TIGERS GOTTA EAT
YOUR GUIDE TO RIT DINING
Contents

I. Welcome ................................................................. 3
II. Vocabulary ........................................................... 4
III. Meal Plans ............................................................ 5
IV. Dining Locations ....................................................... 8
V. Catering Services ....................................................... 16
VI. Care Packages ........................................................ 17
VII. Nutrition ................................................................. 18
VIII. Food Allergies and Intolerances ................................. 19
IX. Sustainability .......................................................... 20
X. Student Employment .................................................... 21
XI. Map .......................................................... 22
Welcome to RIT Dining

RIT Dining, a department of Auxiliary Services, is committed to delivering legendary service with a customer centric focus, superior food quality, and food safety. We pride ourselves on a wide variety of great tasting, freshly prepared foods daily and ensuring the RIT community and visitors have an innovative and engaging dining experience at all of our operations on campus.

Our talented, personable, and dedicated staff is available to answer questions, take suggestions, and provide consistent positive experiences. As the largest employer of students, RIT Dining not only serves our customers from a dining perspective, but we provide a learning laboratory for students and partners to align with the mission of RIT.

We encourage you to learn more about our restaurants, dining halls, convenience stores, and catering services. We look forward to serving you and welcome you to experience all we have to offer.

Kory Samuels
Executive Director
RIT Dining

Dining Business Office
E: dining@rit.edu
P: 585-475-2228
Located in SAU/004 Room A520

RIT Dining is making changes and enhancements to all dining locations. We’ve placed an emphasis on cleaning, sanitation, and safety procedures. We increased flexibility in meals plans, outdoor seating, mobile ordering, mobile dining account management, and more carry-out options. Physical distancing will be promoted through limited seating, reduced occupancy, and new traffic patterns. Learn about what we are doing to maintain a safer dining experience.
Meals
Meals are used exclusively at Gracie’s, our largest dining facility and is peanut and tree nut free.

Meal Exchanges
Meal Exchanges have a specific dollar value. Meal exchanges are used to allow students to eat at other retail dining locations on campus other than Gracie’s. If a meal exceeds the exchange value, the difference may be paid with Dining Dollars, Tiger Bucks, cash, or credit.

Dining Dollars
Dining Dollars are used to purchase perishable and non-perishable groceries and food items only. Available only to students, funds can be used at all RIT Dining locations, including vending machines and a 10% discount is offered at Gracie’s. Additionally, food purchases are not charged the New York State 8% sales tax.

Any unused Dining Dollar balances at the end of fall semester will roll-over into spring semester. All funds must be used by the end of spring semester or funds will be forfeited. Rollover Dining Dollars are not considered to be an RIT meal plan, do not satisfy the required meal plan policy, and are not subject to the refund schedule.

Tiger Bucks
Tiger Bucks are a valuable and convenient debit account accessed through an RIT ID card, or temporary reload cards for campus visitors. Purchases can be made at various locations including Dining locations, Barnes & Noble at RIT, RIT hockey games, RIT concert tickets, and labs.

Add Funds
Tiger Spend is our online portal to add Dining Dollars and Tiger Bucks, using a credit card or e-check, to an RIT ID account. Students may request funds to an email address or funds may be deposited directly into a student’s account.

Tiger Spend Reload Station
Reload station provides an opportunity to add Tiger Bucks and Dining Dollars to an existing dining account using an RIT Dining or a reload card, which acts as a debit card for Tiger Bucks.
Meal Plans

Our meal plans are designed to meet students’ diverse dining needs and eating habits. Our plans provide great value and flexibility for catching a meal on the go or enjoying a sit-down meal. To complement our meal plans, we host special events to enliven your dining experience and highlight the culinary talents of our experienced chefs.

For current meal plan pricing, visit dining.rit.edu/meal-plans.

MEAL PLAN TYPES

Tiger Plans

Meals reset every Sunday before breakfast. Our Tiger meal plans offer a variety of meals at Gracie’s, Meal Exchanges and Dining Dollars. These meal plans offer a range of meals per week and a specific amount of Dining Dollars. The more Dining Dollars in the plan, the less number of designated Gracie’s meals and/or Meal Exchanges per week.

Meals represent all you care to eat meals at our largest facility, Gracie's

Tiger plans include: Tiger 5, Tiger 10, Tiger 14 and Tiger 19.

