For appointments please contact the RIT Priority Behavioral Health clinic at **585-475-4748**
Kindly leave a confidential voicemail with the name of the potential client and a call back number. A clinician will reach out to you within a business day.

*There will be a modest charge of $200 for psychological testing and report*
RIT Priority Behavioral Health Clinic is a pre- and post-doctoral level training clinic. The clinicians are supervised by licensed mental health professionals and offer a wide range of services to cope with various mental health concerns.

**WHAT CAN WE HELP WITH**

- Health anxiety
- Trauma
- Grief/loss
- Stress management
- Smoking cessation
- Substance misuse
- Depression
- Anxiety related disorders

**WHAT WE OFFER**

**Personalized Healthcare**

Every individual is unique. Mental health difficulties and stressors are different for each person. At the RIT Priority Behavioral Health Clinic, personalized are offered after a detailed evaluation of mental health needs with customized treatment plans.

**Individual Therapy**

We offer evidence-based individual therapy services including:

- *Cognitive Behavioral Therapy*
- *Motivational Enhancement Therapy*
- *Mindfullness skills*

**Other Services**

Along with individual therapy we also offer other services to provide holistic care.

As a part of RIT, our clinic integrates the use of technology and offers:

- **Digital therapies**
- **Tele-Behavioral Health**

We also offer the following services to assist with diagnostic clarification and gain insights about emotional, social, cognitive and personality functioning:

- **Behavioral Health Screenings and Consultations**
- **Psychological Testing**