



GREEN CLEANING FORMULAS

ALL-PURPOSE CLEANER

3 TBSP **white vinegar**
1/2 TSP **washing soda**
1/2 TSP **vegetable oil based liquid soap**
2 CUPS **hot water**

Mix ingredients in spray bottle or bucket. Apply and wipe clean.

OVEN CLEANER

2 TBSP **vegetable oil based liquid soap**
2 TBSP **borax**

Mix the soap and borax in a spray bottle. Fill the bottle with hot water and shake well. Spray on oven and leave for 20 minutes. Scrub off.

FURNITURE POLISH

1 **lemon**
1 TSP **olive oil** (least expensive)
1 TSP **water**

This should be made fresh for each use. Extract the juice from the lemon and mix with oil and water. Apply a thin coat on your wood surface and let sit for 5 minutes. Use a soft cloth to buff to a deep shine.

REFRIGERATOR CLEANER

2 TBSP **baking soda**
1 QT **warm water**

Dissolve baking soda in water. Use to wipe all surfaces inside and out. For stubborn parts, rub with baking soda paste. Be sure to rinse with a clean, wet cloth.

FLOOR CLEANER (for greasy, no-wax floors)

1 CUP **white vinegar**
1/4 CUP **washing soda**
1 TBSP **vegetable oil based liquid soap**
2 GAL **hot water**

Combine all ingredients, stirring well to dissolve the washing soda. Mop as usual.

DISINFECTANT

2 TBSP **borax**
1/4 CUP **vinegar**
2 CUPS **hot water**

Combine the ingredients in a spray bottle. Use as you would any commercial all-purpose cleaner.

NON-ABRASIVE SOFT SCRUBBER

1/4 CUP **borax**
vegetable oil based liquid soap
1/2 TSP **lemon essential oil**

In a bowl, mix the borax with enough soap to form a creamy paste. Add lemon oil and blend well. Scoop a small amount of the mixture onto a sponge, wash the surface, then rinse well.

MIRROR & WINDOW POLISH

cornstarch
water

Mix together cornstarch and water to make a paste. Use a soft cloth to apply the paste to the mirror. Rub gently then wipe clean with a soft cloth.

PLUMBING FIXTURE CLEANER #1

Use to clean stainless steel, chrome, fiberglass, ceramic, porcelain or enamel fixtures.

2 TBSP **baking soda**
1 QT **water**

Dissolve the baking soda in the water.
Wipe on fixtures then rinse.

PLUMBING FIXTURE CLEANER #2

Hard lime deposits around faucets can be softened by covering the deposits with vinegar soaked paper towels.

white vinegar
paper towels

Soak paper towels in vinegar and leave them on surface.
Wipe clean after about an hour

LAMINATE FLOOR CLEANER

1/2 CUP **cup white vinegar**
1 GAL **warm water**

Mix ingredients. Avoid overwetting the floor by using a spray bottle to apply the mixture to the floor.
Mop as usual (microfiber works best).

NO-STREAK GLASS CLEANER

1/4 CUP **white vinegar**
1 TBSP **corn starch**
1 QT **water**

Mix the ingredients and apply with a sponge or pour into a spray bottle and spray on. Wipe dry with newspaper

GARBAGE CAN DEODORIZER

1 CUP **baking soda**
1 TSP **tea tree oil**

Mix together in a small bowl, working out all the lumps with a fork. Sprinkle the mixture in the bottom of the trashcan after the liner is removed. Periodically rinse container with white vinegar and dry in the sun.

FRAGRANT KITCHEN CLEANSER

2 TBSP **white vinegar**
2 PINTS **water**
2 PINTS **essential oil** (lavender, tea tree oil, lemon, lemongrass, or rosemary)

Combine ingredients in a spray bottle and use as a final rinse after cleaning kitchen surfaces. Store in a cool, dark place.

TOILET BOWL CLEANER

1 CUP **borax**
1/2 CUP **white vinegar**

Flush to wet the sides of the bowl. Sprinkle the borax around the toilet bowl, then spray with vinegar.
Leave for several hours or overnight before scrubbing with a toilet brush.

TUB & TILE CLEANER

white vinegar
baking soda or non-iodized salt

To remove film buildup on bathtubs, apply vinegar full-strength to a sponge and wipe. Next, use baking soda or salt as you would scouring powder. Rub with a damp sponge and rinse thoroughly with clean water.

WHERE TO FIND INGREDIENTS

washing soda (sodium carbonate)
borax (sodium borate)

available in the laundry aisle of the grocery store

vegetable oil based liquid soap
essential oils

available in health food and natural food stores