YOUR GUIDE TO
RIT DINING SERVICES
Welcome to RIT Dining Services

RIT Dining Services, a department of Student Auxiliary Services, is committed to delivering legendary service with a customer-centric focus, superior food quality, and food safety. We pride ourselves on a wide variety of great tasting, freshly prepared food daily and ensuring the RIT community and visitors have an innovative and engaging dining experience at all 21 operations on campus.

Our talented, personable, and dedicated staff is available to answer questions, take suggestions, and provide consistent positive experiences. As the largest employer of students at RIT, Dining Services not only serves our customers from a dining perspective, but we provide a learning laboratory for students and partners to align with the mission of RIT.

We encourage you to learn more about our restaurants, dining halls, convenience stores, and catering services. We look forward to serving you and welcome you to experience all we have to offer.

Kory Samuels
Executive Director
RIT Dining Services

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Dining Dollars
• Accepted at all RIT Dining Services locations and vending machines
• Purchase perishable and non-perishable groceries only
• Save 8% New York state tax on food purchases
• Receive a 15% discount at Gracie’s, our largest residential dining hall
• Fall semester balance rolls over to spring semester
• Balance must be used by the end of the spring semester

Meal Exchanges
Meal Exchanges have a specific dollar value. If a meal exceeds the value, the difference may be paid with Dining Dollars, Tiger Bucks, cash, or debit/credit card (Visa/MasterCard/Discover).

Tiger Bucks
Tiger Bucks is a valuable and convenient debit account accessed through your RIT ID card and is available to all RIT students, faculty, and staff. Purchases can be made at various location on and off-campus including Barnes & Noble at RIT, RIT hockey games, and RIT concert tickets. There are no fees, no interest, no monthly billing, and funds never expire.
• Use at over 75 dining and retail locations on and off-campus
• Never expires and rolls over from semester to semester
• Online deposits available 24 hours a day, 7 days a week at eservices.rit.edu

VOCABULARY
Familiarize yourself with our payment types, in addition to cash and credit.

MEAL PLAN TYPES

Tiger Plans
Our Tiger meal plans offer a variety of meals at Gracie’s, Meal Exchanges and Dining Dollars. These meal plans offer a range of meals per week and a specific amount of Dining Dollars. The more Dining Dollars in the plan, the less number of designated Gracie’s meals and/or Meal Exchanges per week. Meals reset every Sunday before breakfast.

Meals at Gracie’s: Gracie’s is our all-you-care-to-eat dining location in Grace Watson Hall. Tiger Plans have a specified allocation of Gracie’s meals per week. Meals reset every Sunday before breakfast.

Tiger plans include: Tiger 5, Tiger 10, Tiger 14 and Tiger 20.

Dining Dollar Plans
Our Dining Dollar plans are debit accounts. Each plan offers a specific amount of Dining Dollars for the semester and can equate to Dining Dollars for three meals per day including groceries or equate to a smaller amount of Dining Dollars for an occasional meal or snack on campus. Students are responsible for budgeting their Dining Dollars throughout the semester.

Dining Dollars plans include: Orange, Brown, Gold, Silver and Bronze.
FRESHMAN MEAL PLANS
Incoming freshman students assigned to the residence halls must select one of the three meal plans below.

TIGER 20
This meal plan is good for students who typically eat 3 meals per day, 7 days per week. This plan offers 13 meals at Gracie’s and up to 7 meal exchanges plus Dining Dollars each semester.

TIGER 14
This meal plan is good for students who typically eat 2 meals per day, 7 days per week. This plan offers 8 meals at Gracie’s and up to 6 meal exchanges plus Dining Dollars each semester.

TIGER 10
This meal plan is good for students who typically eat 1 - 2 meals per day, 7 days per week. This plan offers 5 meals at Gracie’s and up to 5 meal exchanges plus Dining Dollars each semester.

UPPERCLASSMAN MEAL PLANS
Returning, transfer or graduate students living in the residence halls or at the RIT Inn may select one of the meal plans below, or any of the freshman meal plans above.

TIGER 5
This meal plan is good for students who enjoy the flexibility of eating 5 meals per week on campus plus Dining Dollars each semester.

