including Francisco, Cash, Paduano, Stanley and Berg, earned All-Conference honors.
Both the RIT men's and women's crew teams enjoyed successful 2009 seasons. All five RIT entries, three men's boats and two women's boats, advanced to the grand final for the first time in program history at the 19th Annual New York State Collegiate Rowing Championships. There were several highlights for both teams throughout the year.

The women's team boasted a talented young roster. The varsity four won the silver medal at the New York State Championships. The line-up featured coxswain Hannah Westall, stroke Alli LaChance, three seat Ashley Pastor, two seat Deb Howell and bow Alex King. In addition, the varsity four earned a gold medal at the 20th annual Head of the Genesee Regatta on Oct. 12.

The Tigers' novice eight, powered by coxswain Eileen Kobal, stroke Ariel Leitao, seven seat Erin Mooney, six seat Erica Gantz, five seat Kristina Lozar, four seat Allison Doster, three seat Anne Wapshare, two seat Emily Burns and bow Samantha Whalen, won a bronze medal at States. The novice eight recorded five straight wins in March and April, defeating Hamilton, WPI, William Smith, Tufts, Army, Marist, Rochester and Ithaca.

Men's Crew continued its run of success in the fall season and into the spring with several top finishes. On Sept. 22, the men's varsity eight defeated a number of Division I boats at the Head of the Charles to finish eighth out of the 38 boat field. The following weekend, the boat placed fourth overall at the Head of the Fish.

The Tigers' varsity eight, made up of coxswain Dan Knorr, stroke Cameron Staunch, seven seat Kevin Macksamie, six seat André Jarreau, five seat Justin Dixon, four seat Drew Lawlor, three seat Brett Fritzsch, two seat Spencer Trafton and bow Chris Guerra finished fifth in the State.

RIT's varsity four consisted of coxswain Alyssa Mulholland, stroke Bryan Abbott, three seat Stu Burgess, two seat Jason Gallant and bow Bryce Salmi. The varsity four won the gold medal at the 20th annual Head of the Genesee Regatta on Oct. 12. During the spring season, the varsity men won races against St. Lawrence, Skidmore, Rochester and Hamilton.

RIT's novices made big strides as the spring season progressed and turned in a strong showing at the New York State Championships to advance to the grand final and win a bronze medal. The Tigers' line-up featured coxswain Cole Bowden, stroke Matthew Hesselink, seven seat Evan Martin, six seat Evan Morehead, five seat Mark Menzenksi, four seat John Pagano, three seat Ben Kaiser, two seat Anthony Castaneda and bow Mike Kitson.

The 2008-09 RIT men's hockey team enjoyed its best season as a Division I program, setting school records with 23 wins, and an 11-game winning streak. RIT earned a share of the 2009 Atlantic Hockey Regular Season championship for the second time in three seasons.

Offensively, RIT finished second in the nation in goals per game (3.89). In addition, the Tigers led the nation with 12 shorthanded tallies.

RIT enjoyed unparalleled scoring depth, with six players scoring at least 30 points, nine with at least 20 and 15 in double figures. Seven Tigers scored at least 10 goals.

For the second straight season, RIT, seeded second in the AHA play-offs played Holy Cross in the best-of-three Atlantic Hockey Quarterfinals.

RIT's three captains, seniors Brennan Sarazin and Bobby Raymond, along with junior Dan Ringwald, were key to RIT's success this season.

Sarazin enjoyed a tremendous season for the Tigers, leading the team with 19 goals and 42 points in 38 games. He earned All-Atlantic Hockey Association first team accolades.

Raymond, a strong offensive and defensive defenseman, garnered All-Atlantic Hockey second team honors.

Ringwald equaled his stats from 2007-08, with 34 points on three goals and 31 assists. He finished second nationally among all defensemen with 31 assists to earn All-Atlantic Hockey first team honors.


The freshman duo of Tyler Brenner and Cameron Burt were two of the highest scoring rookies in AHA and Division I. Brenner was tied for third among all Division I rookies with 35 points, while Burt was right behind with 30 points. Brenner was named to the AHA All-Rookie Team, while Burt was a two-time Rookie of the Week selection.

The line of Anton Kharin, Stevan Matić and Brent Alexin continued to fill the role as RIT’s top defensive forwards, while serving as dangerous offensive threats. Kharin recorded 12 goals and 21 points. Both Matic and Alexin were excellent on the penalty-kill. Alexin led the squad with three short-handed markers, while Matic scored two.
Sophomores Tyler Mazzei and Mike Janda along with freshman Taylor McReynolds provided excellent energy, hard work, toughness and clutch goal scoring as the season progressed.

On defense, Alan Mazur, the 2007 Atlantic Hockey Rookie of the Year, scored eight goals and 16 assists for 24 points in 35 games.

Senior Justin Hofstetter completed a tremendous, four-year career, tallying 15 points (4-11-15) and playing at a plus-11 level this season.

The freshmen trio of Chris Haltingin, Trevor Eckenswiller and Daniel Spivak all logged important minutes and enjoyed immediate success. Haltingin was an Atlantic Hockey Rookie of the Week, while Spivak was a plus-9 in 16 games, and Eckenswiller played in 29 games.

