

MENU

September



Hot Meal

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	Proffele Chieles Mass 8	5
		Arroz Con Pollo	Meatball Sandwich	Buffalo Chicken Mac & Cheese	Cheeseburger Sliders
		Chicken Thighs	Beef	Pasta	Beef + Cheese on Bun
	Foodlink Closed	Green Beans, Carrots + Peas	Bun	Broccoli	BBQ Homefries
		in Rice	Corn	Apple	Apple
		Orange	Banana	Milk	Milk
2		Milk	Milk		
	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
	White Chicken Chili	Taco Mac + Cheese	Smothered Steakburger	BBQ Chicken Sub	Chicken & Potato Stew
	Corn, Beans, Peppers in	Beef	Beef	Potato Salad	Roll w/Butter
	Chili	Green + Red Peppers and	Roll	Peach Cup	Lima Beans, Carrots +
	Biscuit w/Butter	Corn in Pasta	Corn w/Garlic Butter	Milk	Potatoes in Stew
	Tropical Fruit Cup	Orange	Banana		Apple
3	Milk	Milk	Milk		Milk
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	15	16	17	18	19
	Beef Chili	Rasta Pasta	BBQ Beef Slider	Southwest Chicken	Mac & Cheese
	Tomatoes, Peppers +	Chicken	Bun	Southwest Rice	Green Salad w/Ranch
	Kidney Beans in Chili	Mixed Peppers in Pasta	Corn w/Garlic Butter		Apple
	Biscuit w/Butter	Orange	Banana	Corn, Peppers + Diced Tomato in Rice	Milk
	Pear Cup	Milk	Milk	Tomato iii Nicc	
	Milk	i i		Tropical Fruit Cup	
		1		Milk	
4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	22	23	24	25	26
	Pasta Bolognese	Arroz Con Pollo	Philly Cheese Steak	Chicken Parmesan Pasta	Mac + Cheese
	Ground Beef	Chicken Thighs	Beef	Chicken w/Mozzarella	Mexicorn
	Baby Carrots w/Ranch	Green Beans, Carrots + Peas	Bun	Cheese	Goldfish Crackers
	Applesauce	in Rice	Peppers + Mushrooms	Green Salad w/Ranch	Apple
	Milk	Orange	Banana	Pear Cup	Milk
5		Milk	Milk	Milk	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29	30	31		
	Pizza Sloppy Joe	Penne & Meatballs	Jerk Chicken Thighs		
	Beef	Beef	Mixed Peppers + Kidney		
	Bun	Green Salad w/Ranch	Beans in Rice		
	Baby Carrots w/Ranch	Orange	Banana		
	Peach Cup	Milk	Milk		
6	Milk				
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Foodlink Community Kitchen