

Wellness for One, Protection for All

1. Maintain Your Energy for a Demanding Academic Year (Wellness for One)

Working a demanding job requires a lot of stamina. Between meetings, project deadlines, and daily responsibilities, there is never a "good time" to get sick. Vaccines for the flu, COVID-19, or shingles act as your personal health insurance policy. Staying immunized ensures you don't lose your hard-earned momentum to preventable illness, keeping you energized, productive, and healthy all year long.

2. Safeguard Our High-Density Campus (Protection for All)

Universities are bustling hubs of connectivity. A single virus can quickly rip through a lecture hall, a department meeting, or a breakroom. By getting vaccinated, you contribute to a shield of herd immunity across the RIT campus. This protects not only your immediate colleagues but also students, staff, and visitors who might be immunocompromised or have vulnerable loved ones at home.

3. Protect Your Family Beyond the RIT Brick (Wellness & Protection)

What happens at RIT rarely stays at RIT. If you catch a preventable illness on campus, it's all too easy to bring it home to your kids, aging parents, or partners. Prioritizing your immunizations means you are breaking the chain of transmission, ensuring that your dedication to your job doesn't accidentally compromise the health and safety of your household.

Staying healthy this fall just got easier: keep an eye out for upcoming on-campus flu and COVID-19 clinics.