



Ask for Help

Successful students build their support systems by leveraging all the academic resources at their disposal, from connecting with professors to studying with peers.

3 Ways to ROAR this Week:

- Get help from your professor. All faculty list office hours on the syllabus. Use them! Asking for help is not a weakness. It's a conversation and a tool for success. Think about where you're getting stuck, then ask for help. Don't wait until it's too late.
- Get help in writing and presentations. From research papers to lab reports, the RIT Writing Center consultants can help you build writing skills at any stage of the process. RIT also has an Expressive Communication Center to help you prepare for in-class presentations!
- Get help from an Academic Coach. RIT Academic Coaches provide valuable knowledge, relatable support, and advice navigating academics at RIT. Are you struggling to stay organized, manage your time, or prepare for exams? Ask for help now. Your future self will thank you.



Connect with an RIT Academic Coach.



Calendar Spotlights

Ask Me Anything with Undergraduate Academic Advisors

TUESDAY, OCT. 76 p.m.-7:30 p.m.Douglass Sprague Perry Hall (DSP) - Room 1250

Immersion and Minor Fair

WEDNESDAY, OCT. 8, 11 a.m.-1 p.m., SAU Fireside Lounge