Coverage for: Family | Plan Type: POS

#### **BluePoint2 POS B**

A nonprofit independent licensee of the BlueCross BlueShield Association

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-499-1275 or visit Our website at www.excellusbcbs.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or www.healthcare.gov/sbc-glossary or call 1-800-499-1275 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Preferred Provider: \$250 Individual/ \$500 Family; Non-Preferred Provider: \$250 Individual/\$500 Family; Out-of-Network: \$500 Individual/\$1,250 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, <u>Preventive Care</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	Preferred Provider: \$6,450 Individual/ \$12,900 Family; Non-Preferred Provider: \$6,450 Individual/\$12,900 Family; Out-of-Network: \$9,500 Individual/\$19,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Penalties for failure to obtain preauthorization for services, premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.excellusbcbs.com or call 1-800-499-1275 for a list of <u>network</u> <u>providers</u> .	You pay the least if you use a <u>provider</u> in Preferred Provider network. You pay more if you use a <u>provider</u> in Non-Preferred Provider network . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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			What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$35 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$40 <u>Copay/</u> visit <u>Deductible</u> does not apply	25% Coinsurance Deductible applies	None
If you visit a health	Specialist visit	\$40 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	25% Coinsurance Deductible applies	Notice
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	Adult Physical: No Charge Adult Immunizations: No Charge Well Child Visit: No Charge Deductible does not apply	Adult Physical: No Charge Adult Immunizations: No Charge Well Child Visit: No Charge Deductible does not apply	Adult Physical: Not Covered Adult Immunizations: Not Covered Well Child Visit: 25% Coinsurance Deductible applies	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. 1 Exam per year
If you have a test	Diagnostic test (x-ray, blood work)	X-Ray: \$55 <u>Copay/</u> visit X-Ray: <u>Deductible</u> does not apply Blood Work: No Charge	X-Ray: \$55 <u>Copay/</u> visit X-Ray: <u>Deductible</u> does not apply Blood Work: No Charge	X-Ray: 25% <u>Coinsurance</u> Blood Work: 25% <u>Coinsurance</u> <u>Deductible</u> applies	None
	Imaging (CT/PET scans, MRIs)	10% <u>Coinsurance</u> <u>Deductible</u> applies	10% <u>Coinsurance</u> <u>Deductible</u> applies	25% <u>Coinsurance</u> <u>Deductible</u> applies	
If you need drugs to treat your illness or	Tier 1 (Generic drugs)	\$15 copay 30-day Wegmans \$37.50 copay 90-day Wegmans or mail	\$17 copay 30-day other participating retail	\$17 copay 30-day plus any excess charged by pharmacy	No 90-day supply at non-Wegmans retail. Higher
drug coverage is	Tier 2 (Preferred brand drugs)	\$35 copay 30-day Wegmans \$87.50 copay 90-day Wegmans or mail	\$40 copay 30-day other participating retail	\$40 copay 30-day plus any excess charges by pharmacy	copays for maintenance medications at non- Wegmans retail pharmacy after 3 fills. Certain breast cancer risk reducting medications for those over age 18 for certain duration at no
available at www.OptumRx.com	Tier 3 (Non-preferred brand drugs)	\$50 copay 30-day Wegmans \$125 copay 90-day Wegmans or mail	\$60 copay 30-day other participating retail	\$60 copay 30-day plus any excess charged by pharmacy	charge and for womens, generic oral contraceptives are covered with a copay of \$0.
If you have	Facility fee (e.g., ambulatory surgery center)	10% Coinsurance Deductible applies	10% <u>Coinsurance</u> <u>Deductible</u> applies	25% Coinsurance Deductible applies	None
outpatient surgery	Physician/surgeon fees	10% Coinsurance Deductible applies	10% Coinsurance Deductible applies	25% Coinsurance Deductible applies	None
If you need immediate medical attention	Emergency room care	\$140 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$190 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$190 <u>Copay/</u> visit <u>Deductible</u> does not apply	None

