

Choose a meal plan that fits your eating habits.

Tigers Gotta Eat

Select your Meal Plan

Our Approach to Food: Convenient. Fresh. Variety.

We are RIT Tigers too. We recognize our students' diverse needs and strive to provide dependable service, flexible meal options, and distinct culinary experiences. Our experienced chefs' culinary talents give students opportunities to explore new flavors and find comfort in food. We foster cuisine innovation and teach students essential life skills through culinary arts.

Reasons to Choose a Meal Plan:

Convenience

accepted at all RIT Dining locations, including the RIT Inn and 175 Jefferson

Easy to Use

funds are loaded onto RIT ID card

Simple

one card to swipe for food, recreation, and building access

Save Time

checkout takes less than 7 seconds with an RIT ID card

Save Money

save on 8% NY State sales tax

Flexible

designed to fit various eating habits

Learn Money Management

plans are on a declining balance system and teaches budgeting

Food Diversity

enjoy a wide variety of local and diverse foods

We're always onto something delicious.

As one of the largest employers of students, we provide a learning laboratory for students and our campus partners. Our students learn lifelong skills in many areas, including culinary, teamwork, and leadership.

We look forward to introducing you to an innovative and engaging dining experience.

RIT Dining

Dining Currency

Meal Plans

Our meal plans are designed to meet the diverse dining needs and eating habits of RIT students. Each plan provides flexibility, convenience, saves money, and is developed with feedback from students. Meal plans are composed of Dining Dollars, act as a declining balance system, and options vary based on housing assignments.

Meal plans are used to purchase perishable and non-perishable food items only. Purchases are tax-exempt, and if funds run low, voluntary Dining Dollars or an additional meal plan may be added. Unused meal plan funds roll over each semester until graduation or a departure from the university*.

Students living in the residence halls, the RIT Inn, and 175 Jefferson are required to have a meal plan.

Meal plans are selected on the housing and dining application in the myLife.rit.edu portal.

We offer 5 meal plan options:

Residents of Residence Halls, RIT Inn, and 175 Jefferson

Ora	inge	Tie	ger	Sp	oirit	Cla	aws	Stri	pes
	/		/		/		/		/

Residents of RIT Housing apartments, or off-campus housing

*Any Dining Dollars amount rolled over are not considered part of a meal plan, do not satisfy the required meal plan policy, and are not subject to the refund schedule. View our term & conditions for details.

Voluntary Dining Dollars

Voluntary Dining Dollars are used to purchase perishable and non-perishable food items. Purchases are tax-exempt. Use Dining Dollars in conjunction with or in place of a meal plan**. You may add funds at any time and in any denomination. Dining Dollar balances roll over each semester until graduation or departure from the University. RIT Dining locations, Nathan's Soup & Salad, Petals at the RIT Inn, Market at 175 Jefferson, and all campus vending machines accept Dining Dollars.

**Students living in the residence halls, the RIT Inn, or 175 Jefferson are required to have a meal plan.

Tiger Bucks

Tiger Bucks are used to purchase food and non food items. Over 25 services on campus accept Tiger Bucks, including dining locations, University Campus Store, parking & transportation, labs, and print shops. Purchases may be subject to sales tax, and balances will roll over until graduation or departure from the university. For a complete list of Tiger Bucks partners, scan the QR code or visit bit.ly/DDvsTB.



There are 3 types of dining funds:

- 1. Meal Plans
- 2. Voluntary
 Dining Dollars
- 3. Tiger Bucks

Dining Funds Comparison Chart

	Meal Plans	Voluntary Dining	Tiger Bucks	
Campus Dining Locations ¹	•	•	•	
Vending machines	•	•	•	
Food purchases allowed	•	•	•	
Non-food purchases allowed			•	
Charged NY state tax			•	
Requirement based on housing ²	•			
Campus Retail Locations ³			•	
Lab Fees			•	
Printing Fees			•	

¹Java Wally's does not accept Dining Dollars ²A meal plan is required for all students living in the residence halls, RIT Inn, and 175 Jefferson ³ Campus retail may include but is not limited to University Campus Store, Shop One, Digital Den (computer store), HubXpress (print shop), bike shop, Hearing Aid shop, Shear Global (hair salon), concerts, and sporting events.



Meal Plans

How to select a Meal Plan

A meal plan can be added by using the portal at myLife.rit.edu.