In goal, the tandem of senior Louis Menard and junior Jared DeMichiel split time evenly. DeMichiel finished 13-6-0 with a 2.70 goals against average and .905 save percentage. He was a two-time Atlantic Hockey Goaltender of the Week. Menard was 8-2-2 in Atlantic Hockey Association play and finished his collegiate career as the all-time leader in games played (68) and wins (39) at the Division I level for RIT.

WOMEN’S HOCKEY

The 2008-09 RIT women’s hockey team completed perhaps its finest season in the program’s history, finishing with a 21-3-2 mark. The Tigers were ranked as high as second in the nation, its highest ranking in program history.

RIT enjoyed instant success, defeating Division I Robert Morris in the season opener. RIT also played well against nationally-ranked teams, going 3-3-1, including a dominant 4-1 win over 2009 National Champion Amherst, a dramatic 2-1 overtime win over 2007 and 2008 champion SUNY Plattsburgh and a 4-2 win over perennial power Middlebury.

Head Coach Scott McDonald was named the 2009 ECAC West co-Coach of the Year. He became the first coach in the 32-year history of the program to win 60-plus games in his first three seasons.

Sophomore forward Sarah Dagg and freshman defenseman Erica Owczarczak became RIT’s fifth and sixth All-Americans. The duo were named 2009 RBK Women’s Hockey Division III second team All-Americans.

Dagg led the Tigers in scoring with 40 points on 16 goals and 24 assists. Her 40 points were the fifth most in all of Division III. She was also an All-ECAC West second team selection.

Owczarczak, an All-ECAC West second team selection, recorded eight goals and 11 assists from the blueline. In addition, Owczarczak was named to the ECAC West All-Rookie Team.

The senior trio of Keltie Jones, Lindsay Littman and Sandra Grant helped the Tigers become a perennial power. Jones, a co-captain along with fellow senior Dayna Birch, was third nationally with 26 assists in 2008-09. Jones was an All-ECAC West second team selection. Littman, a steady defenseman, chipped in with 12 points. Grant enjoyed another stellar season in goal, finishing with a 14-3-2 mark to go along with a 2.00 goals against average and .916 save percentage. She was an All-ECAC West second team selection.

RIT’s scoring depth was evident all season, as four Tigers recorded at least 30 points and 15 were in double digits.

Sophomore forwards Katie Stack and Amanda Klassen enjoyed tremendous success. Stack led the nation with five shorthanded goals and paced RIT with 17 tallies. She was an All-ECAC West second team selection. Klassen recorded 30 points in 25 games.

Freshman Ali Hills was named to the ECAC West All-Rookie Team after scoring 11 goals and 20 points. Sophomore Kylie Mazzetta emerged as a go-to scorer, finishing with 13 goals, four of which were game-winners. Juniors Missy Hall and Kelley Prom enjoyed excellent seasons as strong, two-way forwards. Freshmen Megan Kobar and Maggie Giamo showed flashes of brilliance.

In addition to Owczarczak and Littman, defensemen Traci Galbraith, Megan Geypens, Shireen Irani and Jamie Parhar played in all 26 games, giving RIT an imposing presence. Galbraith earned All-ECAC West honorable mention accolades and led all Tiger defensemen with 20 points. Geypens added 18 points and became the sixth Tiger to reach 100 career points.

Freshman netminder Amy Torgerson picked up five wins in five starts and will be counted on to lead the way in 2009-10.

RIT led the nation in goals scored per game (4.81) and shorthanded goals (11). The Tigers were also among the national leaders in power-play percentage, penalty killing, penalty minutes, scoring margin and winning percentage.

MEN’S BASKETBALL

The 2008-09 RIT men’s basketball team enjoyed its most successful season of the decade, winning the Empire 8 Championship and advancing to the NCAA Tournament for the first time since 2000. The Tigers started off 11-0 in Empire 8 play and finished the season with a 19-9 mark.

Head Coach Bob McVean, in his 26th season at RIT, recorded his 400th career win with the Tigers on Feb. 28 in the Empire 8 semifinal against Utica. He is now 401-277 at RIT.

Senior center Mark Carson was named a NABC (National Association of Basketball Coaches), d3hoops.com and Basketball Times third team All-American. In addition, he was named to both the NABC and d3hoops.com East Region first teams. Carson also earned All-Empire 8 first team honors and was the MVP of the Empire 8 Tournament. He was also named a CoSIDA/ESPN The Magazine Third Team Academic All-American and was a first
team All-Region selection.

Carson finished the season tied for the most rebounds (396) in one season at RIT, along with the seventh most points (544). Carson recorded 25 double-doubles in 28 games this season and at least 10 boards in 27 games and at least nine in all 28 games. Carson led the country with 14.1 boards per game this season. Carson finished his RIT career with 1,077 points, 17th most all-time at the institute. His 822 rebounds are second most all-time at RIT.