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate medical	Emergency medical transportation	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	None
attention	<u>Urgent care</u>	\$60 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$60 <u>Copay/</u> visit <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	None
If you have a hospital	Facility fee (e.g., hospital room)	10% <u>Coinsurance</u> <u>Deductible</u> applies	10% <u>Coinsurance</u> <u>Deductible</u> applies	25% <u>Coinsurance</u> <u>Deductible</u> applies	Nega
stay	Physician/surgeon fees	10% <u>Coinsurance</u> <u>Deductible</u> applies	10% <u>Coinsurance</u> <u>Deductible</u> applies	25% <u>Coinsurance</u> <u>Deductible</u> applies	None
If you need mental health, behavioral	Outpatient services	\$40 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	25% Coinsurance Deductible applies	None
health, or substance abuse services	Inpatient services	10% Coinsurance Deductible applies	10% Coinsurance Deductible applies	25% Coinsurance Deductible applies	None
	Office visits	No Charge <u>Deductible</u> does not apply	No Charge <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	Cost sharing does not apply for <u>preventive</u> <u>services</u>
If you are pregnant	Childbirth/delivery professional services	10%_5a[_egd5`_UW 6VVgUf[T_MSbb_fWe	10% <u>5a[ egdS` UW</u> <u>6\WgUf[T^\</u> Sbb^{\\\	25% 5a[ egds` UW 6\WgUf[T^\Sbb^{\Ve	an' W
	Childbirth/delivery facility services	10% Coinsurance Deductible applies	10% Coinsurance Deductible applies	25% Coinsurance Deductible applies	@a`W
	Home health care	No Charge Deductible does not apply	No Charge <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	<u>Deductible</u> is limited to \$50 Out-of-Network
If you need help	Rehabilitation services	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	45 Visits per year limit
recovering or have other special	Habilitation services	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	45 Visits per year limit
health needs	Skilled nursing care	10% <u>Coinsurance</u> <u>Deductible</u> applies	10% <u>Coinsurance</u> <u>Deductible</u> applies	25% <u>Coinsurance</u> <u>Deductible</u> applies	45 Visits per year limit
	Durable medical equipment	20% <u>Coinsurance</u> <u>Deductible</u> does not apply	20% <u>Coinsurance</u> <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	None
	Hospice services	No Charge Deductible does not apply	No Charge <u>Deductible</u> does not apply	25% <u>Coinsurance</u> <u>Deductible</u> applies	Family bereavement counseling limited to 5 Visits per year

ĺ			What You Will Pay			
	Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	r your chila needs	Children's eye exam	\$40 <u>Copay/</u> visit <u>Deductible</u> does not apply	\$55 <u>Copay/</u> visit <u>Deductible</u> does not apply	Not Covered	1 Exam per calendar year
ı	dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	Nove
ı		Children's dental check-up	Not Covered	Not Covered	Not Covered	None

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Long-term care
- Routine foot care

- Dental care (Adult)
- Prescription Drugs
- Weight loss programs

- Dental care (Child)
- Private-duty nursing

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Hearing aids
- Routine eye care (Adult)

- Bariatric surgery
- Infertility treatment

- Chiropractic care
- Non-emergency care when traveling outside the U.S.

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit www.HealthCare.gov or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the phone number on Your ID card or www.excellusbcbs.com; Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; New York State Department of Financial Services Consumer Assistance Unit at 1-800-342-3736 or www.dfs.ny.gov. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Consumer Assistance Program at 1-888-614-5400, or e-mail cha@cssny.org or www.communityhealthadvocates.org. A list of states with Consumer Assistance-Grants.

#### **Does this plan provide Minimum Essential Coverage? Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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# Prescription Drug Coverage - Required coverage under the Affordable Care Act (ACA)

For women, generic contraceptives are covered with a copay of \$0. If there is no generic equivalent, the copay is \$0 for a brand name contraceptive. The deductible under POS D would not apply if you have a \$0 copay. All other plan rules will otherwise apply. Note: If there is a medical reason certified by your physician through the prior authorization process that you are unable to take the generic equivalent, the copay for the brand contraceptive would be \$0.

There will be a \$0 copay for breast cancer risk-reducing medications (tamoxifen or raloxifene) for patients age 35 and older who have not had a breast cancer diagnosis, who are at increased risk for breast cancer, and who are at low risk for adverse medication effects. In addition to the coverage required by the ACA, this \$0 copay also applies to patients age 35 and older who have had a breast cancer diagnosis. To qualify for coverage, preauthorization is required by the prescribing physician. Those covered under POS D do not need to meet the deductible before the \$0 copay. The prescribing physician can call 1-800-626-0072 to obtain the preauthorization.

All smoking cessation medications, including over-the-counter nicotine replacement products (e.g., nicotine patch, gum, lozenges), for those over the age of 18 will be covered in full for a quantity duration limit of 180 day supply within a 365 day period, provided there is a written prescription from a physician.