ORANGE
This meal plan is good for students who typically eat 3 meals per day on campus, snack, and purchase groceries on campus to prepare meals.

GOLD
This meal plan is good for students who typically eat 2 meals per day on campus and purchase groceries on campus to prepare meals.

SILVER
This meal plan is good for students who typically eat 1 - 2 meals per day on campus and purchase groceries on campus to prepare meals.

BRONZE
This meal plan is good for students who typically snack throughout the day and purchase groceries on campus to prepare meals.

COMMUTER AND GREEK CIRCLE MEAL PLANS
Any student living in an RIT on-campus apartment, off-campus, or full members living in Greek Circle housing may select one of the meal plans below or any of the Freshman or Upperclassman meal plans. The meal plans below are solely Dining Dollars. The Orange plan provides the highest amount of Dining Dollars followed by the Brown, Gold, Silver and, the least amount, the Bronze plan.
DINING LOCATIONS
RIT Dining Services operates 21 operations, which include restaurants, dining halls, convenience stores, coffee shops, concessions, and catering services.

ARTESANO BAKERY & CAFÉ
Located in Monroe Hall, Artesano is the on-campus patisserie offering a wide selection of upscale delicacies, including breakfast pastries, sandwiches, cookies, tarts, and a wide variety of gluten-free, vegan baked goods, and specialty created treats. Artesano serves blended frozen drinks, espressos, lattes and cappuccinos from Peet’s Coffee.

BEANZ
BEN & JERRY’S
Located in the Student Alumni Union, Ben & Jerry’s offers over 30 flavors of Vermont’s best ice cream. Here you will find a place where friends hang out and good vibes flow over euphoric ice cream flavors chock-full of chunks and swirls. A variety of dairy and non-dairy ice cream, shakes, sundaes, smoothies, cookies, and cakes are available.

BYTES
Located in Monroe Hall, Bytes is a convenient place for grab-and-go breakfast, lunch, beverages, and snacks. Bytes features a great variety of sandwiches, hummus, salads, fresh fruit, Ben & Jerry’s ice cream pints, chips, candy, and more.

BRICK CITY CAFÉ
Located in the Student Alumni Union, Brick City Café features a wide variety of breakfast and lunch entrées, including daily specials. There is an extensive salad bar, full deli with subs and wraps, hot grill selections, daily visiting chefs, fresh soups, desserts, snacks, and a Seattle’s Best coffee station.

CAMPUS CONCESSIONS
Three locations in the Gene Polisseni Center and the Gordon Field House, Campus Concessions offer a wide variety of fan favorite food, beverages, and snacks including popcorn, nachos, burgers, chicken fingers, pretzels, pizzas, and a variety of lighter selections. Concessions also offer a variety of mobile food and snack carts.

GLOBAL VILLAGE CANTINA & GRILLE
Located in Global Village, the Cantina & Grille offers three distinct dining experiences. Choose from made-to-order Mexican cuisine at Salsarita’s, cooked-to-order international cuisine at the Global Grille, or made-to-order sushi from Hissho Sushi. A bar serving alcoholic* and non-alcoholic beverages is also available.

*Must be 21 years or older to consume alcohol. ID required.

CTRL ALT DELI
Located in the atrium of B. Thomas Golisano College of Computing and Information Sciences, Ctrl Alt Deli offers a variety of signature sandwiches and design your own sandwiches, pizzas, panini and wraps. Pair a sandwich with one of the daily homemade soups. Ctrl Alt Deli also offers baked goods, fresh fruit, salads, and several grab-and-go options.
GRACIE’S
Located in Grace Watson Hall, Gracie’s is the largest dining facility on campus, serving all-you-care-to-eat, which includes Mongolian Grill, Simply Eats (an allergen friendly station), pizza, an American grill, made-to-order deli with fresh baked sub rolls, desserts, salad station, hand fruit station, waffle station, and a Seattle’s Best coffee station.

