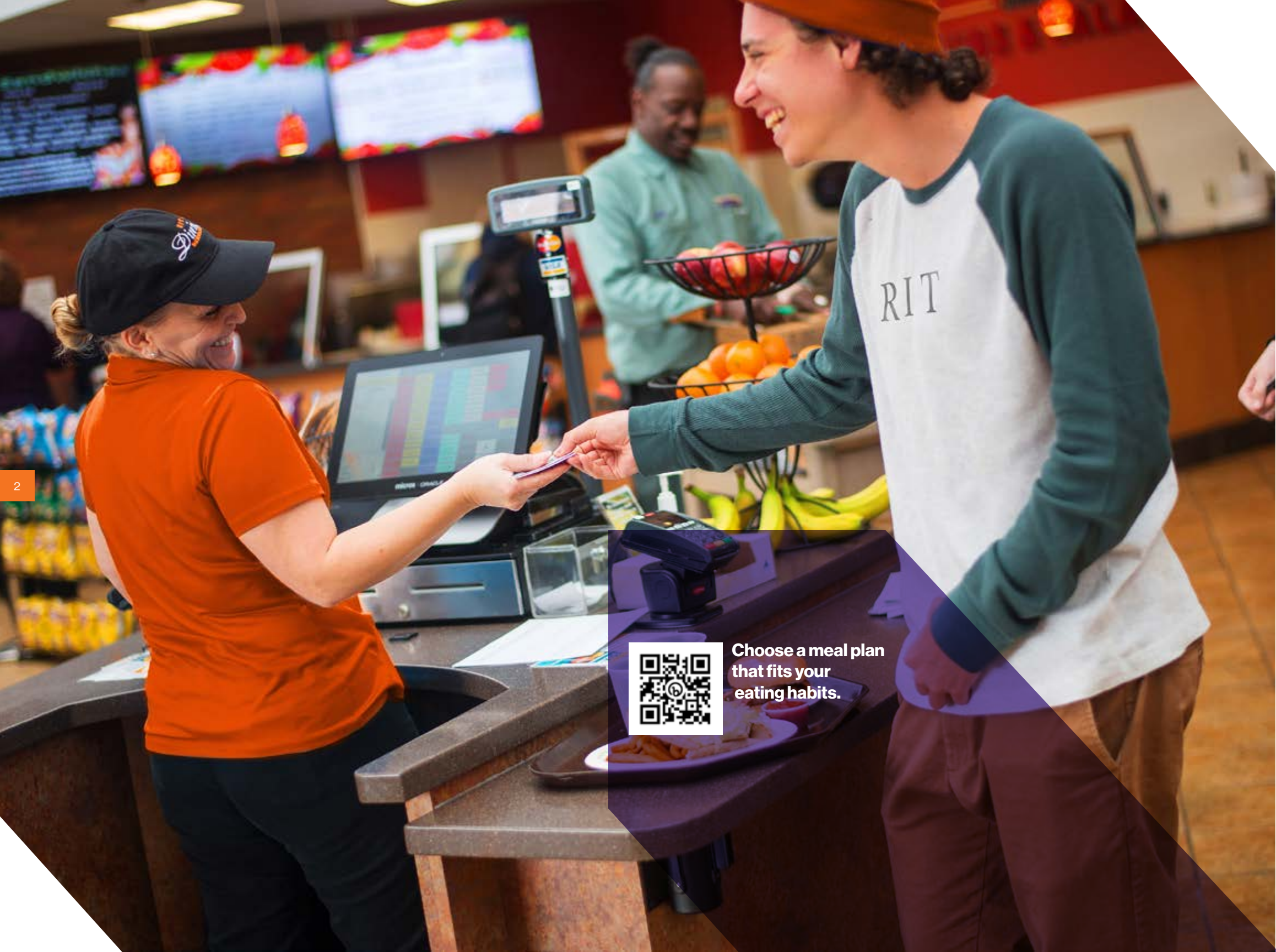


Tigers Gotta Eat

# RIT DINING

RIT | Dining





# Tigers Gotta Eat

## Select your Meal Plan

### Our Approach to Food: **Convenient.** **Fresh.** **Variety.**

We are RIT Tigers too. We recognize our students' diverse needs and strive to provide dependable service, flexible meal options, and distinct culinary experiences. Our experienced chefs' culinary talents give students opportunities to explore new flavors and find comfort in food. We foster cuisine innovation and teach students essential life skills through culinary arts.