Six Tigers averaged at least seven points per game. Juniors Scott Young and Adam Sweet stepped up and played in all 28 games. Young finished second on the team, averaging 11.4 points per game. His 73 made 3-pointers were the fourth most in one season at RIT. Sweet, a co-captain, scored in double figures 12 times. He averaged 7.9 points per game.

Sophomore guards Nate Korinchak and Shawn Roe stepped up in a big way. Korinchak, averaged 8.1 points per game, led RIT with 4.0 assists and 1.9 steals per game. He also was second with 4.5 boards per game. Korinchak earned a reputation of hitting big shots, as he drilled a game-winning buzzer beater from half-court to beat previously undefeated Ithaca. Roe averaged 11 points per game during the second half of the season and emerged as a dangerous outside shooter. He led RIT by shooting 43 percent from 3-point range.

Freshman combo guard Marcus Lowe averaged 7.2 points per game and led RIT by shooting 85 percent from the foul line. He was a two-time Empire 8 Rookie of the Week. First-year forward Brendan Harder also gave RIT key minutes down the stretch. Harder shot 50 percent from the field and 79 percent from the line. He was named an Empire 8 Rookie of the Week.

Sophomore Matt Rebisz was RIT’s recipient as the Empire 8 Sportsperson of the Year. The group of juniors Randy Muldrow, Obi Ukachukwu, sophomores Matt Rebisz, Marcel Malafaia and freshmen Justin Heisig, Dan O’Brien, Clayton Gray and Cody MacPherson provided the Tigers with solid minutes and will be expected to see more time next season.

WOMEN’S BASKETBALL

Despite having just nine players, including five freshmen on the active roster for most of the season, the 2008-09 RIT women’s basketball team played with maximum effort, night in and night out and defeated nationally-ranked and 2009 NCAA participant Stevens on Feb. 13.

Under the tutelage of first-year Head Coach Amy Reed, the Tigers opened with three wins in their first seven contests.

Several new faces contributed, none more so than freshman Sharon Dennis. Dennis earned d3hoops.com East Region and Empire 8 Rookie of the Year honors. She was also an All-Empire 8 first team selection and garnered All-East Region second team accolades. Dennis was a six-time E8 Rookie of the Week.

Dennis led the team in nearly every offensive category. She averaged a team-best 15.5 points per game and led the Empire 8 in rebounding (12.8 boards per game) and blocked shots (3.9 blocks per game). She ranked seventh and fifth, respectively, in those categories in all of Division III. Her 85 blocks are a single-season RIT record.

Junior guard Danielle Furman continued her strong play, averaging 11.9 points and 4.1 assists per game. She broke the school record with 123 made 3-pointers.

Senior captain Kelly Votolato enjoyed a solid final season, playing in all 25 games and setting career-highs in every category. The freshman foursome of Charley Scott-McGrail, Anne Wapshare, Tara Holaday and Audrey Mincey provided tremendous work ethic, clutch shooting and tough defense for the Tigers.

Scott-McGrail played in all 25 games and hit the game-winning lay-up with six seconds left to defeat Stevens. She was a two-time Empire 8 Rookie of the Week.

Wapshare was RIT’s third leading scorer, averaging 7.1 points per game. She was the lone Tiger to start all 25 games.

Holaday and Mincey were two of RIT’s fiercest defenders.

Sophomore Jasmine Maisonet played in 10 games before suffering an injury.

The RIT wrestling squad enjoyed an excellent 2008-09 season, with junior Mike McInally and senior Luke Baum becoming the first Tigers to earn All-American honors since Pat North did so in 2003. RIT had its second best finish in school history at the NCAA Championships, finishing 12th out of 62 schools.

Most importantly, the Tigers excelled in the classroom, compiling the second highest grade-point average (3.51) among all Division III wrestling squads, earning a National Wrestling Coaches Association Academic All-American honor.

McInally nearly became RIT’s first national champion since Matt Hamill in 1999, finishing second at 125 lbs. in the NCAA Championship. McInally finished the season with a sparkling 35-2 record and is 103-18 all-time at RIT. He was ranked as high as third in the nation during the season and won his first 31 matches of the season. McInally was named the ECWC Wrestler of the Year. McInally was the only Division III wrestler to win at the New York State Championships.

Baum, a senior, became the all-time leader in career wins at RIT with 146 and broke his own school record with 42 wins this year. He earned a fifth place finish at the NCAA Championships in the 141 lb. weight class and was the Most Outstanding Wrestler of the Empire Championships. Baum also earned NWCA Academic All-American honors, was a two-time Empire Conference Wrestler of the Week and won the John Summa Invitational. He finished his stellar career with a 146-48 mark.

Junior Jason Wake, who wrestled primarily at 165 lbs., finished the year with a 31-9 record. He was 12-3 in dual meets during the year and was a RIT Male
Athlete of the Week. He was a NWCA Academic All-American and was victorious at the John Summa Invitational.

Senior Nick Ryan chipped in with 18 wins, wrestling at 174 lbs. for RIT. He earned a fourth-place finish at the season opening Ithaca Invitational.

