

# CACFP Hot Lunch

October 2025

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

## Questions/Feedback About the Food?

Contact the Community  
Kitchen's Dietitian:  
Samantha Chamberlain  
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1

Jerk Chicken Thighs  
w/Rice\*  
Banana  
Milk

2

Chicken Broccoli  
Alfredo  
Mixed Fruit Cup  
Milk

3

Cheesy Beef-n-Hash  
w/Roll\*  
Homefries on the  
Side  
Apple  
Milk

6

Beef Chili w/Biscuit\*  
& Butter  
Orange Cup  
Milk

7

Turkey Goulash  
w/Pasta  
Orange  
Milk

8

BBQ Chicken  
Thighs w/Roll\*  
BBQ Baked Beans  
on the Side  
Banana  
Milk

9

Mac & Cheese  
Peas & Carrots on  
the Side  
Apple  
Milk

10

Beef Meatball  
Sandwich\*  
Corn on the Side  
Apple  
Milk

13

MH Lunch  
Veggie Burger

Happy Indigenous  
People's Day!  
**Foodlink Closed**

14

Arroz con Pollo  
w/Spanish Rice\*  
Orange  
Milk

15

Beef Meatball  
Sandwich\*  
Corn on the Side  
Banana  
Milk

16

Buffalo Chicken  
Mac & Cheese  
Broccoli on the Side  
Apple  
Milk

17

Cheeseburger  
Sliders\*  
BBQ Homefries on  
the Side  
Apple  
Milk

20

White Chicken Chili  
w/Biscuit\* & Butter  
Tropical Fruit Cup  
Milk

21

Beef Taco Mac &  
Cheese  
Orange  
Milk

22

Smothered  
Steakburger on  
Roll\*  
Corn on the Side  
Banana  
Milk

23

BBQ Chicken Sub\*  
Potato Salad on the  
Side  
Peach Cup  
Milk

24

Chicken & Potato  
Stew w/Roll\* &  
Butter  
Apple  
Milk

27

Beef Chili w/Biscuit\*  
& Butter  
Pear Cup  
Milk

28

Rasta Pasta  
w/Chicken & Cheese  
Orange  
Milk

29

BBQ Beef Slider\*  
Corn on the Side  
Banana  
Milk

30

Southwest Chicken  
& Rice\*  
Tropical Fruit Cup  
Milk

31

Mac & Cheese  
Green Salad  
w/Ranch  
Apple  
Milk

HAPPY HALLOWEEN



\*Indicates a wholegrain



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