



Referral Information

For appointments please
contact the RIT Priority
Behavioral Health clinic
at

585-475-4748

Kindly leave a
confidential voicemail
with the name of the
potential client and a call
back number. A clinician
will reach out to you
within a business day.

*There will be a modest
charge of \$200 for
psychological testing and
report*



153 Lomb Memorial Drive
Rochester, NY 14623

RIT | Rochester Institute
of Technology

**PRIORITY
BEHAVIORAL
HEALTH**

**THERAPY AND
ASSESSMENT SERVICES**

RIT Priority Behavioral Health Clinic is a pre- and post-doctoral level training clinic. The clinicians are supervised by licensed mental health professionals and offer a wide range of services to cope with various mental health concerns.

WHAT CAN WE HELP WITH

- Health anxiety
- Trauma
- Grief/loss
- Stress management
- Smoking cessation
- Substance misuse
- Depression
- Anxiety related disorders

WHAT WE OFFER



Personalized Healthcare

Every individual is unique. Mental health difficulties and stressors are different for each person. At the RIT Priority Behavioral Health Clinic, personalized care is offered after a detailed evaluation of mental health needs with customized treatment plans.



Individual Therapy

We offer evidence-based individual therapy services including:

- *Cognitive Behavioral Therapy*
- *Motivational Enhancement Therapy*
- *Mindfulness skills*

Other Services

Along with individual therapy we also offer other services to provide holistic care.

As a part of RIT, our clinic integrates the use of technology and offers:



Digital therapies
Tele-Behavioral Health

We also offer the following services to assist with diagnostic clarification and gain insights about emotional, social, cognitive and personality functioning



Behavioral Health Screenings and Consultations



Psychological Testing