Sophomore Stephan Avorkliya showed flashes of brilliance wrestling at 197 lbs. and the heavyweight position, finishing with 16 wins and seven pins. Fellow Sophomore Zach Feodor led the team with eight wins via pin. He recorded 10 victories in 2008-09.

Sophomores Sean Burrington, Evan Williams, Adam Hugunine, Kyle Travers, along with freshmen John Durfee, Ben Johnstone, Adam Wallander and Shin Wakabayashi gained tremendous experience as the year went on.

MEN’S SWIMMING AND DIVING
The men’s swimming and diving team enjoyed a solid 2008-09 season, with several athletes excelling at various events throughout the year. The Tigers team won six of ten dual meets and finished eighth in the state championships.

RIT was led by a trio of standout swimmers: Phil Baudoin, a senior, and juniors Casey Schneider and Steve Rois. Baudoin recorded a top time of 53.21 seconds in the 100-yard butterfly. He won four times at that distance during the season, his best event. Overall, he earned 14 first-place finishes in nine different events.

Schneider also won 14 races. He flourished in the 50-yard freestyle, where he was victorious five times during the season. Schneider posted his best time of 21.72 seconds in the state championships. He also had great success in the 200-yard medley relay and the 100-yard freestyle.

Steve Rois enjoyed a tremendous junior season with four top-10 finishes at the state championships. He broke a 25-year-old school record, with a time of 1:42.57 in the 200-yard freestyle. Rois also finished fifth in the 500-yard freestyle, an event he won four times during the year. Rois rounded out his stellar season with a sixth place showing in the 800-yard freestyle with a time of 7:10.26.

Sophomore Evan Wendl was the Tigers best diver of 2008-09. He won 15 different events. Wendl took both the 1- and 3-meter events in six of the Tigers’ ten dual meets. He was fourth at the state championships.

Junior Stephen Berus won eight events during the season, four times in the 200-yard breaststroke.

Junior Greg Pilgrim finished first in six events for the Tigers in 2008-09. Freshman Kevin Christiansen also won six events during the season, excelling in the 200-yard medley relay and 100-yard backstroke.

Several swimmers also won multiple events for RIT throughout the season, including A.J. Broderick, Casey Burns, Brian Duffy, Brendan Galinn, Adam Giblin, Ryan Marchant, and Frank Zelinger.

WOMEN’S SWIMMING AND DIVING
The RIT women’s swimming and diving team had a respectable 2008-09 season, with several swimmers competing at very high levels. As a team, The Tigers won five of 11 dual meets.

Caitlyn Burr had a fantastic junior season to lead the way for RIT. She became RIT’s first All-American since 1993 by earning honorable mention accolades in the 200-yard butterfly and 200-yard individual medley at the NCAA Division III Swimming and Diving Championships.

Burr won three individual titles at the 2009 UNYSCSA state championships and was named the Swimmer of the Meet.

Burr set the sixth fastest time in the nation this season in the 200-IM (2:05.64), ninth fastest in the 200-butterfly (2:05.65), and 12th fastest time in the 100-butterfly (56.71). She was named Empire 8 Swimmer of the Week five times in 2008-09. She currently holds seven individual and five relay records at RIT. Eight of her 12 records were improved upon this year. Overall, Burr won 38 events in 2008-09, and took at least one race in each of RIT’s 11 meets.

The team was bolstered by several standout performers throughout their roster.

Freshmen swimmers Sara Kucsan and Rachel Lorenz each had 18 first-place finishes on the year. At the state championships, Kucsan, Lorenz, Burr, and senior Angie Palomaki combined to finish fifth in the 200-yard freestyle relay in 1:40.48, breaking the previous school record by three-hundredths of second. The same foursome placed ninth in the 400-yard freestyle relay with a time of 3:37.73, just missing the school record. Kucsan, Lorenz, and Burr joined forces again, this time with freshman Kersia Hopson, to place ninth in the 200-medley relay, clocking in a school-record 1:51.85.

Angie Palomaki had a very strong senior year, winning 11 events throughout the season.

Sophomore Cat Jones was RIT’s top diver, winning ten events during the season, five at both one and three meters. Jones finished second in the state championships in the one-meter event.

A number of swimmers pitched in with multiple victories for RIT, including Courtney Schwarting, Colleen Davis, Nicole Mallory, and Emily Rapchick-Weidman.

MEN’S TRACK AND FIELD
The men’s track and field team enjoyed a very successful season, finishing second at both the Empire 8 and NYSSCTC Indoor Championships. The team also finished with an impressive third place finish at the ECAC Championships, its highest finish in that event. RIT was second in the Empire 8 Outdoor Championships and fourth at the 2009 NYSSCTC Championships.

Senior Michael Hardbarger finished his final indoor season with a trip to the NCAA Indoor Championships, earning...
All-American honors in the mile run. Earlier in the year, Hardbarger broke his own school record in the mile, with a time of 4:10.70. He was named Empire 8 Track and Field Athlete of the Week four times over the season, and was named Empire 8 Track Athlete of the Year. He has a chance to compete in the NCAA Outdoor Championships in the 1,500-meters.

