## Pork Tenderloin Maple Butter CP

**Production Date:** Friday, 4/17/2015  
**Shift:** [all Meals]  

### Sizes

- **Yield:** 1 22.3 oz batch  
- **Portions:** 5.575 4 oz portion

### Ingredients and Instructions

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
<th>Key Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butter</td>
<td>2 Tablespoon</td>
<td>8908</td>
</tr>
<tr>
<td>Maple Syrup</td>
<td>1/4 Cup</td>
<td>NIFMapSyrPt</td>
</tr>
<tr>
<td>Pork Tenderloins</td>
<td>1 Pound + 3 1/4 Ounce</td>
<td>1488</td>
</tr>
<tr>
<td>Sea Salt</td>
<td>0.25 Teaspoon</td>
<td>15929</td>
</tr>
<tr>
<td>Black Pepper</td>
<td>0.5 Teaspoon</td>
<td>33547</td>
</tr>
<tr>
<td>Water</td>
<td>1/2 Cup</td>
<td>abc</td>
</tr>
</tbody>
</table>

1. Preheat oven to 375 F degrees.
2. Heat the butter and 2 tablespoons of maple syrup over medium heat in an ovenproof pan.
3. Season the pork with the spices.
4. Brown the pork on all sides.
5. Place the pan in the oven, roast uncovered for 15-20 minutes (145 F degrees internal temperature).
6. Transfer the pork to a plate, cover with foil.
7. Add the water and remaining syrup to the pan, stir well.
8. Simmer the sauce until it has thickened slightly.
9. Slice the meat on a bias.
10. Drizzle the sauce over the meat.
11. Serve.
Maple Butter Pork Tenderloin
4 oz portion

Nutrition Facts
Serving Size 4 oz portion (115g)
Serving Per Container

Amount Per Serving
Calories 150 Calories from Fat 70
% Daily Values* 
Total Fat 8g 12%
Saturated Fat 4g 19%
Trans Fat 0%
Polyunsaturated Fat 0.5g %
Monounsaturated Fat 2.5g %
Cholesterol 75mg 25%
Sodium 190mg 8%
Total Carbohydrate 0g 0%
Dietary Fiber 0g 0%
Sugars 0g %
Protein 20g 41%

Vitamin A 0%  Vitamin C 0%
Calcium 0%  Iron 0%
Vitamin E 0%  Vitamin B6 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000  2,500
Total Fat Less than 65g  80g
Saturated Fat Less than 20g  25g
Cholesterol Less than 300mg  300mg
Sodium Less than 2,400mg  2,400mg
Total Carbohydrate 300g  375g
Dietary Fiber 25g  30g

Calories per gram
Fat 9  Carbohydrates 4  Protein 4

INGREDIENTS: Pork Tenderloins
(Ingredients: Fresh pork tenderloin), Water,
Maple Syrup, Butter (Ingredients: Cream,
Salt), Sea Salt (Ingredients: Salt), Black
Pepper (Ingredients: Black pepper)

Contains: Dairy

The information provided here is for informational purposes only, and depending on data conditions may not comply with applicable regulatory guidelines.

Maple Butter Pork Tenderloin (Key Name: PTMBCPverified)