For students who live in housing that requires a meal plan you must have a meal plan on your account at the beginning of each semester or your account will default to the Tiger meal plan. Students who live in RIT housing apartments or off-campus, may add a meal plan at any point in the semester. To learn which meal plans you are eligible for, visit rit.edu/fa/diningservices/meal-plans.

Once the myLife portal is closed for the semester, you may add a meal plan by using the Dining General Request form at help.rit.edu.

Instructions

For students living in Residence Halls, RIT Inn, and 175 Jefferson:

Step 1

Log into myLife.rit.edu. Select Housing and Dining Application.

Step 2

Select the upcoming academic year.

Step 3

Under Application Type, Select 'Housing and Dining' Save & Continue

Step 4

Select fall and spring semester meal plan options.
Save & Continue

For students living in RIT apartments or off-campus:

Step 1

Log into myLife.rit.edu. Select Housing and Dining Application.

Step 2

Select the upcoming academic year.

Step 3

Under Application Type, Select 'Commuter Meal Plans' Save & Continue

Step 4

Under Application Type, Select fall and spring semester meal plan options. Enter RIT username Save & Continue

Add Funds



Add funds using Tiger Spend

Online tigerspend.rit.edu

Tiger Spend is a website to add and view dining funds.

- Generate an email to send to family and friends to request funds. They must enter your RIT ID number under 'make the deposit' to deposit funds successfully.
- ✓ View balances and transaction history.
- ☑ Set low balance alerts.

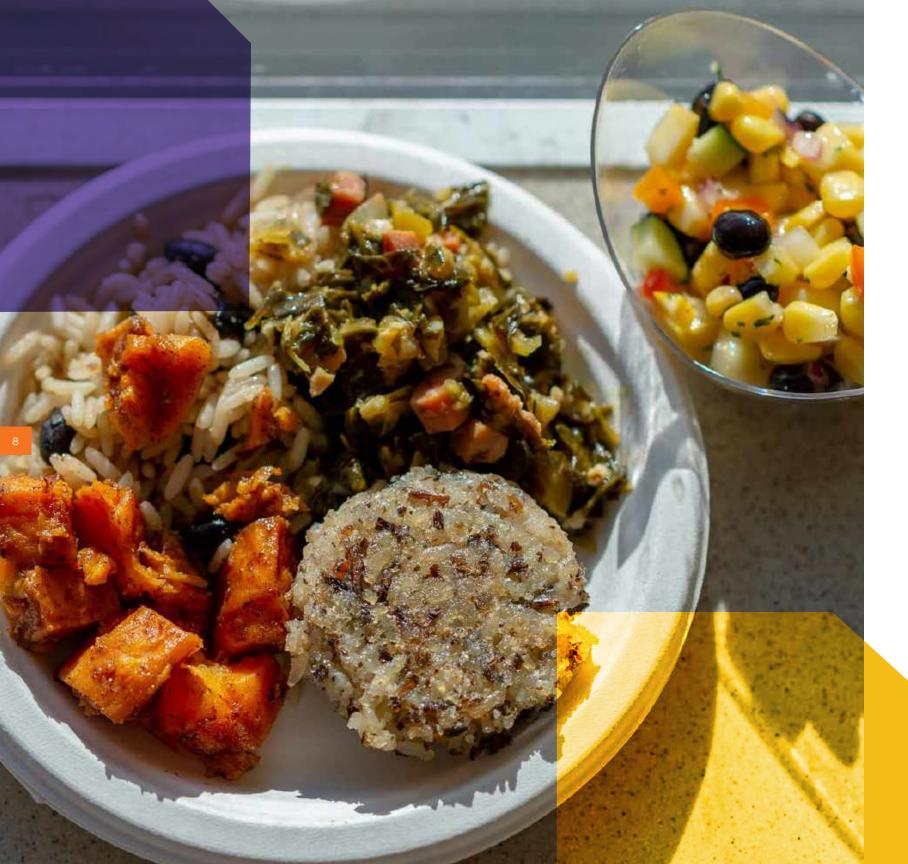
Spend Spend

☑ Schedule automatic deposits.

On Campus Tiger Spend Reload Stations

Tiger Spend Reload stations provide access to add Dining Dollars or Tiger Bucks to an existing RIT ID card using a credit card or cash. Guests and visitors may purchase a Tiger Bucks Reload Card. There are multiple stations on campus. Use Tiger Pay to pay for meals from your smartphone

Tiger Pay utilizes mobile payment technology for in-person payments using your smartphone. Log into Tiger Spend to scan the unique barcode at all dining locations and select retail partners.



