

CACFP Cold Lunch

August 2026

Monday

BBQ Chicken Salad
Plate w/Romaine
WGR Roll*
Mixed Fruit Cup
Milk

3

Tuesday

Family Picnic Pasta
Salad w/Cheese,
Cucumber, Tomato,
Carrot & Chickpeas
Orange
Milk

4

Wednesday

Kickin' Buffalo
Chicken Wrap*
w/Lettuce & Tomato
Baby Carrots w/Ranch
Banana
Milk

5

Thursday

Roast Turkey
Sandwich* w/Lettuce
Broccoli Salad w/Mayo
Orange Cup
Milk/Choco Milk

6

Friday

Southwest Salad
w/Chicken, Cheese,
Black Beans, Corn &
Romaine
WGR Roll*
Ranch Dressing
Peach Fruit Cup
Milk

7

Mija's Pizza
Quesadilla* w/Cheese
& Tomato Sauce
Cucumber w/Blue
Cheese Dressing
Tropical Fruit Cup
Milk

10

Turkey Bagel*
w/Cheese & Mayo
Carrot Ranch Salad
Orange
Milk

11

Chicken Caesar Wrap*
w/Lettuce & Italian
Dressing
Grape Tomatoes
Banana
Milk

12

Turkey Sub* w/Lettuce
+ Mayo
Black Bean & Corn
Salad
Goldfish*
Peach Cup
Milk/Choco Milk

13

BBQ Chicken + Mac
Plate
Grape Tomatoes
w/Ranch
Orange Fruit Cup
Milk

14

Cajun Chicken Salad
Sandwich* w/Lettuce
Baby Carrots w/Ranch
Pear Cup
Milk

17

Roast Turkey
Sandwich* w/Lettuce
Cucumbers w/Ranch
Orange
Milk

18

Zingy Chicken Fajita
Wrap* w/Lettuce,
Tomato & Carrot
Grape Tomatoes
Banana
Milk

19

**NEW: Chicken Snack
Wrap w/Ranch
Dressing**
Broccoli on the Side
Tropical Fruit Cup
Milk/Choco Milk

20

**NEW: Turkey &
Cheese Quesadilla***
Kidney Bean & Corn
Salad
Orange Fruit Cup
Milk

21

Turkey & Cheese
Bagel*
Baby Carrots w/Ranch
Applesauce
Milk

24

DIY Pizza* w/Cheese &
Tomato Sauce
Cucumber w/Blue
Cheese Dressing
Orange
Milk

25

BBQ Chicken Salad
w/Romaine, Tomato &
Carrot
WGR Roll*
Banana
Milk

26

Jerk Chicken Salad
Sandwich* w/Lettuce
Romaine Garden Side
Salad
Pear Cup
Milk/Choco Milk

27

Taco Pasta Salad
w/Chicken, Cheese,
Corn, Tomato &
Peppers
Pineapple Tidbits
Milk

28

Turkey + Cheese
Sandwich*
Baby Carrots w/Ranch
Peach Cup
Milk

31

Questions/Feedback About the Food?

Contact the Community
Kitchen's Dietitian:
Samantha Chamberlain
schamberlain@foodlinkny.org

Access the
Community
Kitchen's online
resource folder
for monthly
menus and temp
logs



*Indicates a wholegrain