### Reasons to Choose a Meal Plan:

#### **Convenience**

Accepted at all RIT Dining locations, including the RIT Inn and 175 Jefferson

#### **Easy to Use**

Funds are loaded onto RIT ID card

#### **Simple**

One card to swipe for food, recreation, and building access

#### **Save Time**

Checkout takes less than 7 seconds with an RIT ID card

#### **Save Money**

Save on 8% NY State sales tax

#### **Flexible**

Designed to fit various eating habits

#### **Learn Money Management**

Plans are on a declining balance system and teaches budgeting

#### **Food Diversity**

Enjoy a wide variety of local and diverse foods



Choose a meal plan that fits your eating habits.

We're always on to something delicious.

# Welcome

RIT Dining is committed to delivering legendary service with a customer-centric focus, superior food quality, and food safety. We pride ourselves as one of the few self-operated college dining programs in the country, which gives us the ability to meet the needs of the RIT community.

Our talented staff is personable and dedicated to serving your needs and providing a positive and comfortable environment. We offer diverse cuisines and partner with local farmers and restaurants to offer fresh and great tasting meals. Sustainable elements are incorporated into our processes, operations, and training.

As one of the largest employers of students, we provide a learning laboratory for students and our campus partners. Our students learn lifelong skills in many areas, including culinary, teamwork, and leadership.

We look forward to introducing you to an innovative and engaging dining experience.

*Don LaFlam,*  
*Executive Director*



# Dining Currency

## Meal Plans

Our meal plans are designed to meet the diverse dining needs and eating habits of RIT students. Each plan provides flexibility, convenience, and cost savings, and all have been developed using feedback from students. Meal plans are composed of Gracie's meals and Dining Dollars, a declining balance system, and options that vary based on housing assignments.

Meal plans are used to purchase perishable and non-perishable food items only. Purchases are tax-exempt, and if funds run low, Dining Dollars or an additional meal plan may be added. Unused meal plan Dining Dollars roll over from fall to spring semester. If there are leftover funds from the spring, up to \$1,000 will rollover into the next academic semester.

Students living in the residence halls, the RIT Inn, and 175 Jefferson are required to have a meal plan.

Meal plans are selected on the housing and dining application in the myLife.rit.edu portal.

## We offer 7 meal plan options:

Residents of Residence Halls, RIT Inn, 175 Jefferson, RIT Housing apartments, or off-campus housing

- Orange
- Tiger
- Roar
- Roar Plus

Residents of RIT Housing apartments, or off-campus housing may also choose the three options below.

- Spirit
- Claws
- Stripes

*\*Any Dining Dollars amount rolled over are not considered part of a meal plan, do not satisfy the required meal plan policy, and are not subject to the refund schedule. View our term & conditions for details.*

## Gracie's Meals

Gracie's meals are fixed all-you-care-to-eat meal swipes valid only at Gracie's. There is no limit to the number of meals that can be used in a day. These meals may be purchased in bundles of five or ten. Any unused Gracie's meals are forfeited at the end of the semester and will not carry over.

## Dining Dollars

Dining Dollars are used to purchase perishable and non-perishable food items. Purchases are tax-exempt. Use Dining Dollars in conjunction with or in place of a meal plan\*\*. You may add additional Dining Dollars at any time and in any denomination. Dining Dollars roll over from fall to spring semester. If there are leftover funds from the spring, up to \$1,000 will rollover into the next academic semester. RIT Dining locations, Nathan's Soup & Salad, Petals at the RIT Inn, Market at 175 Jefferson, and all campus vending machines accept Dining Dollars.

*\*\*Students living in the residence halls, the RIT Inn, or 175 Jefferson are required to have a meal plan.*

## Tiger Bucks

Tiger Bucks are used to purchase food and non food items. Over 25 services on campus accept Tiger Bucks, including dining locations, RIT Campus Store, parking & transportation, labs, and print shops. Purchases may be subject to sales tax, and balances will roll over until graduation or departure from the university. For a complete list of Tiger Bucks partners, scan the QR code or visit [bit.ly/DDvsTB](http://bit.ly/DDvsTB).