Dining Dollar Plans

Our Dining Dollar plans are debit accounts. Each plan offers a specific amount of Dining Dollars for the semester and can equate to Dining Dollars for three meals per day including groceries or equate to a smaller amount of Dining Dollars for an occasional meal or snack on campus. Students are responsible for budgeting their Dining Dollars throughout the semester.

Dining Dollars plans include: Orange, Brown, Gold, Silver and Bronze.
**First Year Meal Plans**

Incoming first year students assigned to the residence halls must select one of the three meal plans below. Student living at the RIT Inn may select a Tiger 5 meal plan.

**TIGER 19**

This meal plan is good for students who typically eat **2-3 meals per day, 7 days per week**. This plan offers 19 total meals per week and Dining Dollars.

**TIGER 14**

This meal plan is good for students who typically eat **2 meals per day, 7 days per week**. This plan offers 14 total meals per week and Dining Dollars.

**TIGER 10**

This meal plan is good for students who typically eat **1 - 2 meals per day, 7 days per week**. This plan offers 10 total meals per week and Dining Dollars.

**Upperclass Meal Plans**

Returning, transfer or graduate students living in the residence halls or at the RIT Inn may select one of the meal plans below, or any of the freshman meal plans above.

**TIGER 5**

This meal plan is good for students who enjoy the flexibility of eating **5 meals per week** on campus plus Dining Dollars*.

*Incoming first year students living at the RIT may select this meal plan option.

**ORANGE**

This meal plan is good for students who typically eat **3 meals per day** on campus, snack and purchase groceries on campus to prepare meals.
Commuter and Greek Circle Meal Plans

Any student living in an RIT on-campus apartment, off-campus, or full member living in Greek Circle housing may select one of the meal plans below or any of the First Year or Upperclass meal plans.

The meal plans below are solely Dining Dollars. The Orange plan provides the highest amount of Dining Dollars followed by the Brown, Gold, Silver and, the least amount, the Bronze plan.

**ORANGE**

This meal plan is good for students who typically eat **3 meals per day** on campus, snack, and purchase groceries on campus to prepare meals.

**BROWN**

This meal plan is good for students who typically eat **2 - 3 meals per day** on campus and purchase groceries on campus to prepare meals.

**GOLD**

This meal plan is good for students who typically eat **2 meals per day** on campus and purchase groceries on campus to prepare meals.

**SILVER**

This meal plan is good for students who typically eat **1-2 meals per day** on campus and purchase groceries on campus to prepare meals.

**BRONZE**

This meal plan is good for students who typically **snack** throughout the day and purchase groceries on campus to prepare meals.
Dining Locations

RIT Dining operates 21 operations, which include restaurants, dining halls, convenience stores, coffee shops, concessions, and catering services.

Artesano Bakery & Café

Located in Monroe Hall, Artesano is the on-campus patisserie offering a wide selection of delicacies, including breakfast sandwiches, pastries, cookies, and cupcakes with a variety of gluten-free and vegan options. Artesano serves blended frozen drinks, espressos, lattes and cappuccinos from Peet’s Coffee.

Beanz

Ben & Jerry’s

Located in the Student Alumni Union, Ben & Jerry’s offers over 30 flavors of Vermont’s best ice cream. Here you will find a place where friends hang out and good vibes flow over euphoric ice cream flavors chock-full of chunks and swirls. A variety of dairy and non-dairy ice cream, shakes, sundaes, smoothies, cookies, and cakes are available.

Brick City Café

Located in the Student Alumni Union, Brick City Café features a wide variety of breakfast, lunch, and dinner entrées with daily specials. They offer breakfast sandwiches, a breakfast grill, hot grill selections, full deli with subs and wraps, daily entree specials, and daily vegetarian entree specials. Also available are grab-and-go items as well as bottled beverages and Finger Lakes Roasters coffee.

Bytes

Located in Monroe Hall, Bytes is a convenient place for grab-and-go breakfast, lunch, snacks, and beverages. Bytes features a great variety of sandwiches, hummus, salads, fresh fruit, chips, candy, ice cream and more.
**Campus Concessions**

With three locations in the Gene Polisseni Center and the Gordon Field House, Campus Concessions offer a wide variety of fan favorite food, beverages, and snacks including popcorn, nachos, burgers, chicken fingers, pretzels, pizzas, and a variety of lighter selections. Concessions also offer a variety of mobile food and snack carts.