Senior Tim Wesley also competed in the NCAA Indoor Championships. He threw a school record 15.82 meters at the ECAC Championships. He is in contention to throw in the NCAA Outdoor Championships as well.

Sophomore Roman Drymalski had a very successful first season with the Tigers. He jumped as high as 1.99 meters during the season, and was named the Empire 8 Indoor Track and Field Rookie of the Year.

Senior Matt Joseph set a school record in the pentathlon, finishing second at the NYSCCTC Championships. In the spring, Joseph had a handful of excellent finishes in the decathlon and is expected to compete at the NCAA Outdoor Championships.

Senior Jared Burdick was a standout distance runner. He won the 3000-meter race at the NYSCCTC Championships with a time of 8:41.33, a season best.

Sophomore Brian Walker was victorious in the weight throw at both the Black and Orange Invitational and the University of Rochester Snowflake Invitational.

Freshman Christopher Libera was a strong competitor in the long jump, finishing first at the Empire 8 Championships, with a season best jump of 6.82 meters.

Sophomore Matt Marion provisionally qualified for the NCAA Outdoor Championships, winning the 400-meter hurdles at the NYSCCTC Championships.

The 4x400-meter relay team of Marion, Brecht Moulin, Jonathon Sealander, and Devin Strehle dominated the competition, breaking a 30-year old school record on May 9 at St. Lawrence and provisionally qualifying for the NCAA Championships with a time of 3:16.33. The group finished first at the NYSCCTC Championships, St. Lawrence Invitational and Empire 8 Championships, among others.

The 4x800-meter relay team of Mike Kurvach, John Holleran, Zach Nelson, and Hardbarger won the Kane Invitational with a time of 7:54.96, just shy of the school record.

The 4x200-meter relay team of Anthony Schiavone, Strehle, Sealander, and Moulin set a new school record with a time of 1:33.30 at the RIT Invitational.

Senior Dereck Bojanowski, 2008 NCAA participant, enjoyed a great indoor and outdoor season.

WOMEN’S TRACK AND FIELD
The RIT women's track and field team has enjoyed successful indoor and outdoor seasons. During the indoor season, RIT placed second at both Empire 8 Championships.

Junior Jamie Morey was an All-Empire
8 first team selection in the shot put, and second team in the weight throw at the Empire 8 Indoor Championships. She was an All-Empire 8 first team selection in the hammer throw during the spring season.

Samantha Mitchell was an All-Empire 8 second team selection in both the 55 and 200-meters this indoor season. She garnered a handful of Empire 8 outdoor accolades in the 100- and 200- meter and 4 x 100 meter relay.

Erin LaFave enjoyed a successful freshman season, earning All-Empire 8 first team honors in the 5,000 run with a time of 19:06.68.

Freshman Carol Melice was an All-Empire 8 second team selection in the pole vault with a 3.10m leap.

At the indoor championships, the 4 x 400-meter relay team of Joanna Dobeck, Jillian Putney, Nicole Varble, and Abby Arday, earned first team honors with a time of 4:12.13.

RIT’s 4 x 400-meter and distance relay teams each finished second to earn All-Empire 8 second team honors in the winter.

During the outdoor season, Caitlyn Peterson, Arday, Allison Dupra, Kat Springate and Varble, along with Mitchell, Putney, Varble, Morey and Lindsay Clark garnered All-Empire 8 honors.

WOMEN’S LACROSSE
The 2009 RIT women’s lacrosse team enjoyed its most successful season in program history, winning 13 games and were one win away from advancing to its first NCAA Tournament. The Tigers finished 7-1 in Empire 8 play, won eight straight games and set numerous team records.

The Tigers advanced to the Empire 8 Championship game and defeated perennial powers Nazareth and Ithaca for the first time in program history. RIT received balanced scoring all season, as 10 players tallied at least 10 points and three players scored at least 30 goals.

Senior goalkeeper Kelsey Evans was named the Empire 8 Goalkeeper of the Year for the third straight season. She allowed just 8.38 goals per game and recorded a .594 save percentage, second best in Division III. Evans made 215 saves and was an All-Empire 8 first team selection for the third straight year. She is RIT’s all-time leader in virtually every goalkeeping category.

Junior midfielder Ashley Pezze enjoyed a tremendous all-around season, leading the team offensively with 38 goals and 48 points. She also led the way defensively, with 73 ground balls, 48 draw controls and 32 caused turnovers. Pezze earned All-Empire 8 first team honors.

Senior defender Jerica Young earned All-Empire 8 honors for the second straight season. She harassed opponents all season long, causing 28 turnovers to go along with 47 ground balls.

Midfielder Dani Previ was an All-Empire 8 second team selection after recording 36 goals and 43 points. She became the eighth player in the history of the RIT
women’s lacrosse program to surpass 100 career points.

Junior attack Eileen Hennigan tallied her third straight 30-goal season, finishing with 33 tallies. She has 108 career goals, second most all-time at RIT.

Senior Kelsey Evans

Junior midfielder Allyson Pisher earned All-Empire 8 honorable mention accolades after scoring 17 goals and scooping up 48 ground balls.

