



November 2023 CACFP



MENU

Hot Meal

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2			1 Chicken Teriyaki Fried Rice Peas, Peppers, carrots Banana 1% Milk	2 Buffalo Chicken Mac & Cheese* Pasta Broccoli Apple 1% Milk/Fat Free Chocolate Milk	3 Braised Chicken Thighs Roll Spanish Rice & Beans Apple 1% Milk
3	6 White Chicken Chili Biscuit Corn, Beans, Peppers Apple 1% Milk Butter	7 Pizza Biscuit Biscuit Baby Carrots Apple 1% Milk	8 Smothered Steakburger Roll Corn Banana 1% Milk	9 Breakfast Casserole Biscuit Home Fries Apple 1% Milk/Fat Free Chocolate Milk	10 Holiday Foodlink Closed
4	13 Beef Chili Biscuit Tomatoes, Peppers, Beans Apple 1% Milk Butter	14 Rasta Pasta Penne Pasta Mixed Peppers Banana 1% Milk	15 Pulled BBQ Beef Bun Corn Banana 1% Milk Butter	16 Southwest Chicken Southwest Rice Corn, Peppers, Diced tomatoes Apple 1% Milk/Fat Free Chocolate Milk	17 Mac & Cheese Pasta Sautéed Spinach Apple 1% Milk
5	20 Pasta Bolognese Penne Pasta Baby Carrots Apple 1% Milk	21 Arroz Con Pollo (Chicken thighs) Rice Mixed Vegetables Apple 1% Milk	22 Philly Cheese Steak Bun Peppers, Mushrooms Banana 1% Milk	23 Holiday Thanksgiving Foodlink Closed	24 Holiday Foodlink Closed
6	27 Pizza Sloppy Joe Bun Baby Carrots Apple 1% Milk	28 Meatballs & Penne WGR Roll, Penne Pasta Sautéed Spinach Apple 1% Milk	29 Chicken Fajita Rice/WW Tortilla Peppers Banana 1% Milk	30 Chicken Broccoli Alfredo Rotini Pasta Broccoli Apple 1% Milk/Fat Free Chocolate Milk	