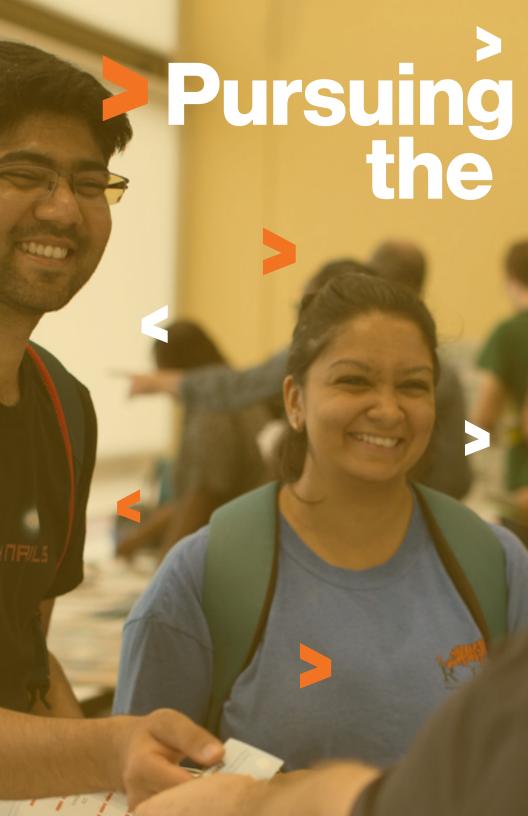
## COMMUNITY SERVICE RESOURCE GUIDE

2020-2021











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# EDUCATION & SCHOOL PROGRAMS

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#### Deaf Refugee Advocacy

deafrefugeeadvocacy.org/

#### **Our Mission**

We recognize that deaf refugees have unique needs that are best served and assisted by the general Deaf community. Our mission is to collaborate and serve as a bridge with current organizations and agencies to ensure inclusion of Deaf refugees into our Rochester Deaf community and into general society by providing assistance as they strive to be self-sustaining neighbors while still retaining their own cultural heritage, identity, language, and religion.

#### What We Do

We help both long-time and newly resettled Deaf refugees become independent and adjusted to life in Rochester through a variety of programs and classes. We also work as advocates for the needs of our Deaf refugees, especially as liaisons with other agencies and providers in Rochester.

#### Our team of volunteers provide the following:

Educational Programs; Client Services; Social and cultural events

#### **Available Volunteer Opportunities**

A variety of opportunities including teaching/tutoring, website maintenance/development, client services in the field of social work; development of business opportunities for deaf people born abroad and settled here in USA.

#### Albert Quilala

Staff & Volunteer Program Director DeafRAContact@gmail.com



## The Hochstein School

hochstein.org

Thomas Graber

Development Coordinator

development@hochstein.org

#### **Our mission**

The mission of The Hochstein School is to provide people of all ages, backgrounds, and abilities with access to excellent music and dance education in a community that nurtures and encourages personal achievement.

#### **Available Volunteer Opportunities**

Potentially working a spring cleanup day and a late spring/early summer fundraising event.

rcsdk12.org

## Rochester City School District



#### We are...

Largest k-12 school district in Greater Rochester area, approximately 25k students

#### Available Volunteer Opportunities

We are looking for volunteers as readers, tutors in math, science, English, etc.

Ricky Frazier ricky.frazier@rcsdk12.org



## Genesee Country Village & Museum

gcv.ora

Kate Somerville Volunteer Coordinator ksomerville@gcv.org

#### What are a...

Living history museum which celebrates the Genesee Valley region rich history.

#### **Available Volunteer Opportunities**

We have a variety of opportunities in the Historic Village, Gallery, and Nature Center, as well as special events.

juniorachievement.org/web/ja-cuny.

## Junior Achievement



#### What We Do

JA of Central Upstate New York's volunteer-delivered, kindergarten-12th grade programs foster work-readiness, entrepreneurship and financial literacy skills, and use experiential learning to inspire students in our community to dream big and reach their potential.

#### Available Volunteer Opportunities

Our options include delivering programming remotely to students and/or recording videos of programs for teachers to use in their classrooms. Writing, and many more volunteer options.

Marie kamp marie.kamp@ja.org



Kathy Cummins kcummins@centerforvouth.net

#### What We Do

We partner with youth to realize their full potential, by creating opportunities, removing barriers and promoting social justice. We provide services to babies, toddlers, children and teens in Monroe County

#### **Available Volunteer Opportunities**

We have volunteer positions available at our two Crisis Nurseries.