Sophomore Nadia Pasicznyk stepped up to tally 22 goals and 30 points, while newcomers Allie Coppola, Megan Henriksen, Rebecca Lampson, Kim Hunt and Tina Podrasky chipped in with big offensive performances. Coppola led the team with 11 assists and added 18 goals, while Henriksen came on late in the year to finish with 15 goals and 24 points. Lampson had 10 goals and a team-best 11 assists, while finishing with 36 ground balls and 34 draw controls. Hunt recorded 14 points and 22 ground balls.

On defense, sophomores Sarah Frisicano and Brittany Vakiener, along with Henriksen and senior Cecilia Enestrom stepped up in a big way. RIT’s defense was among the national leaders in fewest goals allowed per game. Frisicano caused 19 turnovers and was consistently among the top defenders in the Empire 8. Henriksen caused 20 turnovers with adding 39 ground balls and 22 draw controls. Enestrom added grit and athleticism.

MEN’S TENNIS

The 2009 RIT men’s tennis team enjoyed a tremendous late-season run, winning eight straight matches to earn a third place finish in the Empire 8. The Tigers finished the season with a 9-4 mark, most wins since 2005. During the eight-match winning streak, which ran from March 31 and ended on May 2, RIT out-scored its opponents 64-8.

Jose Guzman finished his collegiate career in fine fashion, earning All-Empire 8 first team honors in singles and was a second team doubles selection. Guzman finished the season with a 6-6 record at first singles. Guzman and freshman Enestrom added grit and athleticism.

Clayton Tontarski were 7-6 at first doubles. The duo won five straight doubles matches in April.

John Traver, an All-Empire 8 second team singles selection, was named the Empire 8 Player of the Week and RIT Male Athlete of the Week on April 13. Traver was 7-5 at second singles and teamed with freshman Adam Wolf to finish 7-5 at second doubles. The duo won seven straight doubles matches from March 31 to May 2.

Senior Mauricio Pommier was RIT’s representative as the Empire 8 Sportsperson of the Year.

The Tigers received a large boost from its freshman class. First-year standouts Tontarski, Wolf, Max Bogue and Larry Hall all played significant roles in the success of the squad. Tontarski, an All-Empire 8 second team doubles selection, was 8-4 at third singles. Bogue recorded an 8-5 mark at fourth singles, while Wolf recorded a team-best nine wins, playing primarily at fifth and sixth singles. He was also a second team all-conference selection in doubles. Hall played third doubles with junior John Albers and the duo teamed for nine wins, most on the team.

SOFTBALL

The 2009 RIT softball squad enjoyed its first winning season since 2005, posting a 19-18 record, while advancing to the Empire 8 Tournament. The Tigers used a 13-2 tear over 15 games late in the season, including a dramatic 1-0 win in a program record 16 innings over top-seed Ithaca in the Empire 8 Tournament.

Despite having just one senior and junior on the roster, the Tigers improved greatly as the year progressed and are primed for great success in 2010. RIT’s top four hitters were sophomores, while a sophomore and three freshmen anchored the pitching staff in 2009.

Sophomore shortstop Emily McPherson, the 2008 Empire 8 Rookie of the Year, enjoyed an even greater season in 2009, breaking the single-season RIT record for home runs with eight. McPherson led the team in batting average (.413), hits (50), runs scored (29), doubles (9), triples (2), total bases (87), slugging percentage (.719) and on-base percentage (.433). McPherson earned 2009 All-Empire 8 first team honors.

Sophomore pitcher/utility player Carlissa Cole enjoyed a tremendous season on the mound and at the plate. Cole finished 13-11 on the mound with a 1.77 earned run average in 170.1 innings to earn All-Empire 8 second team honors. At the plate, Cole led the Tigers with 27 runs batted in, while hitting five home runs and batting .323. On May 1, Cole had one of the best pitching performances in the history of the RIT softball program, throwing 16 scoreless innings to lead the Tigers to a 1-0 win over Ithaca.

Catcher Lisa Fronczak enjoyed an excellent first season with the Tigers, hitting .326 with nine doubles, one home run and 17 runs batted in to earn All-Empire 8 first team honors. On April 25, Fronczak set a Tiger record with 11 total bases, leading RIT to a 12-8 win over Utica.

Junior outfielder Jen Hayden was an All-Empire 8 second team selection, while
senior outfielder Jenna Mausolf was RIT’s representative as the Empire 8 Sportsperson of the Year.

Jessica French solidified the Tigers at first base and chipped in with two homers and 19 runs batted in, while recording a .981 fielding percentage. Katie Fitzpatrick gave the Tigers strong outfield defense and chipped in with some timely hits.

Freshmen Allee Emmi, Shannon McCormick, Michelle Tabisz, Sarah Hamel and Mary Medino enjoyed solid debut seasons. Emmi started at second base and led the team with 10 sacrifice hits. Tabisz became the starter at third base and chipped in with clutch play late in the season. McCormick, a blazingly fast outfielder, stole seven bases in eight attempts.

Hamel and Medino enjoyed success on the mound.