Tiger Bucks Partners

## There are 3 types of dining funds:

1. Meal Plans
2. Dining Dollars
3. Tiger Bucks

## Dining Funds Comparison Chart

	Meal Plans	Dining Dollars	Tiger Bucks
Campus Dining Locations <sup>1</sup>	•	•	•
Vending machines	•	•	•
Food purchases allowed	•	•	•
Non-food purchases allowed			•
Charged NY state tax			•
Requirement based on housing <sup>2</sup>	•		
Campus retail locations <sup>3</sup>			•
Lab fees			•
Printing fees			•

<sup>1</sup>Java Wally's does not accept Dining Dollars<sup>2</sup>. A meal plan is required for all students living in the residence halls, RIT Inn, and 175 Jefferson<sup>3</sup> Campus retail may include but is not limited to RIT Campus Store, Shop One, Digital Den (computer store), Hub Express (print shop), bike shop, hearing aid shop, Shear Global (hair salon), concerts, and sporting events.



# Meal Plans

## How to Select a Meal Plan

A meal plan can be added at [myLife.rit.edu](http://myLife.rit.edu).

For students who live in housing that requires a meal plan, you must select a meal plan at the beginning of each semester or your account will default to the Tiger or Roar meal plan, depending on your housing. Students who live in RIT apartments or off-campus, may add a meal plan at any point in the semester. Learn more at [rit.edu/fa/diningservices/meal-plans](http://rit.edu/fa/diningservices/meal-plans).

Once the myLife portal is closed for the semester, you may add a meal plan by using the Dining General Request form at [help.rit.edu](http://help.rit.edu).

### Instructions

#### Residence Halls, RIT Inn, and 175 Jefferson residents:

##### Step 1

Log into [myLife.rit.edu](http://myLife.rit.edu).  
Select Housing and Dining Application.

##### Step 2

Select the upcoming academic year.

##### Step 3

Under Application Type, Select 'Housing and Dining'  
Save & Continue.

##### Step 4

Select fall and spring semester meal plan options.  
Save & Continue.

#### RIT apartments or off-campus residents:

##### Step 1

Log into [myLife.rit.edu](http://myLife.rit.edu).  
Select Housing and Dining Application.

##### Step 2

Select the upcoming academic year.

##### Step 3

Select 'Commuter Meal Plans'.  
Save & Continue.

##### Step 4

Under Application Type, Select fall and spring semester meal plan options.  
Enter RIT username.  
Save & Continue.

Log into [myLife.rit.edu](http://myLife.rit.edu) to select your meal plan.

# Add Funds



## Add funds using Tiger Spend

### Online [tigerspend.rit.edu](http://tigerspend.rit.edu)

Log in online to view and add dining funds.

- Generate an email to send to family and friends to request funds. They must enter your RIT ID number under 'make the deposit' to deposit funds successfully.
- View balances and transaction history.
- Set low balance alerts.
- Schedule automatic deposits.

### On Campus Reload Stations

Reload stations provide access to add Dining Dollars or Tiger Bucks to an existing RIT ID card using a credit card or cash. Guests and visitors may purchase a reload card. There are multiple stations on campus.



Use Tiger Pay to pay for meals from your smartphone.

Tiger Pay utilizes mobile payment technology for in-person payments using your smartphone. Log into Tiger Spend to scan the unique barcode at all dining locations and select retail partners.



# Food Allergies, Intolerances, and Nutrition

“All of the vegan options added have been amazing. I am lactose intolerant so I can eat a lot more on campus.”



Student's safety is a top priority. We will work with students to:

- ☑ Document special dietary needs with the Disability Services Office.
- ☑ Create a plan for safe eating with the RIT Dining registered dietitian.
- ☑ Connect with crucial RIT Dining staff.
- ☑ Provide ingredient and nutrition information on the NetNutrition® website.

We have tools to inform customers of allergens and processes to assist with special dietary needs or preferences. These tools are helpful, yet you must make us aware of any particular dietary requirement.

## Registered Dietitian

Our registered dietitian is dedicated to assisting students with specific dietary needs, meal preferences, and learning to mindfully eat on campus. We recommend students to schedule an appointment for a consultation, nutritional counseling, support for eating concerns, or general nutrition questions.

Schedule an appointment:  
[diningRD@rit.edu](mailto:diningRD@rit.edu)

## Nutrition Labeling

Our nutrition labels allow for easy identification of specific food choices, including foods that comply with certain dietary restrictions. Printed labels highlight nutrition facts, ingredients, and allergens.



