MENU
February 2024 CACFP
Hot Meal

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3				**1** **Breakfast Casserole (Eggs, Turkey Sausage)** WGR Biscuit* Home Fries Apple 1% Milk/Fat Free Chocolate Milk	**2** **Hearty Chicken & Potato Stew** WGR Biscuit* Lima beans, carrots, potatoes in stew Apple 1% Milk
4	**5** **Beef Chili** WGR Biscuit* Tomatoes, Peppers & Kidney Beans Apple 1% Milk	**6** **Rasta Pasta (Chicken Thighs)** WGR Pasta* Mixed Peppers Oranges 1% Milk	**7** **Pulled BBQ Beef** WGR Bun* Corn Banana 1% Milk	**8** **Southwest Chicken** Southwest Rice Corn, Diced Tomatoes, Peppers Apple 1% Milk/Fat Free Chocolate Milk	**9** **Mac & Cheese** WGR Pasta* Green Salad Apple 1% Milk
5	**12** **Pasta Bolognese (Ground Beef)** WGR Pasta* Baby Carrots Apple 1% Milk	**13** **Arroz Con Pollo (Chicken Thighs)** Rice * Green Beans and Peas in Rice Oranges 1% Milk	**14** **Philly Cheese Steak (Beef)** WGR Bun* Peppers & Mushrooms Banana 1% Milk	**15** **Chicken Parmesan Pasta** WGR Pasta* Green Salad Apple 1% Milk/Fat Free Chocolate Milk	**16** **Italian Chicken & Rice** WGR Rice* Spinach, Red Peppers Apple 1% Milk
6	**19** **Foodlink** **Closed** **Presidents Day**	**20** **Penne & Meatballs (Beef/Chicken)** WGR Pasta* Green Salad Oranges 1% Milk	**21** **Chicken Fajita** WW Tortilla & Rice* Red, Green Peppers Banana 1% Milk	**22** **Chicken Broccoli Alfredo** WGR Pasta* Broccoli Apple 1% Milk/Fat Free Chocolate Milk	**23** **Cheesy Beef & Hash** WGR Roll* Home Fries Apple 1% Milk
1	**26** **Beef Chili** WGR Biscuit* Tomatoes, Peppers & Kidney Beans Apple 1% Milk	**27** **Turkey Goulash** WGR Pasta* Tomato Sauce, Diced Tomatoes, Green Peppers Apple 1% Milk	**28** **BBQ Chicken Thighs** WGR Roll* BBQ Baked Beans Banana 1% Milk	**29** **Cheesy Beef & Hash** WGR Roll* Home Fries Apple 1% Milk/Fat Free Chocolate Milk	

Foodlink Community Kitchen   2011 Mt . Read Blvd., Rochester, NY 14615   585-413-4097

*designates a whole grain rich product   USDA is an equal opportunity provider and employer