MIDNIGHT OIL
Located in the Crossroads building in Global Village, Midnight Oil is a convenient destination to relax, converse, and experience music and art. Midnight Oil serves Starbucks hot and iced drinks and specialty beverages, including teas, chai, Italian sodas, and steamers. Enjoy artisan sandwiches, desserts, and pastries prepared by Artesano Bakery & Café.

JAVA WALLY’S
Located in the Wallace Library, find fresh gourmet coffee (made with Java Joe’s beans), tea, smoothies, lemonade, and light snacks while relaxing in a casual, comfortable atmosphere. Java Wally’s is in partnership with Java’s on Gibbs Street in downtown Rochester.

RITZ SPORTS ZONE
Located in the Student Alumni Union, RITz Sports Zone is a favorite spot to socialize and watch sports. Lunch and dinner offerings include a salad bar, pasta bake, pizza, panini, grill, deli, visiting chefs, and a grab-and-go station. The RITz also features a bar* and game room complete with pool tables and arcade games.

*Must be 21 years or older to consume alcohol. ID required

NATHAN’S SOUP AND SALAD
Located in the Student Alumni Union, Nathan’s Soup and Salad is a local Rochester favorite since 1980. Nathan’s offers a variety of healthy home-style soups, sandwiches, and fresh baked breads.

SOL’S UNDERGROUND
Located in Sol Heumann Hall, Sol’s Underground is the one-stop-shop for a quick bite to eat and everyday necessities. Sol’s offers a large variety of health and beauty products, vitamins, housewares, school supplies, greeting cards, grocery items, snacks, and international and gourmet packaged foods. Sol’s prepares flat bread pizzas, quesadillas, paninis, wraps, offers Perry’s Ice Cream, sushi from Hissho Sushi, and visiting chefs.
The College Grind
Located in the Center for Student Development (CSD), The College Grind offers a variety of hot and cold Starbucks drinks, baked goods, breakfast sandwiches, and desserts. Ultimate Smoothie Blendz (USB) creates smoothies with real fruits, vegetables, and cold-pressed juices from a local orchard, Red Jacket Orchards.

The Commons
Located on the second floor of the Center for Student Development (CSD), The Commons offers a wide menu selection with one of the best views on campus. Features include lunch and dinner entrées from the Shumway sub and salad station, Hettie’s Grill, stone oven pizza, pasta cucina, soups, and made-to-order salads. The coffee station serves Seattle’s Best.

Café & Market at Crossroads
Located in the Crossroads building in Global Village, the Café and Market at Crossroads features a food court and convenience store. There are nine different food stations: grill, salad bar, pasta toss, pizza, home-style dishes, Asian, deli, visiting chefs and Ultimate Smoothie Blendz, smoothies with real fruit, vegetables, and cold-pressed juices. The Market carries a large selection of grocery items.

The Corner Store
Located in Nathaniel Rochester Hall, The Corner Store is the on-campus grocery store. Pick up snacks or all the fixings to prepare a meal. The Corner Store is filled with fresh produce, sandwiches, ice cream, microwavable entrées, dairy products, snacks, and beverages. Cleaning and paper products are also available. The Corner Store is open late everyday.

The Market at Global Village
Located in Global Village, The Market at Global Village is the on-campus destination to purchase foods, beverages, gifts, and household goods that are international, ethnic, sustainable, all natural, local, and fair trade. The Market offers a diverse mix of foods and ingredients from around the world.

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CATERING SERVICES

RIT Dining Services offers two different catering options. RIT Catering offers full service catering for small and large events, while Dining Express is perfect for small gatherings.

RIT CATERING

RIT Catering is RIT’s self-owned and operated catering department. RIT Catering offers full service catering for large groups. The customizable menu includes continental breakfasts, hot buffet breakfasts, meeting breaks, boxed lunches, sandwich platters, buffet lunches and dinners, served lunches and dinners, hors d’oeuvre receptions, and bar services.

DINING EXPRESS

Dining Express offers catering services for small meetings and events on campus for less than 100 people. Dining Express operates from The Commons, RITZ Sports Zone, and The Café & Market at Crossroads and delivers to campus residence halls, meetings rooms, and offices.