MEN’S LACROSSE

The 2009 RIT men’s lacrosse team won 10 games for the fourth straight season and earned wins against nationally-ranked foes Ithaca and Stevens, and defeated Adelphi, a Division II program. The Tigers opened the season with five straight wins.

Despite fielding one of its youngest teams, the Tigers had incredible balance, as 11 players scored in double figures. Ten of the 11 were underclassmen. Six Tigers earned All-Empire 8 honors, while three players were named to the second annual Graph-Tex Division III New York State All-Region Team.

Defensively, the duo of junior transfer Dan MacRae and sophomore long-stick midfielder M.J. Kiekebelt led the way. MacRae earned All-Empire 8 and Graph Tex New York State first team honors in 2009. He led RIT with 89 ground balls and 46 caused turnovers. Kiekebelt finished third on the team with 69 ground balls to go with 36 caused turnovers. Kiekebelt also earned 2009 All-Empire 8 and Graph Tex New York State first team honors.

In addition, defenders Rob Mizelle, a senior captain, and freshman Jimmy Walsh held opponents in check. Walsh recorded 18 caused turnovers, while Mizelle had 14. Defensive midfielders Alex Crepinsek, Craig Nairn, Garrett Johnson, Josh Lewis and John Gause all played key roles at various times during the season. Crepinsek, a freshman, was among the team leaders with 54 ground balls.

Junior midfielder and face-off specialist Adam Lehmann was an All-Empire 8 and Graph Tex New York State second team All-Star. He won 112 face-offs and scooped up 72 ground balls. Lehmann also chipped in with 20 goals and 23 points.

Offensively, RIT scored in double figures 13 times in 16 games, using a host of different scorers to find the back of the net.

Sophomores Iric Bressler and Adam Vlassis led the way offensively, with 37 and 35 points respectively. Bressler had 18 goals and 19 assists, including a career-high seven points in the season-finale against Elmira. Bressler was an All-Empire 8 second team selection for the second straight season. Vlassis led the team with 20 assists and chipped in with 15 goals. He was the only Tiger to record at least one point in all 16 games this season.

Juniors Sean Gillies and David Burke each tallied 20 goals to lead the team. Sophomore Kelso Davis chipped in with 17 goals and 21 points, while Chris Cherami, an All-Empire 8 honorable mention selection, added 15 goals. Cherami was key in the 10-7 win over No. 3 Ithaca on April 4, scoring three consecutive fourth quarter goals to put the game away. Senior Billy Walton tallied 14 goals and was RIT’s representative as the Empire 8 Sportsperson of the Year. Sophomore Cody Schroeder-Young and freshman A.J. Tingle scored 11 goals each. Sophomore Tanner King and newcomers Tyler Russell and Tom Riley chipped in offensively to help the squad.

In net, the sophomore duo of Kevin Rattigan and Robert Tonnessen combined to allow less than 10 goals per game. Rattigan was 7-2 with an 8.53 goals against average and .511 save percentage, while Tonnessen made a team-best 76 saves and earned three wins.

BASEBALL

The 2009 RIT baseball team finished second in the Empire 8 Conference and recorded 19 wins. Head Coach Rob Grow won his 300th game at the helm of the Tigers on April 19 at Utica.

Senior shortstop Jeremy Tosh broke two 29-year old records held by RIT Hall of Famer Jeff Hall ’80 in 2009. Tosh became the single season leader for runs batted in with 41 and was the first Tigers offensive category.

Junior Geoff Dornes, the 2007 and 2008 Empire 8 Player of the Year, shrugged off a slow start, to enjoy a solid season. Dornes was second on the Tigers with a .366 batting average and led the team with 49 hits, 33 runs scored, nine doubles and four triples. He was a perfect 12-for-12 in stolen base attempts. Dornes also had a 4-4 mark, 3.10 ERA and just 11 walks allowed in 58 innings on the mound.
Second baseman Justin Smith tied the single-season record for stolen bases. Smith stole 23 bases in 24 attempts and hit .333 with 31 runs scored, 22 RBI and four triples. He had the third highest on-base percentage on the team (.428).

Freshman outfielder Ben Robertson emerged to lead the team with a sparkling .479 batting average, with 35 hits in 73 at-bats. He recorded a .568 on-base percentage and stole nine bases.

The duo of Josh Rodems and Dave Kernan was strong behind the plate. Rodems hit .342 with 15 RBI, while Kernan slammed four home runs. Kernan also drove in 22 runs.

Sophomore Ed Hughes spent time at second base, shortstop and third base, coming on late in the year to hit .305 with 20 runs scored, 15 RBI, eight extra base hits and seven stolen bases.

Junior Matt Austin and sophomore Raffaele Parisi split time at first base. Austin, a senior, was RIT’s representative as the Empire 8 Sportsperson of the Year. He ripped nine extra base hits, scored 17 times and stole five bases. Parisi drove in nine runs.