**Global Village Cantina & Grille**

Located in Global Village, the Cantina & Grille offers two distinct dining experiences. Choose from made-to-order Mexican cuisine at Salsarita’s, or grab and go sushi from Hissho Sushi.

**Ctrl Alt Deli**

Located in Global Village, Ctrl Alt Deli offers a variety of signature breakfast sandwiches, subs, folded naan sandwiches, and wraps. They also offer several grab-and-go options such as bagels, baked goods, pastries, fresh fruit, and salad.
Gracie’s
Located in Grace Watson Hall, Gracie's is a peanut and tree nut free facility that offers daily entrée specials, carving station, pizza, pasta, and grill options. Vegan and vegetarian entrées are offered daily, as well as pre-packaged grab and go items.

Midnight Oil
Located in the Crossroads building in Global Village, Midnight Oil is a convenient destination to relax, converse, and experience music and art. Midnight Oil serves Starbucks, hot and iced drinks, specialty beverages including teas, and chai. Enjoy artisan sandwiches, desserts, and pastries.

Java Wally’s
Located in the Wallace Library, find fresh gourmet coffee (made with Java Joe's beans), tea, smoothies, lemonade, and light snacks while relaxing in a casual, comfortable atmosphere. Java Wally's is in partnership with Java's on Gibbs Street in downtown Rochester.
Sol's Underground
Located in Sol Heumann Hall, Sol's Underground is the one-stop-shop for a quick bite to eat and everyday necessities. Sol's offers health and beauty products, vitamins, housewares, school supplies, grocery items, snacks, and international and gourmet packaged foods. Sol's prepares flat bread pizzas, quesadillas, paninis, wraps, offers ice cream, sushi from Hissho Sushi, and visiting chefs.

Nathan's Soup and Salad
Located in the Student Alumni Union, Nathan's Soup and Salad is a local Rochester favorite since 1980. Nathan's offers a variety of healthy home-style soups, sandwiches, and fresh baked breads.

RITZ Sports Zone
Located in the Student Alumni Union, RITz Sports Zone is a favorite spot to socialize and watch sports. Lunch and dinner offerings include a salad bar, pasta bake, pizza, panini, grill, deli, visiting chefs, and a grab-and-go station. The RITz also features a bar* and game room complete with pool tables and arcade games.

*Must be 21 years or older to consume alcohol. ID required.

Temporarily Closed

Temporarily Closed
**Café & Market at Crossroads**

Located in the Crossroads building in Global Village, the Café and Market at Crossroads features a food court and convenience store. There are nine different food stations: grill, salad bar, pasta toss, pizza, Asian, deli, chef specials, visiting chefs and Ultimate Smoothie Blendz. The Market carries a large selection of grocery items.

**The College Grind**

Located in the Center for Student Development (CSD), The College Grind offers a variety of hot and cold Starbucks drinks, baked goods, breakfast sandwiches, and desserts. Ultimate Smoothie Blendz (USB) creates smoothies with real fruits, vegetables, and cold-pressed juices from a local orchard, Red Jacket Orchards.

**The Commons**

Located on the second floor of the Center for Student Development (CSD), The Commons offers a wide menu selection with one of the best views on campus. Features include lunch and dinner entrées, the Shumway sub and salad station, Hettie's Grill, stone oven pizza, pasta cucina, soups, and made-to-order salads.
The Corner Store

Located in Nathaniel Rochester Hall, The Corner Store is the on-campus grocery store. Pick up snacks or all the ingredients to prepare a meal. The Corner Store is filled with fresh produce, sandwiches, ice cream, microwavable entrées, dairy products, snacks, and beverages. The Corner Store is open late everyday.

The Market at Global Village

Located in Global Village, The Market at Global Village is the on-campus destination to purchase foods and beverages from around the world. They offer gifts and household goods that are sustainable, all natural, local and fair trade.

RIT Dining is committed to delivering legendary service with a customer centric focus, superior food quality, and attention to food safety.
Catering Services

RIT Dining offers two distinct catering options. RIT Catering offers full service catering for small and large events, while RIT Catering Express is perfect for small casual gatherings. Visit rit.edu/catering to learn more.

RIT Catering

RIT Catering is RIT’s self-owned and operated catering department. RIT Catering offers full service catering for large groups. The customizable menu includes continental breakfasts, hot buffet breakfasts, meeting breaks, boxed lunches, sandwich platters, buffet lunches and dinners, served lunches and dinners, hors d’oeuvre receptions, and bar services.