Food Allergies, Intolerances, and Nutrition

added have been amazing. I am lactose intolerant so I can eat a lot more on campus."

"All of the vegan options



Student's safety is a top priority. We will work with students to:

- ☑ Document special dietary needs with the Disability Services Office.
- ☑ Create a plan for safe eating with the RIT Dining Registered Dietitian.
- ☑ Connect with crucial RIT Dining staff.
- ☑ Provide ingredient and nutrition information on the NetNutrition® website.

We have tools to inform customers of allergens and processes to assist with special dietary needs or preferences. These tools are helpful, yet you must make us aware of any particular dietary requirement.

Registered Dietitian

Our registered dietitian is dedicated to assisting students with specific dietary needs, meal preferences, and learning to mindfully eat on campus. We recommend students to schedule an appointment for a consultation, nutritional counseling, support for eating concerns, or general nutrition questions.

Schedule an appointment: diningRD@rit.edu.

Nutrition Labeling

Our nutrition labels allow for easy identification of specific food choices, including foods that comply with certain dietary restrictions. Printed labels highlight nutrition facts, ingredients, and allergens.









NetNutrition®

NetNutrition® is an online dietary tool that provides access to nutritional information to assist with making educated choices that meet your nutritional goals and assist with dietary needs. Calculate nutritional value, find preferred dietary options, check allergens, and build a nutritionally balanced meal.

Disability Services Office

The Disability Services Office is dedicated to facilitating equitable access for the whole RIT experience for students with disabilities. It is critical to discuss dietary needs with the Disability Services Office using the food allergy form.

The food allergy form captures details on food allergies so a plan may be made with the RIT Dining registered dietitian and the RIT Disability Services Office. This form is only available to RIT students. Scan the code to access the form.





SOMANY OPTIONS

Gracie's, our largest dining location is located near the residence halls, eliminates 8 of the top 9 allergens and is peanut and tree nut free, except coconut. You can also find the largest selection of plant-based options.

Gracie's serves gluten free and vegan entreés everyday within the Simply Eats station. This station eliminates crustacean shellfish, eggs, fish, milk, peanuts, sesame, tree nuts, wheat and gluten.

My name is Marisa Bellanca and I am the Registered Dietitian for RIT Dining. The health and well-being of our students is my first priority. My goal is to provide consultation to our student population that suffers from food allergies, intolerances, or any other dietary concerns. I am the students' guide to safe and mindful eating on our campus all while implementing ways we can feed our vegan, gluten-free, kosher, and other special diet communities in a safe and delicious way. If you would like to schedule a consultation, please email diningRD@rit.edu.

at Marisa Bellanca

Feel the campus spirit from anywhere



RITAR Experience

Available for download

The vibrancy of the Tiger spirit comes alive with the RIT AR Experience. Step onto campus through portals and see what makes RIT an amazing place to live and learn.









Places to Eat

Tigers Gotta Eat. Fuel your body and mind with our diverse menu, from international cuisine and in-house-made specials to unique dietary offerings and freshly baked desserts. Our build-your-own-menus provide customization just the way you want it. Our convenience stores have everything you need, including fresh fruits, high-quality meats, health care, laundry, and toiletry items. Everything is steps from your classroom, on-campus housing, recreation facilities, and lounge areas.

Coffee, Bakeries, and Treats, oh my!

Artesano Bakery & Café

A patisserie offering delicious home-made delicacies, desserts, pastries, breakfast sandwiches, gluten-free and vegan options. Serves blended frozen drinks, espressos, lattes and cappuccinos from Peet's Coffee®.

Beanz

This bakery and coffee shop has good tastings; Finger Lakes Coffee Roasters®, freshly baked goodies, milkshakes, pastries, salads, sandwiches, and USB smoothies.

Ben & Jerry's®

Dive into 30 euphoric flavors of Vermont's best ice cream. Get a scoop of traditional, non-dairy ice cream or sorbet, or treat yourself to a sundae or cookie.

College Grind

Starbucks®, USB smoothies, pastries, and everything you need to begin your daily grind. This café has proximity to the residence halls, Dyer Arts Center, and Panera theater.

