



RIT INTRAMURAL ICE HOCKEY RULES (Revised 1/22/2020)

This league follows all of USA Hockey Rules and Regulations under the Non- Checking Category except for the amendments and points of emphasis listed below. These Rules and Regulations are specific to the game of Ice Hockey, they are an addition to the RIT Intramurals General Policy. Any player found in violation of these Rules or Regulations will be penalized per USA Hockey Guidelines and, if necessary, by the Assistant Director of RIT Intramurals.

There are no longer any Co-Ed leagues within the Intramural Program, which removes all gender requirements for any offering. We ask all players to respectfully play down to the competition level of the league they are playing in. If this is not the case, based on the supervisor's discretion, players can be removed from their respective teams.

Roster/Teams

- A team consists of five (5) players.
 - A team must have a minimum of five (5) players present at game time to avoid a forfeit unless both captains agree before the start of the game.
- If a team does not have a goaltender and needs one, whether to reach the minimum five (5) players needed or to fill in for the rostered goaltender, they may do so, with the other team's consent, provided the goaltender is registered in Fusion prior to the start of the game. They do not need to be on the team's roster to play.
- All participants are required to wear full equipment, which includes shoulder pads, chest protector, and helmet with a full-face cage, elbow pads, shin pads, and jock straps. Mouth guards and throat guards are strongly encouraged.
- Team captains are responsible for ensuring that all team members are in compliance with these requirements.

Games

- Games will consist of a 3-minute warmup, 3 15-minute periods and 2 1-minute intermissions.
- A minor will consist of a two (2) minute penalty, a major will consist of a five (5) minute penalty
 - All penalties will start when the puck is dropped to resume play.
- In the third period, the clock will stop with any stoppage of play and resume with the resulting faceoff. For this to occur, the following criteria must be met:
 - The score is tied and there is less than two (2) minutes remaining.
 - There is a one (1) goal lead for either team and there is less than one (1) minute remaining.
- In the event of a tie at the end of regulation, playoff games will be decided by a shootout with a minimum of three players. Play stops on a missed penalty shot.

Rules and Points of Emphasis

- After a penalty has been called, the following faceoff will occur at the **spot where the puck was located when play was stopped.**
 - If that spot is in the offensive zone of the penalized team, then the faceoff will occur at the nearest neutral zone faceoff dot.
- Delayed Off-sides (Or Tag-up Off-sides) is defined by USA Hockey as:
 - “A situation where an attacking player has preceded the puck across the attacking blue line, but the defending team has gained possession of the puck and is in a position to bring the puck out of their Defending Zone without any delay or contact with an attacking player.”
 - When delayed off-sides is in effect, the official will raise their arm signaling off-sides then **lower it once one of the following criteria are met:**
 - **All attacking players are across the blue line and are back in the neutral zone.**
 - **The puck has been cleared into the neutral zone.**
- Icing is defined by USA Hockey as:
 - “When a player of a team shoots, bats with the hand or stick or deflects the puck from his own half of the ice completely beyond the goal line of the opposing team, play shall be stopped and a face-off shall take place at an end zone face-off spot in the defending zone of the offending team.”
 - **Note: Once the puck crosses the goal line, play is dead and the whistle must blow, there is no race to the line, faceoff dot, etc.**
- As per USA Hockey, Non-checking does not mean no body contact. The definition of LEGAL Body Contact is:
 - “Contact that occurs between opponents during the normal process of playing the puck, provided there has been no overt hip, shoulder or arm contact to physically force the opponent off the puck.”
 - **If this criterion is met, no penalty shall be called.**
- Major penalties will result in the offending player serving five (5) minutes in the penalty box and the offending team being short-handed for the entire five (5) minutes, regardless of whether a goal is scored.
- **A major penalty may result in ejection, suspension, or removal from the league, at the discretion of the officials and/or the Intramural Office.**
- Major penalties include, but are not limited to:
 - Hitting from behind, charging or boarding.
 - Any contact with the head.
 - Flagrant slashing, high sticking or cross checking.
 - Fighting of any kind, regardless of cause.
 - Kicking, spearing or butt ending a player.
 - **Any of these infractions may be interpreted as an intent to injure, resulting in an immediate ejection and suspension.**

- For instances of players pushing & shoving or face-washing an opponent; whether playful or aggressive in nature, the officials will give a verbal warning. If both participants do not disengage immediately following this warning, the official will assess a penalty.
- **Any other conduct not covered in these examples will be called as defined in the USA Hockey Rulebook.**

RIT Intramurals Ice Hockey Code of Conduct

- **These are specific to Ice Hockey and are in addition to RIT Intramurals General Policy**
- There will be zero tolerance for any of the following committed by any team member or spectator:
 - At no time will a team member verbally or physically abuse or threaten an official. If a team member does, they will be dealt with in the following manner as per USA Hockey guidelines listed below:
 - Verbal Warning
 - Minor Penalty
 - Another Warning
 - Ejection
 - The team member will be suspended until a meeting with the Intramurals Assistant Director has occurred.
 - At no time will a team member verbally or physically abuse or threaten a member of the Recreation and Intramurals, Intercollegiate Athletics, or Ritter Arena staff. The offending player will be removed from the game and suspended until a meeting with the Assistant Director for Intramurals has occurred, and disciplinary action through Student Conduct, Public Safety, and/or the Monroe County Sheriff's Office may be pursued;
 - Team captains are responsible for their fans. Spectators will not abuse players, officials or rink facilities. This includes but is not limited to: taunting, obscene language or gestures, throwing objects of any kind on the ice, banging on the glass, littering in the stands, etc.;
 - Any team member or spectator under the influence or in possession of alcoholic beverages will be held in violation of intramural and Institute policies, and will face consequences as such. Public Safety will be notified.