RIT Catering Express

RIT Catering Express offers catering services for small meetings and events on campus for less than 30 people. RIT Catering Express orders may be at events.rit.edu and deliveries will be made to building lobbies, unless otherwise noted.
Care Packages

Our care packages are an exclusive gift service offered to the on-campus community. Themed care packages are available during specific times of the year that highlight the spiRIT of the university. We also help families celebrate special occasions with baked goods, pizzas, and balloons. Visit carepackages.rit.edu to learn more.
Nutrition

RIT Dining is committed to educating and encouraging the RIT community to lead a healthier lifestyle. Our program provides helpful and practical information and resources on nutrition, healthy living, special dietary restrictions and needs, food allergies, and healthier meal choices. A registered dietitian is available to create a plan to fit a specific dietary need or preference.

NetNutrition®

NetNutrition allows customers to access nutritional information for foods served in many of our dining locations. View menu offerings, allergens, and nutritional information by visiting rit.edu/netnutrition.

Tiger Choice Meals

Tiger Choice approved entrées meet the following criteria:

- Less than 600 calories
- 0 trans fat
- Less than 5g of saturated fat
- Less than 800mg of sodium
- Contains no high fructose corn syrup
- Prepared without frying

Nutrition Labeling

Daily specials and grab-and-go items available throughout RIT Dining include a nutrition facts label, ingredients, and allergens.

Our nutrition labels allow for easily identifying healthy food choices along with foods that comply with certain dietary restrictions.

Our nutrition labels include the following:

- GF: Gluten Free
- Halal
- NF: Nut Free
- TC: Tiger Choice
- VE: Vegan
- V: Vegetarian
Food Allergies and Intolerances

Keeping students safe is at the center of the food allergy and intolerance policy program at RIT. For the safety of our customers, we have many tools in place to alert customers of food allergens. Our registered dietitian and staff are dedicated to assisting students with any special dietary needs or preferences. We encourage questions or one-on-one consultations regarding healthy eating, food choices, food ingredients, and general nutrition inquiries.

Our Policy

Students’ safety is a top priority, and we are committed to:

• Ensure all students with special dietary needs are documented with the Disability Services Office
• Ensure the student meets with the RIT Dining Registered Dietitian to create a plan for safe eating on campus
• Establish a relationship between the student and key RIT Dining staff members
• Provide ingredient and nutrition information on our website through NetNutrition

Students also have a responsibility to make RIT Dining aware of any special dietary needs.

Your Responsibilities

To provide for students with special dietary needs, it is crucial for these students to:

• Register with the Disability Services Office and provide the proper documentation from a medical doctor and fill out and submit the online Food Allergy Information Form
• Visit NetNutrition to become familiar with finding safe foods on campus
• Meet with our Registered Dietitian to attend an orientation meeting and also create a plan for safe eating on campus
• When in doubt, avoid a food you are unsure of or ask the dining manager for more information
• Familiarize yourself with our Allergy Disclaimer and Nutrition Labeling system which can help you identify foods with gluten and the Big 8 food allergens
Sustainability

Our vision is to be a learning laboratory for the RIT community. We actively pursue efficient sustainable practices as part of our everyday culture through continuous improvements for our customers.

- Local vendors within 100 miles of campus: 20
- Worth of plastic removed from the waste stream by using Ozzi to-go containers: 100,000+ lbs
- Of pre and post-consumer waste donated: 514,000 lbs
- Food waste reduction at our tray-less resident dining hall: 30%
- Of food donated to Recover Rochester and Foodlink since 2012: 78,700+ lbs
- 365 days of local produce grown in our Hydroponic Farm. 500 plants harvested every week.
Student Employment

RIT Dining is the largest student employer on campus. We employ more than 1,000 students in a variety of roles.

We offer flexible schedules, leadership development opportunities, competitive wages, and convenient work locations. Learn, develop, and expand your work experience that will be respected by future employers. Apply for positions on Handshake, the on-campus student employment job portal. Dining positions can be found at rit-csm.symplicity.com
West Campus

Visit our website and download the RIT mobile app at m.rit.edu.

dining.rit.edu

dining@rit.edu

(585) 475-2228

Call or email to schedule an appointment

@RITdining
RIT Dining is a department of Auxiliary Services. Learn more at www.rit.edu/fa/sas.