## rcsdk12.org/17 Enrico Fermi School #17



#### We are...

School 17 is a community school, meaning that it addresses all needs that the students and their families have from education to health care to food access. We are dedicated to practicing restorative justice and equipping our students with skills to empower themselves and their communities.

#### **Available Volunteer Opportunities**

We are currently looking for volunteers willing to offer tutoring and/or mentoring support to students during virtual learning. Beginning in February, we will also be seeking volunteers to assist in the garden and greenhouse.

Yoenia KrokovÃi ykrokova@ccsi.org



### Rochester Museum & Science Center

msc.ora

Travis Hughes volunteers@rmsc.org

#### What We Do

The RMSC comprises a cultural/history museum and science center, a Planetarium, preschool, Charter School, and Nature Center. Our mission statement is "to inspire a better future for all through curiosity, exploration, and participation in science, culture, and the natural world." Currently, we host a program called Curiosity Club where students can attend their virtual school days in a safe, supportive, and structured environment with time for class, homework, free time, and structured programming.

#### **Available Volunteer Opportunities**

Classroom Assistant for Curiosity Club; Ask-It Volunteering; Technical Advisory Group; Marketing and Collections internships (https://rmsc. org/volunteer)



## HEALTH & WELLNESS

pages 10-14

#### alzheimer's $\bigcap$ association

Rochester & Finger Lakes Region Chapter Alzheimer's Association

alz.org

Janet VanValkenburg

Director of Education

jvanvalkenburg@alz.org

585-257-4471

#### **Our Mission**

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

Check out our volunteering opportunities at volunteer.alz.org!

urmc.rochester.edu/home-care/

#### U of R Medicine Hospice Care



#### What We Do

We provide hospice care to terminally ill patients in their homes, nursing homes and hospitals.

#### Available Volunteer Opportunities

Visiting with patients, Helping families with errands, Music, Reiki, Pet therapy, Photography

Susan Pauly susan pauly@urmc.rochester.edu



## Breast Cancer Coalition of Rochester

Lori Meath Outreach Director Lori@bccr.org

#### What We Do

We provide extensive programming and support services to those facing a diagnosis of breast or any gynecologic cancer. We also focus on Advocacy at the local, state and Federal level; administer a competitive research grant program locally, and offer community education.

#### **Available Volunteer Opportunities**

Unfortunately we do not have any volunteer opportunities at this time. We DO welcome and rely on community-based fundraising efforts, however and would greatly appreciate anything given.



#### **Our Mission**

The mission of 13thirty Cancer Connect is to help adolescents and young adults (AYAs) impacted by cancer live their very best lives today! We provide programming for them and their families and give an opportunity to connect with others who understand.

#### **Available Volunteer Opportunities**

There are a number of different ways for students to get involved. Contact us to find out how!

Christina DiBaudo christina@13thirtv.org



#### Sustain, Inspire, Survive

helpsis.org

Travis Hughes volunteers@rmsc.org

#### What We Do

SIS provides financial grants directly to patients while they are going through breast cancer treatment. We have expanded to being a regional organization covering Rochester, Buffalo and Syracuse along with surrounding counties.

#### **Available Volunteer Opportunities**

Graphic design for event logos, creating of a new marketing packet, social content management

#### Resolve of Greater Rochester

resolve-roc.org



Breaking the cycle of domestic violence

#### **Our Mission**

To develop and deliver innovative, community-centered programs and services that empower people and communities to break the cycle of domestic violence. RESOLVEs Survivor Transition program allows you to chart your course forward. More than crisis intervention, we facilitate healing and encourage each survivor to reclaim their wholeness then step forward as an empowered version of themselves to thrive in new life.

#### **Available Volunteer Opportunities**

Volunteers are always welcome. We could use volunteers to help in our office and help create awareness for RESOLVE at events.

Andie Burkey info@resolve-roc.ora

cprochester.org

#### United Cerebral Palsy



#### Our Mission

CP Rochester supports individuals of all ages and abilities to determine their own pathway in life. We partner with the individual, their family, and the community to fulfill the individual's right to live a productive and rewarding life. CP Rochester provides a wide range of quality health, educational, and support services in the greater Rochester area to assist individuals in achieving their goals.

#### **Available Volunteer Opportunities**

In a typical year we would utilize volunteers in preschool classrooms, in an Adult Day Rehabilitation Program, garden clean up in our residential sites, in a variety of recreation programs (i.e. swimming, skiing, cycling etc.) and special events. This year, due to limiting outside visitors we are limited to where we can use community support. This is always changing so people can contact me directly to see how they might support us until the restrictions are lifted.

