

CACFP Hot Lunch

October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Questions/Feedback About the Food

Contact the Community
Kitchen's Dietitian:
Samantha Chamberlain
schamberlain@foodlinkny.org

Access the
Community
Kitchen's
online
resource
folder for
monthly
menus and
temp logs



Beef Pasta
Bolognese
Baby Carrots
w/Ranch
Apple sauce
Milk

5

Chicken Thighs
w/Spanish Rice*
Green beans, Peas &
Carrots in Rice
Orange
Milk

6

**NEW: Turkey Hot
Dog on a Hoagie
Bun***
BBQ Baked Beans
Banana
Milk

7

Southwest Chicken
& Rice*
Corn Peppers &
Tomatoes in Rice
Tropical Fruit Cup
Milk/Choco Milk

1

Mac & Cheese
Green Side Salad
w/Ranch
Orange Fruit Cup
Milk

2

12



Happy Indigenous
People's Day!
Foodlink Closed

NEW: Beef Chopped Cheese on a Bun*

Baby Carrots
w/Ranch
Peach Cup
Milk

13

Jerk Chicken Thighs
w/Rice*
Peppers & Beans in
Rice
Banana
Milk

14

Chicken Broccoli
Alfredo
Mixed Fruit Cup
Milk

15

Cheesy Beef-n-Hash
w/Roll*
Homefries on the
Side
Pear Fruit Cup
Milk

16

Beef Chili w/Biscuit*
& Butter
Tomatoes, Peppers
& Beans in Chili
Orange Cup
Milk

19

Turkey Goulash
w/Pasta
Tomatoes + Peppers
in Goulash
Orange
Milk

20

BBQ Chicken
Thighs w/Roll*
BBQ Baked Beans
on the Side
Banana
Milk

21

Mac & Cheese
Peas & Carrots on
the Side
Apple
Milk

22

Beef & Chicken
Meatball Sandwich*
Corn on the Side
Tropical Fruit Cup
Milk

23

Beef Pizza Sloppy
Joe on Bun*
Baby Carrots
w/Ranch
Peach Cup
Milk

26

Chicken Thighs
w/Spanish Rice*
Green Beans, Peas &
Carrots in Rice
Orange
Milk

27

Beef & Chicken
Meatball Sandwich*
Corn on the Side
Banana
Milk

28

Buffalo Chicken
Mac & Cheese
w/Broccoli
Orange Cup
Milk/Choco Milk

29

Beef Cheeseburger
Sliders*
BBQ Homefries
Peach Fruit Cup
Milk

30