



## Counseling & Psychological Services

### Consent for Direct Observation, Audio and/or Visual Recording, and/or Co-therapy

RIT's Counseling & Psychological Services (CPS) serves as a training site for graduate students completing training to earn a master's or doctoral degree in social work, mental health counseling, or psychology. Trainees working at CPS are supervised by highly competent, licensed clinicians and staff members. To provide the highest quality supervision, supervisors require trainees to provide access to all clinical work enacted by trainees. This access may include, but is not limited to, supervisor direct observation of sessions, audio and/or visual recording of sessions, and supervisor engagement in co-therapy sessions.

- The individual(s) responsible (i.e., therapist name printed below) for maintaining the security and confidentiality of any recorded material or information obtained through observation will make reasonable efforts to ensure their security and confidentiality.
- Recorded material and information obtained through direct observations and co-therapy sessions will be shared only with CPS staff and/or supervisors and/or with supervisors within the trainee's graduate program.
- Your full name will not appear on recorded materials.
- All material/information obtained will be used solely for training and educational purposes, with the viewing focus on the trainee him/herself in an effort to evaluate his/her skills as a professional.
- All recorded material will be destroyed upon your therapist's completion of the RIT CPS Training Program.

I have read and discussed the above information with my therapist and hereby give my consent to allow direct supervisory observation of sessions, audio and/or visual recording of sessions, and/or co-therapy sessions with my therapist's supervisor(s).

Client Name (Print): \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Name (Print): \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_