



January 2025 CACFP



# MENU

## Hot Meal

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3			1 Happy New Year Foodlink Closed	2 Meatball Sandwich (Beef & Chicken) WGR Bun* Corn Apple 1% Milk/Fat Free Chocolate Milk	3 Hearty Chicken & Potato Stew WGR Roll* Carrots, Lima beans, Potatoes in stew Apple 1% Milk
4	6 Beef Chili WGR Biscuit* Tomatoes, Peppers, Kidney Beans in Chili Diced Pear Cup 1% Milk	7 Rasta Pasta (Chicken) WGR Pasta* Mixed Peppers Oranges 1% Milk	8 Pulled BBQ Beef WGR Bun* Corn Banana 1% Milk	9 Southwest Chicken & Rice WGR Rice* Corn, Peppers, Tomatoes in Rice Tropical Fruit Cup 1% Milk/Fat Free Chocolate Milk	10 Mac & Cheese WGR Pasta* Green Salad Apple 1% Milk
5	13 Pasta Bolognese (Ground Beef) WGR Pasta* Baby Carrots Apple sauce cup 1% Milk	14 Arroz Con Pollo (Chicken Thighs) WGR Rice* Green Beans, Carrots, Peas in Rice Orange 1% Milk	15 Philly Cheese Steak (Beef) WGR Bun* Peppers & Mushrooms Banana 1% Milk	16 Chicken Parmesan Pasta WGR Penne Pasta* Green Salad Pear cup 1% Milk/Fat Free Chocolate Milk	17 Italian Chicken & Rice WGR Rice* Spinach, Red Peppers in Rice Apple 1% Milk
6	20 Foodlink Closed MLK Day	21 Penne & Meatballs (Beef & Chicken) WGR Pasta* Green Salad Oranges 1% Milk	22 Chicken Fajita WGR Rice* / WGR Tortilla* Peppers, Onions Banana 1% Milk	23 Chicken Broccoli Alfredo WGR Pasta* Broccoli Mixed Fruit cup 1% Milk/Fat Free Chocolate Milk	24 Cheesy Beef & Hash WGR Roll* Home Fries Apple 1% Milk
1	27 Beef Chili (Ground Beef) WGR Biscuit* Tomatoes, Peppers, Kidney Beans in Chili Orange Mandarin cups 1% Milk	28 Turkey Goulash WGR Pasta* Tomato Sauce, Diced Tomatoes and Peppers Oranges 1% Milk	29 BBQ Chicken Thighs WGR Roll* BBQ Baked Beans Banana 1% Milk	30 Cheesy Beef & Hash WGR Roll* Home Fries Apple 1% Milk	31 Meatball Sandwich (Beef & Chicken) WGR Bun* Corn Apple 1% Milk

Foodlink Community Kitchen

2011 Mt . Read Blvd., Rochester, NY 14615

585-254-4423

\*designates a whole grain rich product

USDA is an equal opportunity provider and employer

\*The allergens that we accomodate with our Special Diet meals are Dairy, Egg and Soy. To request those meals, or to inquire about additional allergens or ingredients, please call the number above.