



Hillsborough Castle Royal Garden in Northern Ireland, Photo by Ethan Flynn

As the semester continues we know that the pressures of school may at times feel overwhelming. Though you can't always escape to an scene like the one above, we hope you can build moments for mindfulness and reflection into your routines. Even taking just a few moments to pause and breathe can calm your mind and help put things into perspective. Maintaining a healthy balance can be a challenge - please always feel welcome to reach out if you need anything - we are here to support your academic and co-curricular pursuits, as well as your ongoing wellbeing and personal development.

In this message

- Honors Council Elections & Committee Meetings
- Honors Hour: Brazil Study Abroad Course Info Session
- 9/14 Honors Council Meeting | Student Spotlights | The Honors Office is Hiring!
- Complementary Learning - No Voice Zone



Stanley holding a sign that says "vote!"

Honors Council Delegate Elections

We received 3 nominations for the **College of Science Delegate** position and will accept votes for that position from noon today through 11:55 PM on Tues., Sept. 15. [If you are a College of Science student](#) please cast your vote by clicking the button below.

We received one nomination for **International Student Delegate** from Jiyu Lim. I have included Jiyu's personal statement at the link below so students can review their qualifications. Since they ran unopposed they will take on the role in the next few weeks - **Congratulations Jiyu!**

[Vote for the College of Science Delegate](#)

[View Jiyu's Personal Statement](#)

The delegate positions listed below received no nominations. We would love to fill these roles on Council in the coming weeks. If you are interested in serving as one of these delegates, or have questions about what serving as a delegate entails, please contact AD Garth at gafhp@rit.edu.

- Deaf / Hard of Hearing Delegate
- First Year Delegate
- Internal Admit Delegate

Honors Council Committee Meetings

The committee meetings are set for the semester! All students are welcome to attend these meetings to get more involved in the work of council and have a voice in the events and initiatives of Honors.

Academic Excellence Committee (AEC) meets Mondays from 3:00-4:00 pm, The Alumni Room, SAU 1500

Community & Wellness Committee (CWC) meets Fridays from 4:30-5:30pm in the Dane Gordon Room - LBR 1202



Students on the Activism & Social Movements in Brazil faculty-led study abroad course in 2025

This week is a special, extended Honors Hour event with Professor Joel Gallegos Greenwich, who will be teaching and leading the ***Activism & Social Movements in Brazil*** course and trip. This three credit Honors class (3 Honors Points) will meet 1 x a week in the spring '27 semester, and will travel to Brazil for 10 days in May!

Joel will be joining us from 11:00 - 11:50 to share details about the class and the study abroad component, and the Honors staff will explain the \$1,500 financial support provided by the program. We'll continue the extended event with puzzles and brain teasers until 12:30 pm.

All students are welcome to attend any portion of this extended Honors Hour! Please sign up below or feel free to just show up. As always we'll have pizza, drinks, and treats starting at 11:30.

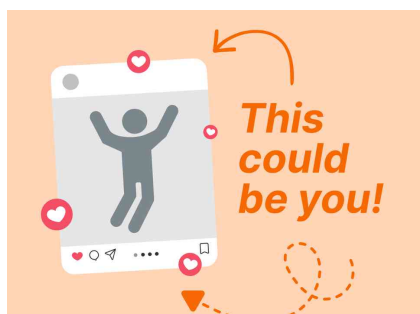
This Friday, 11:00 am - 12:30 pm
WAL 3605

Register for the 9/11 Honors Hour

Updates & Announcements



9/14 Honors Council Meeting



Student Spotlight
The Honors Program wants

[Subscribe](#) to our email list.



The Honors Office Is Hiring!

The Honors Council is a student-oriented, student-run part of the Honors Program that exists to promote the pillars of our Program and offer additional opportunities based on the interests of Honors Students.

Honors Council meets bi-weekly and is composed of four committees: Executive, Community & Wellness, Academic Excellence, and Service & Leadership.

Attending an Honors Council meeting counts as 30 minutes of complementary learning.

9/14 from 4:00-5:00pm
SAU 1510 (1829 Room)

Register on
CampusGroups

accomplishments! We've already heard about so many amazing summer experiences, so we know you have a lot to highlight.

Fill out the quick form below to share your complementary learning, campus involvement, academic achievements, summer experiences, or testimonial for a chance to be featured by Honors. This information will be shared to our website and Instagram page.

Fill out the Student
Spotlight form!

We look forward to hiring an Honors student this fall to contribute to our fast-paced and collaborative environment.

The new office assistant will work as a part of the team support the work of the Director, Assistant Director and Senior Staff Assistant with tasks necessary for the smooth operation of the office.

Students work between 8-15 hours a week.

Responsibilities include:

- Tracking complementary learning and point submissions, option proposals, and other student activities
- Monitoring and responding to student questions
- Supporting and contributing to the planning of events, activities, and opportunities
- Updating and creating content for the Honors website and social media

Applications will be accepted through 9/16 and interviews of selected candidates will take place the week of 9/21 with a target start date of 9/25.

Submit your
Application

Complementary Learning

Friendly reminder that the 2025-26 submission cycle ended on Aug. 31. We are currently conducting a full review of each student in Honors looking at complementary learning completion for the 2025-26 cycle starting this week. If you are below the required number of

[Subscribe](#) to our email list.

hours for your year in the program you will be placed into *conditional standing* and you'll have the remainder of the fall semester to make up your deficit.

You can find other opportunities on the [complementary learning webpage](#) that can fit almost anyone's busy schedule and diverse set of interests.

Students are expected to engage in at least 20 hours of complementary each cycle (Sept. 1-Aug. 31) to remain in good standing in the program.

All complementary learning hours should be submitted contemporaneously, within 30 days of the event or activity, using the submission form linked below or located within the *Student Portal* tab of the Honors website.

[Submit Complementary Learning](#)



No Voice Zone

No Voice Zone runs every week to provide a safe and judgement-free space for RIT undergraduate and graduate students to learn American Sign Language (ASL) from their deaf and hard of hearing peers. The goal is to provide a surface-level introduction to Deaf Culture throughout history and current events.

Themes vary each week, which means you'll always learn something new! All levels are welcome, from beginners to fluent speakers.

Every Wednesday

9:00-10:00pm

SDC 1300/1310

[Visit the NVZ CampusGroups](#)
to learn more!

Be sure to follow us on [Instagram](#), and make sure to join the [Honors Discord](#).

"Start where you are. Use what you have. Do what you can." — Arthur Ashe

[Manage](#) your preferences | [Opt Out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

1 Lomb Memorial Drive | Rochester, NY 14623 US

This email was sent to .

To continue receiving our emails, add us to your address book.