This edition of the RIT Ready Newsletter focuses on how to prepare for emergencies at home.

**Preparedness at home** begins with making a plan and gathering a kit to deal with emergencies that may arise. The information for this newsletter is adapted from the [NYS Citizens Preparedness Corp](http://www.preparedness.ny.gov).

**Make A Plan:**

- Make a floor plan of the home (a simple sketch will do) and indicate at least two (2) escape exits.
- Write down two (2) places where you will meet in case of an emergency, one near home and one out of the area.
- Collect key contact information including:
  - Nearest relative(s) / close friends
  - Family work numbers and mobile phone numbers
  - Schools (address and phone)
  - Utility providers (gas, electric, water, sewer, phone, internet)
  - Insurance providers (medical, home, vehicle)
  - Emergency services (hospital, doctor, pharmacist, veterinarian, poison control)
- Document where the mains are for electricity, water and gas and know how to turn them off.
- **Prepare for emergencies** like fire, flood, severe weather that may affect where you live

**Build a Kit:**

- Backpack to hold supplies to go if needed
- First aid items – gauze, bandages, ace bandage, medical tape, antiseptic, saline
- Work gloves and eye protection
- Whistle, dust mask, reflective vest
- Manual can opener
- Flashlight with extra batteries
- Multi-tool with pliers, adjustable wrench
- Crank-operated emergency radio
- Reflective vest

**Collect Supplies**

- 7-10 day supply of non-perishable food items and water (1 gallon per person per day)
- Water purification tablets
- Collapsible water container
- Ready-to-eat canned foods
- Eating utensils
- Energy bars
- Personal hygiene items (toothpaste, toothbrush, toilet paper, plastic bags, soap, shampoo, deodorant)
- Tools – LED lantern, glow sticks, duct tape, local maps, paper and pencil, cell phone charge, document holder

**Contacting Emergency Services via 9-1-1:**

- If you can, always make a voice call to 9-1-1; use TTY or a relay service if possible
- Many 9-1-1 areas support text messaging, including the Rochester, NY area
- Maintain contact with the 9-1-1 operator until you are told you can disconnect

R.I.T Alert
Make sure your mobile phone number is in the RIT Alert system.
• Faculty and Staff – go to myinfo.rit.edu and add in the phone numbers emergency notification information area
• Students – go to SIS and enter in the Cell/Mobile phone field of the Personal Information area