## NetNutrition®

NetNutrition® is an online dietary tool that provides access to nutritional information to assist with making educated choices that meet your nutritional goals and assist with dietary needs. Calculate nutritional value, find preferred dietary options, check allergens, and build a nutritionally balanced meal.

## Disability Services Office

The Disability Services Office is dedicated to facilitating equitable access for the whole RIT experience for students with disabilities. It is critical to discuss dietary needs with the Disability Services Office using the food allergy form.

The food allergy form captures details on food allergies so a plan may be made with the RIT Dining registered dietitian and the RIT Disability Services Office. This form is only available to RIT students. Scan the code to access the form.

RIT | Dining



Food Allergy Form

PLANT-BASED

# SO MANY OPTIONS

VEGAN

PEANUT FREE

Gracie's, our largest dining location is located near the residence halls, eliminates nine allergens and is peanut and tree nut free, except coconut. You can also find the largest selection of plant-based options.

Gracie's serves gluten free and vegan entrées daily at the Simply Eats station. This station eliminates crustacean shellfish, eggs, fish, milk, peanuts, sesame, tree nuts, wheat and gluten.



Meet Marisa Bellanca



Hello.

My name is Marisa Bellanca, and I am the registered dietitian for RIT Dining. The health and well-being of our students are my priority. My goal is to provide consultation to our student population who experience food allergies, intolerances, or any other dietary concerns. I am the students' guide to safe and mindful eating on our campus, all while implementing ways we can feed our vegan, gluten-free, kosher, and other special diet communities in a safe and delicious way. If you would like to schedule a consultation, please email [diningRD@rit.edu](mailto:diningRD@rit.edu).

Feel the campus spirit from anywhere



## RIT AR Experience

Available for download

The vibrancy of the Tiger spirit comes alive with the RIT AR Experience. Step onto campus through portals and see what makes RIT an amazing place to live and learn.





# wum



# my

## Places to Eat

Tigers Gotta Eat. Fuel your body and mind with our diverse menu, from international cuisine and in-house-made specials to unique dietary offerings and freshly baked desserts. Our build-your-own-menus provide customization just the way you want it. Our convenience stores have everything you need, including fresh fruits, high-quality meats, health care, laundry, and toiletry items. Everything is steps from your classroom, on-campus housing, recreation facilities, and lounge areas.

## Coffee, Bakeries, and Treats, oh my!

### Artesano Bakery & Café

A patisserie offering delicious home-made delicacies, desserts, pastries, breakfast sandwiches, gluten-free and vegan options. Serves blended frozen drinks, espressos, lattes and cappuccinos from Peet's Coffee®.

### Beanz

This bakery and coffee shop has good tastings: Finger Lakes Coffee Roasters®, freshly baked goodies, milkshakes, pastries, salads, sandwiches, and smoothies.

### Ben & Jerry's®

Dive into 30 euphoric flavors of Vermont's best ice cream. Get a scoop of traditional, non-dairy ice cream or sorbet, or treat yourself to a sundae or cookie.

### College Grind

Starbucks®, smoothies, pastries, and everything you need to begin your daily grind. This café is close to the residence halls, Dyer Arts Center, and Panera theater.

### Midnight Oil

Open late and tastes great. This Starbucks® café offers a refreshing take on coffees, teas, and specialty crafted drinks. The artisan sandwiches, desserts, and pastries are made to enjoy while admiring art, listening to tunes, or watching improv.



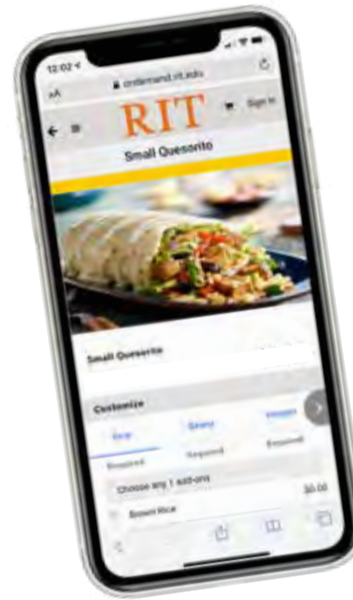
## Grocery shopping made easy



## Order Online

[rit.edu/OnDemand](http://rit.edu/OnDemand)

Place order online.  
Pay in advance.  
Pick up in-store.



