

CACFP Hot Lunch

September 2026

Monday



Foodlink

Community Kitchen

Foodlink Community Kitchen,
2011 Mt Read Blvd, ROC, NY,
14615
585-413-5065

Tuesday

Penne w/Chicken &
Beef Meatballs
Green Salad
w/Ranch
Orange
Milk 1

Wednesday

Jerk Chicken Thighs
w/Rice*
Peppers & Beans in
Rice
Banana
Milk 2

Thursday

Chicken Broccoli
Alfredo
Mixed Fruit Cup
Milk 3

Friday

Cheesy Beef-n-Hash
w/Roll*
Homefries on the
Side
Pear Fruit Cup
Milk 4

LABOR DAY
Happy Labor Day!
Foodlink Closed

Turkey Goulash
w/Pasta
Tomatoes + Peppers
in Goulash
Orange
Milk 8

BBQ Chicken
Thighs w/Roll*
BBQ Baked Beans
on the Side
Banana
Milk 9

Mac & Cheese
Peas & Carrots on
the Side
Apple
Milk 10

Beef & Chicken
Meatball Sandwich*
Corn on the Side
Tropical Fruit Cup
Milk 11

Beef Sloppy Joe on
Bun*
Baby Carrots
w/Ranch
Mixed Fruit Cup
Milk 14

Chicken Thighs
w/Spanish Rice*
Green Beans, Peas &
Carrots in Rice
Orange
Milk 15

Beef & Chicken
Meatball Sandwich*
Corn on the Side
Banana
Milk 16

Buffalo Chicken
Mac & Cheese
w/Broccoli
Orange Cup
Milk/Choco Milk 17

Beef Cheeseburger
Sliders*
BBQ Homefries
Peach Fruit Cup
Milk 18

**NEW: Butter
Chicken Curry
w/Potatoes &
Green Peas
Rice***

Tropical Fruit Cup
Milk 21

Beef Taco Mac &
Cheese w/Diced
Peppers & Corn in
Pasta
Orange
Milk 22

Beef Smothered
Steakburger Patty
on a Roll*
Garlic Butter Corn
on the Side
Banana
Milk 23

BBQ Chicken Sub*
Potato Salad
Peach Cup
Milk/Choco Milk 24

Chicken & Potato
Stew w/Carrots,
Lima Beans, Celery
& Potatoes
Roll*w/Butter
Orange Fruit Cup
Milk 25

Beef Chili w/Biscuit*
& Butter
Tomatoes, Peppers
& Beans in Chili
Pear Cup
Milk 28

Rasta Pasta
w/Chicken & Cheese
Tricolored Peppers
in Pasta
Orange
Milk 29

BBQ Beef Slider on
WGR Bun*
Corn on the Side
Banana
Milk 30

Questions/Feedback About the Food?

Contact the Community
Kitchen's Dietitian:
Samantha Chamberlain
schamberlain@foodlinkny.org

*Indicates a wholegrain



Access the Community Kitchen's online
resource folder for monthly menus and
temp logs