CARE PACKAGES

Our care packages are an exclusive gift service offered to the on-campus community. Themed care packages are available during specific times of the year that highlight the spirit of the university. We also help families celebrate special occasions with baked goods, pizzas, and balloons. Visit carepackages.rit.edu to learn more.
NUTRITION

RIT Dining Services is committed to educating and encouraging the RIT community to lead a healthier lifestyle. Our program provides helpful and practical information and resources on nutrition, healthy living, special dietary restrictions and needs, food allergies, and healthier meal choices. A registered dietitian is available to create a plan to fit a specific dietary need or preference.

NETNUTRITION®

NetNutrition® allows customers to access nutritional information for foods served in many of our dining locations. View menu offerings, allergens, and nutritional information by visiting rit.edu/netnutrition.

TIGER CHOICE MEALS

Tiger Choice approved entrées meet the following criteria:

• Less than 600 calories
• 0 trans fat
• Less than 5g of saturated fat
• Less than 800mg of sodium
• Prepared without frying

NUTRITION LABELING

Daily specials and grab-and-go items available throughout RIT Dining Services include custom nutrition labels that highlight calories, fat, carbohydrates, fiber, protein, and allergens.

Our nutrition labels allow for easily identifying healthy food choices along with foods that comply with certain dietary restrictions.

Our nutrition labels include the following:

- NF: Nut Free
- VE: Vegan
- V: Vegetarian
- GF: Gluten Free
- TC: Tiger Choice

FOOD ALLERGIES AND INTOLERANCES

Keeping students safe is at the center of the food allergy and intolerance policy program at RIT. For the safety of our customers, we have many tools in place to alert customers of food allergens. Our registered dietitian and staff are dedicated to assisting students with any special dietary needs or preferences. We encourage questions or one-on-one consultations regarding healthy eating, food choices, food ingredients, and general nutrition inquiries.

ALLERGIES & INTOLERANCES

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OUR POLICY

Students’ safety is a top priority, and we are committed to:

• Ensure all students with special dietary needs are documented with the Disability Services Office
• Ensure the student meets with the Dining Services’ Registered Dietitian to create a plan for safe eating on campus
• Establish a relationship between the student and key Dining Services’ staff members
• Provide ingredient and nutrition information on our website through NetNutrition®.

Students also have a responsibility to make RIT Dining Services aware of any special dietary needs. For more information visit dining.rit.edu.

SIMPLY EATS

Our largest residential dining hall, Gracie’s, provides allergen friendly foods every day within the Simply Eats station. The station is dedicated to eliminating the top eight food allergens, which include eggs, dairy, wheat, soy, shellfish, fish, peanuts, and tree nuts. Simply Eats also eliminates gluten and sesame seeds. The goal of Simply Eats is to provide those with common allergies or intolerances with safe food choices. The ever-growing menu is composed of over 400 recipes and include a wide selection of proteins, vegetables, and legumes.
SUSTAINABILITY

Our vision is to be a learning laboratory for the RIT community in our active pursuit to make sustainable practices a part of our everyday culture through continuous improvement for our community.

20
Local vendors within 100 miles of campus

100,000+ lbs
Worth of plastic removed from the waste stream by using Ozzi to-go containers

514,000 lbs
Of pre and post-consumer waste donated

30%
Food waste reduction at our tray-less resident dining hall

78,700 lbs
Of food donated to Recover Rochester and Foodlink since 2012

STUDENT EMPLOYMENT

RIT Dining Services is the largest student employer on campus. We employ more than 1,000 students in a variety of roles.

We offer flexible schedules, leadership development opportunities, competitive wages, and convenient work locations. Learn, develop, and expand your work experience that will be respected by future employers. Apply for positions on Handshake, the on-campus student employment job portal. Dining positions can be found at http://bit.ly/RITdiningjobs
Visit our website and download our mobile app at m.rit.edu.

- Website: dining.rit.edu
- Email: dining@rit.edu
- Phone: (585) 475-2228
- Student Union: Student Alumni Union (SAU) A520
- Hours: Monday - Friday, 8:30 a.m. – 4:30 p.m.
- Social Media: @RITdining
RIT Dining Services is a department of Student Auxiliary Services. Learn more at www.rit.edu/fa/sas