Senior Anthony Culotta, along with junior Ryan Campbell, freshmen Kreag Bradley and Jeffrey Creagh saw plenty of action. Culotta finished his Tiger career with 27 stolen bases, eighth all-time at RIT. Campbell batted .379 in 29 at-bats, while Bradley hit .295 with 13 RBI and Creagh recorded 21 hits.

On the mound, sophomore Mike Marsillo and junior Cory Langtry led the team with four wins each. Marsillo threw a complete-game shutout against Stevens on April 11, while Langtry tossed four complete games. Rory Camardello went 3-0 as a long reliever and spot starter, while Kyle Desrosiers led the team with a 1.93 earned run average out of the bullpen, allowing just one hit in 9.1 innings. Chris Miller, Jeff Bibbens and Brad Wright all saw plenty of action on the mound as well.

The Tigers set a team record with 77 stolen bases.

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**2008-09 RIT Athletes of the Week**

- Abby Arday (Women’s Track and Field)
- Luke Baum (Wrestling)
- Amanda Berg (Women’s Tennis)
- Mike Brindak (Men’s Cross Country)
- Bobby Bullard (Men’s Soccer)
- Caitlyn Burr (Women’s Swimming and Diving)
- Mark Carson (Men’s Basketball)
- Chris Cherami (Men’s Lacrosse)
- Carlissa Cole (Softball)
- Matt Crowell (Men’s Hockey)
- Sarah Dagg (Women’s Hockey)
- Jared DeMichiel (Women’s Basketball)
- Bret Dietz (Men’s Hockey)
- Geoff Dornes (Baseball)
- Kelsey Evans (Women’s Lacrosse)
- Andrew Favot (Men’s Hockey)
- Todd Gaulocher (Men’s Soccer)
- Kate Gleason (Volleyball)
- Sandra Grant (Wrestling)
- Mike Hardbarger (Women’s Track and Field)
- Dan Holowaty (Men’s Soccer)
- Shireen Irani (Women’s Hockey)
- Arielle Januskiewicz (Women’s Cross Country)
- Amanda Klassen (Women’s Hockey)
- Mike Kurvach (Men’s Cross Country)
- Erin LaFave (Women’s Cross Country)
- Cory Langtry (Baseball)
- Heidi Little (Men’s Hockey)
- Stevan Matic (Men’s Track and Field)
- Matt Marion (Men’s Hockey)
- Alan Mazur (Women’s Hockey)
- Kylie Mazzetta (Wrestling)
- Mike McNally (Softball)
- Emily McPherson (Men’s Cross Country)
- Zach Miller (Women’s Track and Field)
- Samantha Mitchell (Women’s Track and Field)
- Jamie Morey (Women’s Tennis)
- Sara Paduano (Volleyball)
- Vic Petko (Men’s Track and Field)
- Ashley Pezze (Men’s Track and Field)
- Danielle Previ (Men’s Track and Field)
- Steve Rois (Men’s Track and Field)
- Jonathon Sealander (Men’s Track and Field)
- Alan Smith (Men’s Track and Field)
- Adam Sweet (Men’s Track and Field)
- Jeremy Tosh (Men’s Track and Field)
- John Traver (Men’s Track and Field)
- Emily Traversi (Men’s Track and Field)
- Kelly Votolato (Men’s Track and Field)
- Jake Yates (Men’s Track and Field)
- Scott Young (Men’s Track and Field)
- Varsity 4 and Novice 8 (Volleyball)

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**Varsity 4 and Novice 8 Women’s Crew**
2008-09 NCAA Individual Participants/All-Americans

Luke Baum * Wrestling
Stephen Burns !^ Men's Outdoor Track and Field
Caitlyn Burr ** Women's Swimming and Diving
Mark Carson * Men's Basketball
Sarah Dagg * Women's Hockey
Phil Davenport * Men's Lacrosse
Mike Hardbarger ** Men's Indoor/Outdoor Track and Field
Mike McInally * Wrestling
Erica Owczarczak * Women's Hockey
Dan Rago *^ Men's Lacrosse
Andy Ruocco ** Men's Lacrosse
Jacob Tuller ** Men's Lacrosse

Tim Wesley Men's Indoor Track and Field

* All-American
^ Named or participated in 2008 after RIT Sports Banquet
! National Champion

2008-09 Academic All-Americans/All-Region

Luke Baum * Wrestling
Stephen Burns *^ Men's Track and Field
Jacob Brunner *^ Men's Lacrosse
Mark Carson * Men's Basketball
Carlissa Cole Softball
Phil Davenport *^ Men's Lacrosse
Bret Dietz Men's Soccer
Andy Ruocco ** Men's Lacrosse

Emily Traversi * Women's Soccer
Ryan Tryt *^ Baseball
Andy Varble *^ Men's Track and Field
Jason Wake * Wrestling

* Academic All-American
^ Named in 2008 After RIT Sports Banquet

2008-09 Alpha Sigma Lambda Honoree

Mauricio Pommier Men's Tennis

2008-09 RIT Undergraduate Scholars

Phil Baudoin Men's Swimming CIAS
Anton Kharin Men's Hockey COB

Sara Paduano Women's Tennis CAST
Katherine Springate Women's Track and Field COB