# FINDING THE PATH TO A FULFILLING CAREER

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## INTERVIEW :

- Podiatrist since 1992
- Worked a Lab tech, Fast Food Worker, Clamer, Delivery Driver, Cab Driver, Lifeguard
- Indiana University, Ohio Podiatry School of Medicine Residency in Brooklyn
- Knew since what he wanted to do since college
- Didn't imagine himself self in this occupation early on , only until college
- Most difficult part was medical school since had to give up so much time studying
- He would have joined the military if he could go back in time
- Had a bumpy road in the beginning but ended up straightening out

## HIS ADVCE TO ME:

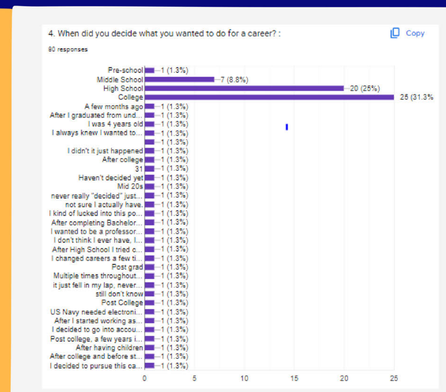
Do what I love and to not worry since the money will follow.

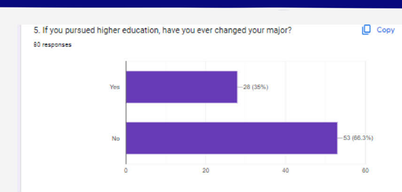
## 01. INTRODUCTION

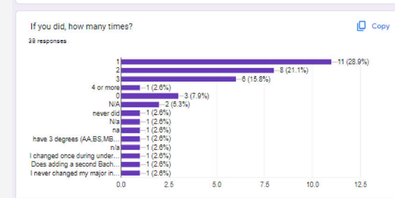
I was the first generation to go to college and wanted to pursue to a career that allows me to help others. Clinicals didn't go as planned and I started to wonder if this is what I wanted to do for the rest of my life. So I changed from the College of Health and Sciences to the School of Individualised Study . This is where the capstone comes in .

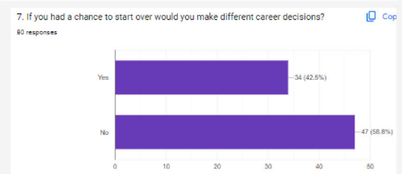
## 02. OBJECTIVE

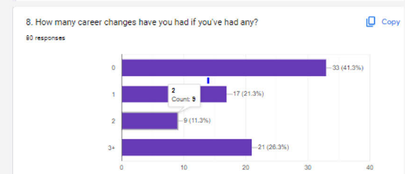
I wanted to do this capstone on how people decided on their career and the different paths they took to get where they are now. To investigate what people would have done differently, show that some people need more time than others,and to find what they want to do. The main goal is to hopefully steer me in the right direction.

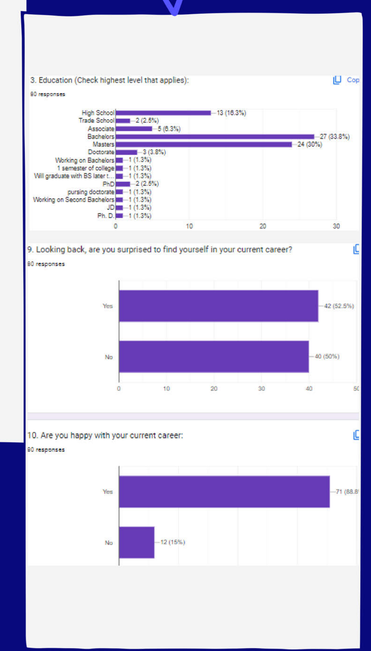



## 03. Process

- I watched Ted Talks and read books about choosing a career
- Created a 10 question survey
- Distributed to a total of 80 people
- Collected the data and put the results down into graphs

## 04. DATA ANALYSIS

- Age Range: 18-65 Years Old
- Majority of Education Level: Bachelors(33.8%) following is Master (30%)
- Majority chosee their career in College but had many different responses
- 28 respondents have changed their major and majority changed it once
- 42.5% of respondents would do things over
- 52.5% are suprised to be where they are now
- 71% are happy with their career

## 05. DISCOVERIES

- Some needed more time then others to decide in what they wanted to do
- There was a lot factors in which the respondents chose their career
- Although many said the are happy with their careers, some chose that they would do things differently
- If you didn't know what you wanted do and unsure, this show that you aren't alone.

## 06. CONCLUSION

What I learned from the survey and research is that I need to settle down and learn my strength ,use my experiences, and know what I love and hate.Confidence is key and I want to surround myself with passionate people in my corner. I need to go for experience and knowledge instead assumption.