Tina Bennett
334-6000 ext. 1321
tbennett@cprochester.org





# Poverty, Food, & Housing Security

pages 15-17



**Amy Crosier** amy@flowercitypickers.org

Evan Zachary evan@flowercitypickers.org

#### What We Do

Founded in January of 2015, Flower City Pickers (FCP) is a nonprofit that redistributes surplus and unsold produce recovered from the City of Rochester Public Market to local homeless shelters, halfway houses, soup kitchens, food pantries, and other organizations with need for food.

#### Available Volunteer Opportunities

Collection, sorting, delivery/distribution, committee assistance

#### Catholic Family Center



#### **Our Mission**

Catholic Family Center partners with people especially the vulnerable and those facing poverty to help them achieve their full human potential. A division of Catholic Charities of the Diocese of Rochester, CFC offers compassionate and comprehensive services to families and individuals in need across all stages of life.

#### **Available Volunteer Opportunities**

Check our website to see all of our volunteer options!

volunteers@cfcrochester.org

#### foodlinkny.org

#### Foodlink



#### What we do...

For more than 40 years, Foodlink has leveraged the power of food to end hunger and build healthier communities in Allegany, Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Wayne, Wyoming, and Yates counties. Through good stewardship, innovation and collaboration, Foodlink mobilizes a diverse network of community partners to address both the symptoms and root causes of food insecurity.

Foodlink's community health programs provide new access points to nutritious and affordable food in underserved communities. We empower individuals and families to make healthy choices through nutrition and culinary education initiatives. Through our food bank, we distribute nearly 20 million pounds of food annually to a network of nonprofit partners. The Foodlink Community Kitchen nourishes thousands of children daily with healthy meals, slices locally grown apples that are distributed throughout New York, and prepares people for careers in the regional food industry through a one-of-a-kind career empowerment program. Learn more about how we are transforming lives and creating healthy futures for every community we serve at www.FoodlinkNY. org, or follow us on Facebook, Twitter or Instagram at @foodlinkny.

#### Available Volunteer Opportunities

We have a few different volunteer opportunities! Them being donation sorting, emergency food packing, and emergency food box distribution. Contact us to learn more!

Jessica Lockett

Volunteer Programs

Coordinator

jlockett@foodlinkny.org

# OTHER OPPORTUNITIES

pages 18-20



## Big Brothers Big Sisters of Greater Rochester

beabig.org

Devin Hott dhott@bbbsr.org

#### What We Do

Big Brothers Big Sisters of Greater Rochester empowers, ignites, and defends the potential of youth through mentorship. Our agency pairs Bigs and Littles based on their personalities and mutual interests, and provides match support for the duration of the match. These matches foster mentoring relationships that allow both our Bigs and Littles to flourish!

#### **Available Volunteer Opportunities**

We are looking for students that are interested in becoming Bigs in our program. Interested students must have their own reliable transportation to meet with their Little, and must be committed to remaining in Rochester for at least a year. Seniors who are planning on relocating away from Rochester and subsequently ineligible.

We are also looking for students who are interested in one-time or short term volunteering experiences - whether they are clean-up projects, helping us repaint our Rochester office, or students who are able to donate their time to take photographs or edit videos.

gigisplayhouse.org/rochester

## GiGi's Playhouse of Rochester



#### What We Do

We are a down syndrome Achievement Center providing therapeutic and educational programs to individuals with Down syndrome and their families.

#### **Available Volunteer Opportunities**

We have Administrative, Program Assistants, Grant Writing, and many more volunteer options.

Amy Shulman Site Coordinator



Peace Corps

peacecorps.gov

Anne Tatarsky atatarsky@peacecorps.gov

#### **Our Volunteer Program**

Peace Corps Volunteers are inspired by impact that is hands-on, grassroots-driven, and lasting. By immersing ourselves in communities abroad, the Peace Corps works side-by-side with local leaders to tackle the most pressing challenges of our generation. From leading health campaigns to boosting local entrepreneurship to teaching digital literacy, the Peace Corps offers a range of opportunities for our Volunteers to take on new challenges.

#### **Available Volunteer Opportunities**

Post graduate international service opportunities in six program concentrations in over 60 countries worldwide.

Connect with your local recruiter to learn more about service on our website!

lollypop.org

Lollypop Farm



#### We are...

A Humane Society-Animal Shelter!

#### Our Mission

Together with our community, we better the lives of animals through justice, prevention, and life-saving care.

#### We have...

Numerous animal and non-animal helping volunteer positions for everyone to get involved in!

Karen Stolt kstolt@lollypop.org