## Convenience Stores

### Market at Global Village

A campus world wonder. This market is a destination to shop for foods and beverages from around the world. Find items that are sustainable, natural, and local. Essential grocery items are also available.

### The Corner Store

Everything you need for basic daily living. You will find groceries, snacks, toiletries, health care, pre-packaged foods, ice cream, and fresh produce. Open late and accessible.

“The variety of coffee places on campus: **A+**”



# Restaurants

## Brick City Café

Omelets and the salad station are the favorites. Find chef specials, plant based entrées, local visiting chefs, a soup bar, breakfast, and coffee from Finger Lakes Coffee Roasters®.

## Café and Market at Crossroads

A food court style with stations serving Asian cuisine, daily chef specials, grill, pizza, sandwiches, salads, and hand-made sushi rolled to order. Local visiting chefs rotate daily for lunch and dinner.

## Crtl Alt Deli

Take control and design your sandwich, pizza, panini, or wrap. Signature sandwiches are popular, and you can pair it with soup, salad, fresh fruit, or baked goods.

## Global Village Cantina & Grille

Two build your own cuisines under one roof. Salsarita's® serves Mexican food with choice of meat, rice, beans, veggies, and salsas. Secondly a rotation of Mediterranean, Asian, and Indian cuisine.



## Gracie's

An all-you-care-to-eat dining facility that is peanut and tree nut-free, except coconut. Find the largest selection of plant-based choices, brick oven pizza, weekend brunch, BBQ, a dessert bar and daily specials. The grain bowl station eliminates nine allergens – crustacean shellfish, eggs, fish, milk, peanuts, sesame seeds, tree nuts, wheat, and gluten.

## Loaded Latke

New this year, Star K® certified Kosher deli serving premium deli sandwiches and hand crafted sides such as latkes, pickles, chips, matzo ball soup, and potato salad.

## Nathan's Soup and Salad

A local Rochester favorite created by an RIT alum. Warm up with hearty home-style soups, sandwiches, and wraps.

## RITz

Home of the famous mascot panini and pasta bake, this place is a favorite to watch sports and hang out. This place serves pizza, salads, soups, daily specials, and local visiting chefs.

## Sol's Underground

Stop in for a scoop of RIT specialty made Tiger Stripes ice cream from Perry's® Ice Cream. Choose from over 20 flavors. This place is also known for its quesadillas, paninis, wraps, and pizza.

## The Commons

Dine with one of the best views on campus while eating a made to order salad, deli sandwich, grill special, or stone oven pizza. Also try the chef's special, a local visiting chef, or an Italian favorite.

## Food Trucks and Visiting Chefs

RIT Dining partners with food trucks and local chefs in the Rochester area to bring local favorites, authentic flavors, and international cuisines to campus.

No matter where you are, there is always something great to eat.

# Services

## RIT Catering

[rit.edu/catering](http://rit.edu/catering)

RIT's self-owned and operated catering department offers full service and drop-off catering. Informal and formal customizable menus include bar service, breakfast, boxed lunches, buffet-style meals, hors d'oeuvres receptions, and meeting breaks.

## RIT Care Packages

[rit.edu/carepackages](http://rit.edu/carepackages)

We help families celebrate special occasions and send a little love. We prepare cookies, cupcakes, and cakes with gluten free and vegan options. We offer unique packages of pizza and fruit baskets.

We partner with Campus Cube to provide care packages directly shipped to students. Gluten free and vegan options are available.



I would always encourage students to apply to RIT Dining. Especially those who may not have as much or any prior work experience. It is an excellent way to gain and learn communication and team skills from fellow employees and managers. These skills translate well to other jobs that rely on teamwork.”

Andre Grinshpun  
Computer Software Engineering  
Class of 2022

# Student Employment

RIT Dining is one of the largest student employers on campus. We offer flexible schedules, leadership development, competitive wages, and convenient work locations. Learn, develop, and expand your work experience that future employers will respect. Scan the QR code or apply at [bit.ly/RITdiningpositions](http://bit.ly/RITdiningpositions).



Learn about the forms and documents you need to work on campus at [rit.edu/seo](http://rit.edu/seo).

# Sustainability

We are a learning laboratory of environmental stewardship and sustainability. We actively pursue dining sustainable practices as part of our everyday culture by purchasing local, reducing waste, conserving energy, and donating leftovers.