Midnight Oil

Open late and tastes great. This Starbucks® coffee café offers a refreshing take on coffees, teas, and specialty crafted drinks. The artisan sandwiches, desserts, and pastries are made to enjoy while admiring art, listening to tunes, or watching improv.

USB

Ultimate Smoothie Blendz (USB) has handcrafted smoothies with a a blend of 100% real fruits, vegetables, and cold-pressed juices from local orchard, Red Jacket.



Restaurants

Brick City Café

Omelets and the salad station are the favorites. You can create the perfect medley with a variety of toppings. Also find chef's specials, plant based meals, a soup bar, snacks, and coffee from Finger Lakes Coffee Roasters®.

Café and Market at Crossroads

A food court style with stations serving Asian cuisine, daily chef specials, grill, pizza, sandwiches, salads, and hand-made sushi rolls to order.

Crtl Alt Deli

Take control and design your sandwich, pizza, panini, or wrap. Signature sandwiches are popular, and you can pair it with soup, salad, fresh fruit, or baked goods.

Global Village Cantina & Grille

Two build your own cuisines in one place. Salsarita's® serves Mexican food with choice of meat, rice, beans, veggies, and salsa.



Home of the famous mascot panini and pasta bake, this place is a favorite to watch sports and play pool. Burgers, pizza, salads, soups, and subs complete this sports arill menu.

The largest dining facility is peanut and tree nut-free, except coconut, and offers

made-to-order meals at every station. You will find the largest selection of plant-based

choices, pizzas baked in a brick oven and

allergens - crustacean shellfish, eggs, fish,

milk, peanuts, sesame seeds, tree nuts, and

A local Rochester favorite created by an RIT alum. Warm up with hearty home-style

daily specials made on a Mongolian grill.

The grain bowl station eliminates eight

Nathan's Soup and Salad

soups, sandwiches, and wraps.

Sol's Underground

Gracie's

wheat.

RITz

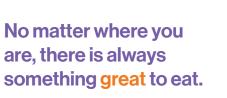
Stop in for a scoop of RIT specialty made Tiger Stripes ice cream from Perry's® Ice Cream. Choose from over 20 flavors. This place is also known for its quesadillas, paninis, wraps, and pizza.

The Commons

You can dine with one of the best views on campus while eating from the popular pizza station. Other stations include chef specials, subs, salads, and stone oven pizzas.

Food Trucks and Visiting Chefs

RIT Dining partners with food trucks and local chefs in the Rochester area to bring local favorites, authentic flavors, and international cuisines to campus.







Services

RIT Catering

rit.edu/catering

RIT's self-owned and operated catering department offers full service and drop-off catering. Informal and formal customizable menus include bar service, breakfast, boxed lunches, buffet-style meals, hors d'oeuvres receptions, and meeting breaks.

RIT Care Packages

rit.edu/carepackages

Our care packages are an exclusive service of gift baskets, sweets, and treats. Each item celebrates the RIT spirit and selections include food baskets, baked goods, pizzas, and balloons to help families celebrate special occasions.



I would always encourage students to apply to RIT Dining. Especially those who may not have as much or any prior work experience. It is an excellent way to gain and learn communication and team skills from fellow employees and managers. These skills translate well to other jobs that rely on teamwork."

Andre Grinshpun Computer Software Engineering Class of 2022



RIT Dining is one of the largest student employers on campus. We offer flexible schedules, leadership development, competitive wages, and convenient work locations. Learn, develop, and expand your work experience that future employers will respect. Scan the QR code or apply at bit.ly/RITdiningpositions.



Learn about the forms and documents you need to work on campus at rit.edu/seo.

Local Food and Product Purchasing

• 19 local vendors within 100 miles of campus

Waste Reduction

- 70,000 lbs of composted coffee ground annually
- 200,000 lbs of plastic removed from the waste stream by using Ozzi® containers
- 30% food waste reduction at tray less restaurants
- 250 lbs of cup waste eliminated annually from the Reusable Mug Program
- 100% elimination of plastic bags

Energy Conservation

• 90% of equipment is Energy Star rated

We are a learning laboratory of environmental stewardship and sustainability. We actively pursue dining sustainable practices as part of our everyday culture by purchasing local, reducing waste, conserving energy, and donating leftovers.

78,700 lbs of food donated annually

NATIONAL TECHNICAL

THE —
COLLEGE
— grin d —

N





@RITDining help.rit.edu | 585-475-5000 rit.edu/dining



