



# Osher Lifelong Learning Institute

R.I.T

For Age 50+ Learners

## Summer 2017 Courses

### Monday Summer 2017 Course Schedule

#### Current Events .....Su1M

[NEW CONTENT] Participants are encouraged to express their opinions on current events. *Discussion*

**Con Sullivan** has led this as well as other courses at Osher for several years.

Monday: 9:30 – 11:00 am  
Eight Weeks: July 3 – August 21

#### Intermediate Spanish Conversation .....Su2M

[NEW CONTENT, MULTI-PART SERIES] *BEGINS JULY 10th*. This course is for the intermediate students who either have regularly taken the class or are proficient in Spanish. **Required Text:** *Laugh 'n' Learn Spanish* by Lynn Johnston and Brenda Wegmann. 9780071415194. *Audio/Visual, Discussion, Lecture, Reading, Writing*

**Roz Rubin** Roz Rubin has enjoyed speaking and leading courses in Spanish for many years.

Monday: 9:30 – 11:00 am  
Seven Weeks: July 10 – August 21

#### Ansel and Friends: Part 2 .....Su3M

[NEW COURSE] Ansel Adams is famous but there are other photographers whose work is known but whose names are not. We'll continue our discussions of the lives of these less famous photographers. We'll explore the lives and works of more than five photographers who are on every photographer's list of the 100 best photographers.

**Enrollment Limit: 25**  
*Audio/Visual, Discussion, Lecture*

**Michelle Turner** is a retired educator. She travels extensively to photograph. Her photos have been exhibited at Osher and sold at several local galleries.

Monday: 11:15 am – 12:45 pm  
Four Weeks: July 3 – July 24

#### Memoirs .....Su4M

*BEGINS JULY 24th*. What good are all your family stories if they are locked up in your head? Who will be able to remember all you told? The class becomes a vehicle for creating your personal "Forever Gift," your life story for generations to appreciate. Veteran memoir writers will inspire you. *Reading, Writing*

**Carol Samuel** is an enthusiastic veteran Memoirs class leader. A retired obstetric nurse, she believes there is much convincing evidence today for the value of writing memoirs.

Monday: 11:15 am – 12:45 pm  
Five Weeks: July 24 – August 21

#### Conversational French .....Su5M

[NEW CONTENT, MULTI-PART SERIES] *BEGINS JULY 10th*. This course, designed to accommodate beginners as well as those who have had prior exposure to French, will stress oral proficiency in a variety of situations such as asking directions, ordering food, etc.

**Required Text:** *Conversational French: A Functional Approach to Building Oral Proficiency* by Simone Oudot and David Gobert. ISBN: 0844215058  
*Audio/Visual, Discussion, Lecture, Reading, Writing*

**Roz Rubin** is a lifelong francophone who loves to share the language and culture with others.

Monday: 11:15 am – 12:45 pm  
Seven Weeks: July 10 – August 21

#### The New Yorker Magazine Discussion Group .....Su6M

[NEW CONTENT] Current events, literature, film, humor, short stories, poems, interesting people, and of course cartoons...the magazine provides a wonderful selection of articles for our discussions. Participants read only as much of each issue as they wish ahead of time. The first session will review the June 26 issue. **Required Text:** *The New Yorker Magazine* subscription—paper or electronic version

**Enrollment Limit: 18** *Discussion, Reading*

**Joan Dupont** enjoys the additional perspectives that the *New Yorker* brings. **Steve Levinson** is a partner in a photography gallery and serves on several not-for-profit boards.

Monday: 1:30 – 3:00 pm  
Eight Weeks: July 3 – August 21

# Summer Term Registration opens June 27

## Courses begin July 3

A **Summer Trial** membership costs only **\$75\*** (as the Summer Term has fewer courses than our other 3 terms).

Join as a **Full Member** to get four terms of courses and all of our benefits for just **\$315!**

Find us on the web: [osher.rit.edu](http://osher.rit.edu)

Contact us: 585-292-8989 / [osher.info@rit.edu](mailto:osher.info@rit.edu)

Visit our facility: 50 Fairwood Drive, Suite 100, Rochester NY 14623

\* – Trial memberships are one-time only and are not available to former Osher members

# Wednesday

Summer 2017 Course Schedule

## One-Session Classes

### Various Leaders

Wednesday: 9:30 – 11:00 am  
Eight Weeks: July 5 – August 23

### Introducción a Español, Repaso (Review)...Su7W

[NEW COURSE, MULTI-PART SERIES] This is an elementary Spanish review course. We will focus on review and on having fun in a relaxed summer atmosphere, with the contents chosen by the students. Prior exposure to Spanish is required; class participation is strongly encouraged, and there will be homework. **Course Materials:** "carpetas" used in Intro 1-3, which may be purchased from the leader by new students (\$15). *Audio/Visual, Discussion, Reading, Writing, Workshop*

**Susan Thomas** enjoys meeting in a small group format with those who want to learn Spanish.

Wednesday: 11:15 am – 12:45 pm  
Eight Weeks: July 5 – August 23

### The Science of Mindfulness: An Ancient Pathway to Wellness.....Su8W

[NEW CONTENT] Using *The Great Courses* DVD set "The Science of Mindfulness", the class will listen to two lectures each week followed by discussion.  
*Audio/Visual, Discussion*

**Kathy Hayes** has led a mindfulness course and has been interested in it for years. **Paul Rapoza** has been interested in mindfulness techniques and attentiveness since his medical practice days and uses them in retirement.

Wednesday: 11:15 am – 12:45 pm  
Eight Weeks: July 5 – August 23

### Aging, Longevity, & Mortality.....Su9W

[NEW CONTENT] In this course we will try to understand the biology of aging and what we are learning about healthy aging and longevity. We will also look at some important related philosophical, ethical, emotional, and economical issues. *Audio/Visual, Lecture*

**Alex Marcus** is a retired physician who practiced neurology and psychiatry. He has been leading a course on the human brain at Osher since 2005 and led a course on aging in winter 2017.

Wednesday: 1:30 – 3:30 pm  
Eight Weeks: July 5 – August 23

### Contemporary Events ..... Su10W

This discussion class will review events in the news. *Discussion*

**Terri Hurley** enjoys leading the class and tries to inject humor to lighten the tensions created by today's world news.

Wednesday: 1:30 – 3:00 pm  
Eight Weeks: July 5 – August 23

### Poetic Visions ..... Su11W

[NEW CONTENT] Using a seminar format, we will explore a different poet's work each week and then share poems we have written or selected for the class. Come prepared to have fun with poetry. **Enrollment Limit: 18** *Audio/Visual, Discussion, Lecture, Reading, Writing, Workshop*

Twice nominated for the Pushcart Prize, **Gary Lehmann's** poetry has been published in five books and poetry journals worldwide. Poetry book titles include *Public Lives and Private Secrets* and, most recently, *Snapshots*.

Wednesday: 1:30 – 3:00 pm  
Eight Weeks: July 5 – August 23