- 19 local vendors within 100 miles of campus
- 70,000 lbs of composted coffee ground annually
- 200,000 lbs of plastic removed from the waste stream by using Ozzi® containers
- 30% food waste reduction at tray less restaurants
- 250 lbs of cup waste eliminated annually from the Reusable Mug Program
- 100% elimination of plastic bags
- 90% of equipment is Energy Star rated

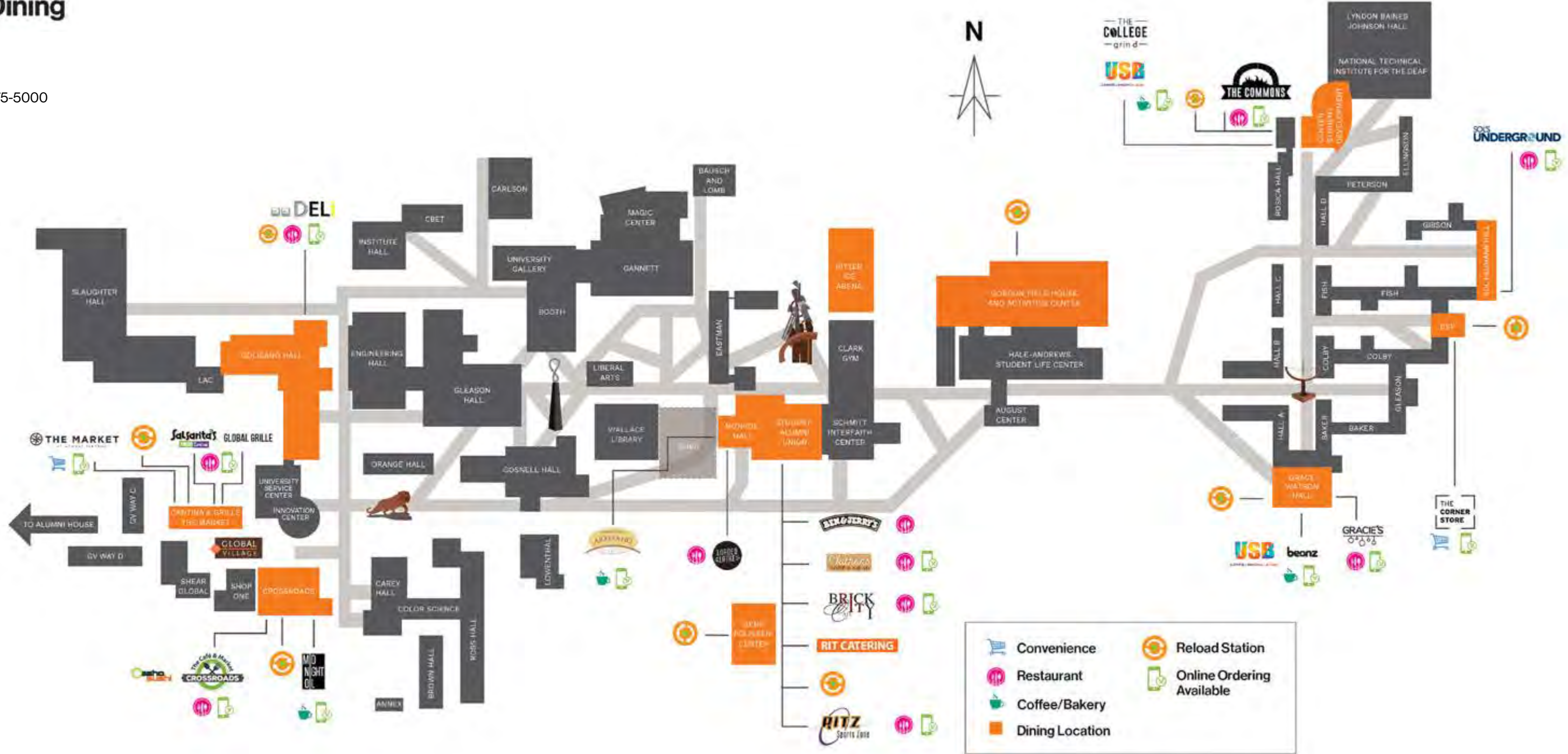
78,700 lbs of food donated annually



# RIT Dining



@RITDining  
help.rit.edu | 585-475-5000  
rit.edu/dining



**RIT** | Dining

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