



Referral Information

For appointments please contact the RIT Priority Behavioral Health Clinic at:

585-475-4748

Kindly leave a confidential voicemail with the name of the potential client and a call back number. A clinician will reach out to you within one business day.



153 Lomb Memorial Drive
Rochester, NY 14623

RIT | Rochester Institute
of Technology

**PRIORITY
BEHAVIORAL
HEALTH**

**Therapy and
Assessment Services**

RIT Priority Behavioral Health

Clinic is a pre- and post-doctoral level training clinic. The clinicians are supervised by licensed mental health professionals and offer a wide range of services to cope with various mental health concerns.

What Can We Help With

- Health Anxiety
- Trauma
- Grief/Loss
- Stress Management
- Smoking Cessation
- Substance Misuse
- Depression
- Anxiety Related Disorders

WHAT WE OFFER



Personalized Healthcare

Every individual is unique. Mental health difficulties and stressors are different for each person. At the RIT Priority Behavioral Health Clinic, personalized are offered after a detailed evaluation of mental health needs with customized treatment plans.



Individual Therapy

We offer evidence-based individual therapy services including:

- Cognitive Behavioral Therapy
- Motivational Enhancement Therapy
- Mindfulness Skills

Other Services

Along with individual therapy we also offer other services to provide holistic care. As a part of RIT, our clinic integrates the use of technology and offers:



Digital Therapies
Tele-Behavioral Health

We also offer the following services to assist with diagnostic clarification and gain insights about emotional, social, cognitive and personality functioning:



Behavioral Health Screenings and Consultations



Psychological Testing