

RIT's Nutritional Sciences bachelors degree blends nutrition, biology, chemistry, and behavioral health sciences. Graduates are prepared to:

- apply to professional programs, such as medical school,
- enter graduate school for further studies,
- provide expertise in nutrition to the general public in a range of diverse settings (e.g., sports fitness programs, hospitality programs, food and pharmaceutical companies, nutrition writing, and federal nutrition programs).



## **Nutritional Sciences, BS**

Rochester Institute of Technology

Careers in nutrition are diverse, ranging from social and community services, policy development, and communications. Job titles include:

- Health/Nutrition Educator
- Nutritionist
- Nutrition Research Associate
- Food Scientist

- Health Promotion Coordinator
- Public Health Nutritionist
- School Wellness Coordinator
- Nutrition Program Coordinator

## **Pathways to Medical School and Graduate Programs**



**Nutritional Sciences is** an excellent pre-med major. You'll complete pre-med requirements for course work in biological and physical sciences and obtain comprehensive nutrition knowledge needed to address health issues



Complete a Nutritional Sciences degree in four years and a graduate degree in Dietetics and Nutrition in one additional year. Graduate prepared and eligible for the **Registered Dietitian Nutritionist (RDN)** credentialing exam.



A Nutritional Sciences bachelors degree, combined with a Health and Well-being **Management masters** degree prepares you for a career in wellness program design, administration, research or pursuing doctoral studies.

## Ready to learn more? Reach out today!

Contact Information

Liz Ruder, PhD, MPH, RDN **Nutrition Program Director** ehrihst@rit.edu | 585-475-2402

rit.edu/NutritionalSciences



RIT | College of Health Sciences and Technology Wegmans School of Health and Nutrition