

This edition of the RIT Ready Newsletter focuses on how to prepare for emergencies at home.

Preparedness at home begins with making a plan and gathering a kit to deal with emergencies that may arise. The information for this newsletter is adapted from the [NYS Citizens Preparedness Corp.](#)

Make A Plan:

- ✓ Make a floor plan of the home (a simple sketch will do) and indicate at least two (2) escape exits.
- ✓ Write down two (2) places where you will meet in case of an emergency, one near home and one out of the area.
- ✓ Collect key contact information including:
 - Nearest relative(s) / close friends
 - Family work numbers and mobile phone numbers
 - Schools (address and phone)
 - Utility providers (gas, electric, water, sewer, phone, internet)
 - Insurance providers (medical, home, vehicle)
 - Emergency services (hospital, doctor, pharmacist, veterinarian, poison control)
- ✓ Document where the mains are for electricity, water and gas and know how to turn them off.
- ✓ **Prepare for emergencies** like fire, flood, severe weather that may affect where you live

Build a Kit:

- ✓ Backpack to hold supplies to go if needed
- ✓ First aid items – gauze, bandages, ace bandage, medical tape, antiseptic, saline
- ✓ Work gloves and eye protection
- ✓ Whistle, dust mask, reflective vest
- ✓ Manual can opener
- ✓ Flashlight with extra batteries
- ✓ Multi-tool with pliers, adjustable wrench
- ✓ Crank-operated emergency radio
- ✓ Reflective vest

Collect Supplies

- ✓ 7-10 day supply of non-perishable food items and water (1 gallon per person per day)
- ✓ Water purification tablets
- ✓ Collapsible water container
- ✓ Ready-to-eat canned foods
- ✓ Eating utensils
- ✓ Energy bars
- ✓ Personal hygiene items (toothpaste, toothbrush, toilet paper, plastic bags, soap, shampoo, deodorant)
- ✓ Tools – LED lantern, glow sticks, duct tape, local maps, paper and pencil, cell phone charge, document holder

Contacting Emergency Services via 9-1-1:

- If you can, always make a voice call to 9-1-1; use TTY or a relay service if possible
- Many 9-1-1 areas **support text messaging**, including the **Rochester, NY** area
- Maintain contact with the 9-1-1 operator until you are told you can disconnect

- Faculty and Staff – go to myinfo.rit.edu and add in the *phone numbers emergency notification information* area
- Students – go to [SIS](#) and enter in the Cell/Mobile phone field of the *Personal Information* area