



ROAR & SOAR

RIT | College of
Liberal Arts

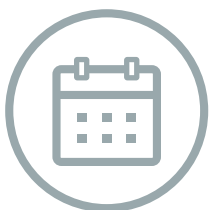


Stay on Track

Successful students know that balancing coursework and personal life at college takes practice. It's smart to adjust your approach based on your class deadlines and grades or your budget.

3 Ways to ROAR this Week:

- **Write your due dates down all in one place.** RIT offers planning calendars where you can track your big assignments, tests, and finals for all classes in one place. You can even build this in Google! Follow the link below to access the semester planning calendar template and copy it to make it editable.
- **Revisit RIT study resources.** Tutoring, Supplemental Instruction (SI), or practice sheets—the right study method might change by class. Try all your options to see what works best for you.
- **Check your Dining Dollars balance.** Now is a great time to make sure your spending is on track for the rest of the semester. Maybe it's time to save your personal money and eat on campus more? Or time to budget more? Either way, check in this week!



Calendar Spotlights

Spring Enrollment NOV. 10 - 18

Check SIS for your scheduled enrollment time for spring semester. If you still have questions about your spring semester courses, find time to meet with your academic advisor so that you're ready to enroll when your appointment comes.

Healthy Snacking Demo with Campus Connect

WEDNESDAY, NOV. 12, 1:00p.m.-3:00p.m.

Fredericka Douglass Sprague Perry (DSP) Hall Room 1250

Is it hard to find easy, healthy food you like on campus? Join us for a demonstration, recipe cards, and tips on making simple, healthy snacks and meals. HealthPromotion will also discuss nutrition's impact on mental health.