Public interest in food and nutrition for maintaining health has never been stronger. The Wegmans School of Health and Nutrition (WSHN) offers two Bachelor of Science (BS) Degrees and a minor to help meet this need: BS Degree in Dietetics & Nutrition; BS Degree in Nutritional Sciences; a minor in Nutritional Sciences.

## How do these programs differ?

Both BS degree programs require 123 credits with identical courses for 97 credits. Remaining credits for the Dietetics and Nutrition degree focus on classes required for registered dietetic and nutrition (RDN) practitioners. For Nutritional Sciences students, these credits are electives to develop expertise in career related domains, e.g., pre-med or pre-health requirements, a foreign language, communication, biomedical sciences, exercise science, or business.

The Nutrition minor pairs well with degrees in Biomedical Science, Exercise Science, Psychology and many more!

## CAREER OPPORTUNITIES

The Bureau of Labor Statistics reported the median annual wage for Dietitians and Nutritionists in 2016 was \$58,920 with an upper level of \$82,410. Pay rate depends on practice area, education level, and location. Employment prospects are good with a projected growth rate 14% higher than average.

RDNs and Nutritionists practice in diverse settings and work with people of all ages, cultures, educational and food security levels. (\* denotes RDNs only)

Hospitals\*
Private practice
Research facilities
Public health organizations

School food service

Journalism

Medical clinics\* Universities

Food and pharmaceutical industries

Wellness programs

Commercial food service Athletic organizations



Dietetics & Nutrition: <a href="https://www.rit.edu/DieteticsNutrition">www.rit.edu/DieteticsNutrition</a>
Nutritional Sciences: <a href="https://www.rit.edu/NutritionalSciences">www.rit.edu/NutritionalSciences</a>
COLLEGE OF HEALTH SCIENCES AND TECHNOLOGY

## Why Study Nutrition @ RIT

- 100% of graduates over the past 5 years employed in the field within 6 months of completing dietetic internship.
- RIT partnership with Rochester Regional Health, an integrated healthcare system provides opportunities for student co-op work experiences, practicums, and research.
- Small program size and dedicated faculty ensure individualized attention.
- Historical relationship with RIT's Hospitality Management program emphasizes culinary expertise, management, and leadership training, fostering a unique skill set for the Registered Dietitian Nutritionist (RDN).
- Interaction and collaboration with Rochester nutrition and healthcarecommunitiesprovide students significant experiential learning opportunities in upper division courses.

- Curriculum equally emphasizes clinical nutrition, community nutrition, and food management preparing students for diverse employment opportunities.
- Strong undergraduate research component – each student completes two individual and one group research project with frequent dissemination of student research at the New York State Academy of Nutrition & Dietetics annual meeting.
- Requirement of co-op work experiences in food and nutrition supported by RIT's Office of Career Services and Cooperative Education.
- State-of-the-art facility provides significant opportunities for interdisciplinary experiences with other healthcare programs and "real world" experience for students via actual health clinics and a simulation laboratory.
- Originating in 1892 with a significant history in RIT.



College of Health Sciences and Technology

Weamans School of Health and Nutrition



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Dietetics & Nutrition: <u>www.rit.edu/DieteticsNutrition</u>



Nutritional Sciences: <a href="https://www.rit.edu/NutritionalSciences">www.rit.edu/NutritionalSciences</a>