

Objective 10:

The student should be able to use a relaxed voice to produce /w/ + vowel in one syllable of a two-syllable meaningful utterance.

Exercise 14:

Note to Student:

In this activity, you will be reading two word phrases. One of the words will start with the sound /w/. Listen and watch as I say the phrase, then repeat it after me. Do not worry if some of the sounds are difficult for you to say. Concentrate on saying the /w/ word with a relaxed voice. Say the phrase on one breath of air. After you read the phrase, check on the paper if the /w/ word was tense or relaxed. I will tell you if your judgement was right or wrong.

Note to Therapist:

The phrases in this exercise and in subsequent exercises are divided into four sections. The first three groups of phrases are for training and practice; the last group is for testing to meet criterion. The purpose of the separate test phrases is to minimize the effect of practice and phrase familiarity on the student's ability to use a relaxed voice. Do not progress to the test phrases until the student demonstrates a high level of success at producing the target context with a relaxed voice on the practice phrases. If desired, additional phrases, everyday expressions, or conversational exchanges may be practiced to further enhance the student's development of a self-monitored relaxed voice. The phonemes in the program have been selected and sequenced relative to ease of phonatory relaxation and articulatory production. The target vowels are /ä, õ, ü, i, ə, a, au, oi/ and the target consonants are /w, b, d, p, t, l, f/. With the exception of the /w/ phrases, which only require relaxed phonation on the /w/ word, the phrases are phonetically controlled so that the student progressively expands his repertoire of consonants that may be produced in a meaningful context with a relaxed voice. This gradual building on the student's skill is done without the presence of untrained phonemes which may have an adverse effect on relaxed phonation.

The objective of this exercise is for the student to use relaxed phonation when producing the /w/ word. Do not worry about correcting articulation errors. When possible, encourage the student to blend phonemes and use a normal rate of production. If student is having problems with this activity, emphasize that it is a carry-over of the skills learned during the syllable repetitions of the previous three exercises.

Criterion:

The student demonstrates that on 80% of the phrases he can produce /w/ + vowel in one syllable with relaxed laryngeal muscles and can correctly evaluate his performance 70% of the time.

Exercise 14

Name _____

Date _____

Relaxed repetition of /w/ word

	Student Judgement (+, -)*					Therapist Judgement (+, -)				
	1	2	3	4	5	1	2	3	4	5
A. I - /w, b, d, p, t, f, l/ or vowel										
Vowels - all										
F - /w, b, d, p, t, f, l, n/										
1. We fail /wē fāl/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
2. you were /yü wær/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
3. low wheel /lō wēl/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
4. way out /wā aut/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
5. to wait /tü wāt/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
6. wear it /we(ə)r it/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
7. why tell? /wī tel/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
8. wide foot /wīd fut/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
9. tall wife /tol wīf/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
10. bad word /bad wərd/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
B. /w/ word - vowels /ə, ä, ü, ö, a, i, au, oi, e/										
F - /w, b, d, p, t, f, n, l/										
Other word - I - /w, b, d, p, t, f, l/ or vowel										
Vowels - all										
F - all										
1. What time? /wət tīm/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
2. Bill won /bil wən/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
3. one purse /wən pərs/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
4. fine web /fīn web/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
5. wet pan /wet pan/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
6. tell when /tel wen/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
7. bull whip /bul wip/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

	Student					Therapist				
	Judgement (+, -)*					Judgement (+, -)				
	1	2	3	4	5	1	2	3	4	5
8. win all /win ol/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
9. well fought /wel fot/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
10. will die /wil dī/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

C. I - /w, b, d, p, t, f, l/ or vowel
 Vowels - all
 F - all

1. was late /wəz lāt/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
2. wash it /wāsh it/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
3. watch Dan /wäch dan/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
4. pure wool /pyur wul/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
5. last wish /last wish/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
6. which door /wich dor/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
7. end war /end wor/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
8. walk fast /wok fast/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
9. work long /wərk loŋ/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
10. feel worse /fēl wərs/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
11. wood pile /wud pīl/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
12. earth worm /ərth wərm/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
13. would dine /wud dīn/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
14. add weight /ad wāt/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
15. wake up /wāk əp/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
16. waste time /wāst tīm/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
17. ten ways /ten wāz/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
18. white pearl /wīt pərl/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
19. big whale /big wāl/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
20. with dice /with dīs/	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

Student Judgement (+, -)*					Therapist Judgement (+, -)				
1	2	3	4	5	1	2	3	4	5

D. Test for Criterion:

I - /w, b, d, p, t, f, l/ or vowel

Vowels - /ä, ö, ü, e, i, au, oi, a, ə/

F - /b, d, p, t, f, n, l/

1. what fun! /wət fən/	_____	_____	_____	_____	_____	_____	_____	_____	_____
2. Bob won /bāb wən/	_____	_____	_____	_____	_____	_____	_____	_____	_____
3. one fan /wən fan/	_____	_____	_____	_____	_____	_____	_____	_____	_____
4. a wad /ə wäd/	_____	_____	_____	_____	_____	_____	_____	_____	_____
5. a watt /ə wät/	_____	_____	_____	_____	_____	_____	_____	_____	_____
6. a web /ə web/	_____	_____	_____	_____	_____	_____	_____	_____	_____
7. to wed /tü wed/	_____	_____	_____	_____	_____	_____	_____	_____	_____
8. wet food /wet füd/	_____	_____	_____	_____	_____	_____	_____	_____	_____
9. tell when /tel wen/	_____	_____	_____	_____	_____	_____	_____	_____	_____
10. whip it /wip it/	_____	_____	_____	_____	_____	_____	_____	_____	_____
11. a whiff /ə wif/	_____	_____	_____	_____	_____	_____	_____	_____	_____
12. win pool /win pül/	_____	_____	_____	_____	_____	_____	_____	_____	_____
13. well done /wel dən/	_____	_____	_____	_____	_____	_____	_____	_____	_____
14. will bet /wil bet/	_____	_____	_____	_____	_____	_____	_____	_____	_____
15. if what? /if wət/	_____	_____	_____	_____	_____	_____	_____	_____	_____
16. to win /tü win/	_____	_____	_____	_____	_____	_____	_____	_____	_____
17. one puff /wən pəf/	_____	_____	_____	_____	_____	_____	_____	_____	_____
18. too wet /tü wet/	_____	_____	_____	_____	_____	_____	_____	_____	_____
19. do well /dü wel/	_____	_____	_____	_____	_____	_____	_____	_____	_____
20. Dad will /dad wil/	_____	_____	_____	_____	_____	_____	_____	_____	_____

- * + successful
- unsuccessful