# **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg	is H	lavin	g a	Bab	y
_			_		

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$250
<b>Specialist copayment</b>	\$40
Hospital (facility) <u>coinsurance</u>	10%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$250	
<u>Copayments</u>	\$110	
<u>Coinsurance</u>	\$820	
What isn't covered		
Limits or exclusions	\$70	
The total Peg would pay is	\$1,250	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ Th	e <u>plan's</u> overall <u>deductible</u>	\$250
<b>■</b> <u>Sp</u>	<u>ecialist</u> <u>copayment</u>	\$40
■ Ho	ospital (facility) <u>coinsurance</u>	10%
_ Ot	her <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$1,435
Coinsurance	\$10
What isn't covered	
Limits or exclusions	\$100
The total Joe would pay is	\$1,545

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$250
Specialist copayment	\$40
Hospital (facility) coinsurance	10%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost \$2,800
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In this example. Mia would pay:

\$0
\$400
\$50
\$10
\$460

# **Notice of Nondiscrimination**

race, color, national origin, age, disability, or sex. The Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of

# The Health Plan:

- with us, such as: Provides free aids and services to people with disabilities to communicate effectively
- Qualified sign language interpreters
- 0 Written information in other formats (large print, audio, accessible electronic formats, other formats)
- as: Provides free language services to people whose primary language is not English, such
- Qualified interpreters
- Information written in other languages

If you need these services, please refer to the enclosed document for ways to reach us

another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: If you believe that the Health Plan has failed to provide these services or discriminated in

Advocacy Department

Attn: Civil Rights Coordinator

PO Box 4717

Syracuse, NY 13221

Telephone number: 1-800-614-6575

TTY number: 1-800-421-1220

Fax: 315-671-6656

Health Plan's Civil Rights Coordinator is available to help you. You can file a grievance in person or by mail or fax. If you need help filing a grievance, the

Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: You can also file a civil rights complaint with the U.S. Department of Health and Human

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

Attention: If you speak English free language help is available to you. Please refer to the enclosed document for ways to reach us.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意:如果您说中文,我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

Внимание! Если ваш родной язык русский, вам могут быть предоставлены бесплатные переводческие услуги. В приложенном документе содержится информация о том, как ими воспользоваться.

Atansyon: Si ou pale Kreyòl Ayisyen gen èd gratis nan lang ki disponib pou ou. Tanpri gade dokiman ki nan anvlòp la pou jwenn fason pou kontakte nou.

주목해 주세요: 한국어를 사용하시는 경우, 무료 언어 지원을 받으실 수 있습니다. 연락 방법은 동봉된 문서를 참조하시기 바랍니다.

Attenzione: Se la vostra lingua parlata è l'italiano, potete usufruire di assistenza linguistica gratuita. Per sapere come ottenerla, consultate il documento allegato.

אויפמערקזאם: אויב איר רעדט אידיש, איז אומזיסטע שפראך הילף אוועילעבל פאר אייך ביטע אויפמערקזאם: אויב איר רעדט אידיש, איז אומזיסטע שפראך הילף אוועילעבל פאר אייך ביטע רעפערירט צום בייגעלייגטן דאקומענט צו זען אופנים זיך צו פארבינדן מיט אונז.

নজর দিন: যদি আপনি বাংলা ভাষায় কথা বলেন ভাহলে আপনার জন্য সহায়তা উপলভ্য রয়েছে। আমাদের সঙ্গে যোগাযোগ করার জন্য অনুগ্রহ করে সংযুক্ত নখি পড়ুন।

Uwaga: jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Patrz załączony dokument w celu uzyskania informacji na temat sposobów kontaktu z nami.

تنبيه: إذا كنت تتحدث اللغة العربية، فإن المساعدة اللغوية المجانية متاحة لك. يرجى الرجوع إلى الوثيقة المرفقة لمعرفة كيفية الوصول البنا.

Remarque : si vous parlez français, une assistance linguistique gratuite vous est proposée. Consultez le document ci-joint pour savoir comment nous joindre.

Paunawa: Kung nagsasalita ka ng Tagalog, may maaari kang kuning libreng tulong sa wika. Mangyaring sumangguni sa nakalakip na dokumento para sa mga paraan ng pakikipag-ugnayan sa amin.

Προσοχή: Αν μιλάτε Ελληνικά μπορούμε να σας προσφέρουμε βοήθεια στη γλώσσα σας δωρεάν. Δείτε το έγγραφο που εσωκλείεται για πληροφορίες σχετικά με τους διαθέσιμους τρόπους επικοινωνίας μαζί μας.

Kujdes: Nëse flisni shqip, ju ofrohet ndihmë gjuhësore falas. Drejtojuni dokumentit bashkëlidhur për mënyra se si të na kontaktoni.