FREE Employee Skin Cancer Screening

Why?
Melanoma is the deadliest form of skin cancer. However, when detected early, melanoma can be effectively treated. This screening can help you identify early warning signs of melanoma.

What?
If you are interested in a screening you should expect a 20-25 minute visit. The appointment will entail a review of your medical history, full body skin exam, and documentation of any concerning lesions. During this visit you will be asked to change into a gown. This appointment would be a good time to ask about any worrisome spots you have noticed yourself. If the physicians find any concerning spots then you can elect to have them biopsied in the office or be referred to a dermatologist.

Please choose from the following dates for your screening appointment. All visits will take place at the RRH Family Medicine at RIT office, housed in the Clinical Health Sciences Center at the North end of Louise Slaughter Hall, building 78.

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<th>Day</th>
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<tr>
<td>Tuesday</td>
<td>July 26</td>
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<td>Tuesday</td>
<td>August 2</td>
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<td>Wednesday</td>
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<td>Thursday</td>
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Please call (585) 922-3100 to set up an appointment. We will need to obtain some registration information over the phone if you are not already in the RRH system. Please be sure to bring your medical ID card with you to the appointment so the claim can be submitted to your medical coverage; remember, RIT will cover the copay.
THE ABCDEs OF MELANOMA

Melanoma is the deadliest form of skin cancer. However, when detected early, melanoma can be effectively treated. You can identify the warning signs of melanoma by looking for the following:

**A** - **ASYMMETRY**

One half is unlike the other half.

**B** - **BORDER**

Irregular, scalloped or poorly defined border.

**C** - **COLOR**

Varied from one area to another; shades of tan and brown, black; sometimes white, red or blue.

**D** - **DIAMETER**

While melanomas are usually greater than 6mm (the size of a pencil eraser) when diagnosed, they can be smaller.

**E** - **EVOLVING**

A mole or skin lesion that looks different from the rest or is changing in size, shape or color.

**Example:**

OTHER TYPES OF SKIN CANCER

When checking your skin, please look for signs of these other suspicious spots.

**Precancerous Growth**

**Actinic Keratoses (AK):**

Dry, scaly patch or spots.

**Skin Cancer**

**Basal Cell Carcinoma (BCC):**

Flesh-colored, pearl-like bumps or a pinkish patch of skin.

**Squamous Cell Carcinoma (SCC):**

Red firm bumps, scaly patches or sores that heal and then return.

www.aad.org

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**Eric Wilcox, DO**

Dr. Eric Wilcox is a board certified family medicine physician. He earned his medical degree from Touro University College of Osteopathic Medicine in California. He completed his medical residency and post-doctoral fellowship training in Family Medicine at Highland Hospital, University of Rochester Medical Center. Dr. Wilcox owned a private practice in Pittsford for eight years prior to coming to RRH Family Medicine at RIT.

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**Mackenzie Neal, PA-C**

Mackenzie Neal is a nationally certified physician assistant by the National Commission for Certification of Physician Assistants. She graduated from the RIT Physician Assistant Program.